



San Francisco
Health Network

SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

SFDPH ZSFG BUILDING 5
ZSFG ADULT URGENT CARE CENTER
BUILDING 5, 1ST FLOOR, SUITE 1E
SAN FRANCISCO CA 94110
Phone: 628-206-8052
Fax: 628-206-7246

October 17, 2019

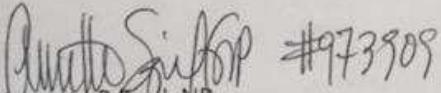
Patient: **Salina Ahumada**
Date of Birth: **1/7/1988**
Date of Visit: **10/17/2019**

To Whom it May Concern:

Salina Ahumada was seen in my clinic on 10/17/2019. She will return to work on 10/21/19.

If you have any questions or concerns, please don't hesitate to call.

Sincerely,


Annette P. Espil, NP

CC: No Recipients



AFTER VISIT SUMMARY

Salina Ahumada MRN: 01993194

10/17/2019 1:40 PM

ZSFG Adult Urgent Care Center 415-206-8052

Instructions from Annette P Espil, NP

Continue drinking plenty of fluids without sugar or caffeine; eat well balanced meals; f/u with a regular doctor; RTC if worse in any way



Read the attached information

Additional instructions from Annette P Espil, NP

What's Next

You currently have no upcoming appointments scheduled.

Your Medication List as of October 17, 2019 2:22 PM

You have not been prescribed any medications.

Today's Visit

You saw Annette P Espil, NP on Thursday October 17, 2019. The following issues were addressed: Lightheadedness and Health counseling.



Blood Pressure
130/81



Height
4' 11"



Temperature
(Oral)
98.1 °F



Pulse
57



Respiration
16



Oxygen Saturation
100%

Done Today

Comprehensive Metabolic Panel for Lightheadedness

CBC with Auto WBC Differential and Reflex to Manual for Lightheadedness

Follow-up info

Follow-up with your healthcare provider for further evaluation and treatment if symptoms persist.

When to seek medical advice

Call your healthcare provider, or go to the emergency room if:

Worsening of symptoms or new symptoms.

MyChart Sign-Up

Send messages to your doctor, view your test results, renew your prescriptions, schedule appointments, and more.

Go to <https://mychart.sfdph.org/MyChart/>, click "Sign Up Now", and enter your personal activation code: WV554-MJWW2. Activation code expires 10/31/2019.