

## Work Activity Status Report

<b>Patient:</b> Claudia Motino	<b>Last 4 Digits of SSN:</b>	<b>Date of Birth:</b> 03/01/1980
<b>Address:</b> 740 Masson Ave Apt 1 SAN BRUNO CA 94066	<b>Employer Location:</b> The Service Companies-All	<b>Contact:</b> Marisela Delacruz
<b>Home:</b> +16507163061	<b>Address:</b> 2900 Monarch Lakes Blvd Ste 202 Miramar , FL 33027-3965	<b>Role:</b> Primary Contact
<b>Work:</b>	<b>Authorized by:</b>	<b>Phone:</b> +14159409254
		<b>Fax:</b> 213-402-8516

<b>THIS VISIT</b>	<b>Visit Type:</b> Medical Initial	<b>Time In:</b> 03:14:00 PM	<b>Time Out:</b> 05:33:52 PM
	<b>Treating Clinician:</b> Chelsea Liu, PA-C		

**Diagnoses:**  
Lumbar strain, initial encounter (S39.012A)

**Medications:**  
☒ Dispensed prescription medication  
☐ Dispensed over-the-counter medication  
☐ Medication(s) prescribed  
☐ Over-the-counter medications at Non-Prescription strength were recommended

### PATIENT STATUS

**Employer Notice:** The prescribed activity recommendations are suggested guidelines to assist in the patient's treatment and rehabilitation. Your employee has been informed that the activity prescription is expected to be followed at work and away from work.

#### Treatment Status:

Returning for follow-up: 3 days  
Anticipated MMI Date: 5/10/24

#### Work Status:

Return to modified work/activity today  
Patient may work their entire shift

#### Activity Prescription:

Key\*: **Occasionally** = up to 3 hrs/day; **Frequently** = up to 6 hrs/day; **Constantly** = up to 8 hours or greater per day

May lift up to 15 lbs constantly May push/pull up to 15 lbs constantly May bend occasionally	May squat/kneel occasionally
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Based on the Department of Labor definitions

### NEXT VISIT(S)

**Patient Notice:** It is essential to your recovery that you keep your scheduled appointments, but should you need to reschedule or cancel, please contact the clinic. Thank you for your cooperation.

#### Visit Date and Time:

04/15/2024 04:15 PM  
04/23/2024 03:00 PM

#### Visit Type:

Medical	Therapy	Specialist
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### Clinician:

Chelsea Liu, PA  
PT Locum