

RETURN TO WORK AUTHORIZATION

PATIENT: Anthony Colbert MEDICAL RECORD# 7712836  
DATE OF INJURY: 7/25/24 CLAIM #: \_\_\_\_\_  
DIAGNOSIS: Right Ankle pain - gout  
EMPLOYER: \_\_\_\_\_  
OCCUPATION: \_\_\_\_\_

RELEASED TO RETURN TO WORK AT ORIGINAL JOB WITHOUT RESTRICTIONS

Date worker released to return to work \_\_\_\_\_

☒ RELEASED TO MODIFIED WORK WITH RESTRICTIONS AS INDICATED:

Date worker released to return to modified work 7/25/24

No climbing ☒ No overhead reaching \_\_\_\_\_ No squatting ☒

No prolonged walking or standing ☒ No prolonged bending or stooping ☒

Sitting down work: Only \_\_\_\_\_ Mainly ☒

One-handed work: Only \_\_\_\_\_ Mainly \_\_\_\_\_

Weight lifting restrictions: 0-15 pounds \_\_\_\_\_ 15-35 pounds \_\_\_\_\_ 35-50 pounds \_\_\_\_\_

Estimated time of modified duty: 3 weeks

Comments: Please allow to work with CAM boot  
while standing, allow time for elevation

NOT RELEASED TO WORK AT THIS TIME

Estimated time off duty: \_\_\_\_\_

Date worker will be rechecked for modified or regular duty \_\_\_\_\_

Tinisha Dicks DPM  
Attending Physician

7/25/24  
Date (month/day/year)

PATIENT NAME & ID #

VIRGINIA MASON MEDICAL CENTER - Seattle WA

Return to Work Authorization

403 7-71-28-36 H45956403  
ANTHONY  
CKS DPM, TINISHA LOC: 0331  
255 - BLUE CROSS BS 3:00P  
ER, BRYCE W DOB: 01/18/1991



DISTRIBUTION: WHITE: Employee  
GOLD: Medical records

YELLOW: Patient

PINK: C  
VMMC Form 99730 (01