



SADEGHI, POOYAN BADIHIAN (M.D.)
2238 GEARY BLVD
SAN FRANCISCO CA 94115-3416
415-833-2000

Patient Name: Chavez, Michael L
Encounter Date: 11/21/2019

Please see below for this health care provider's directives and information relating to this encounter.

Work Status Report

Date onset of condition:
Next Appointment Date:

Off Work

This patient is placed off work from 12/13/2019 through 12/22/2019

Modified Activity (Applies to work and home)

This patient is placed on modified activity at work and at home from 12/23/2019 through 1/3/2020.

If modified activity is not accommodated by the employer then this patient is considered temporarily and totally disabled from their regular work for the designated time and a separate off work order is not required.

This patient's activity is modified as follows:

- Stand: Intermittently (up to 50% of shift).
- Walk: Intermittently (up to 50% of shift).
- Bend at the waist: Occasionally (up to 25% of shift).
- Torso/spine twist: Occasionally (up to 25% of shift).
- Climb ladders: Not at all.
- Use of scaffolds/work at height: Not at all.
- Lift/carry/push/pull no more than 10 pounds.

Full Duty:

The patient was evaluated and deemed able to return to work at full capacity on 1/4/2020

This form has been authorized by SADEGHI, POOYAN BADIHIAN (M.D.)

This form contains your private health information that you may choose to release to another party; please review for accuracy.