

2:00 on Thurs - 8/15

## **JAYNEL C.BELL**

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Compton CA 90221

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## **OBJECTIVE**

To obtain an entry level position in the food industry where I can enhance my skills that will better the future of the company in which it will provide a solid foundation for future endeavors

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## **QUALIFICATIONS**

- Superior culinary skills including a variety of meat and poultry, seafood and shellfish, stocks, sauces, soups, and salads
- Excellent grilling, frying, and sautéing techniques
- Expert in sandwiches, Hors D'Oeuvres, and different kinds of breakfasts
- Superior pastry, baking and plating skills

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## **EDUCATION**

<b>Culinary Arts &amp; Restaurant Management Certification</b>	2/2010 – 9/2012
University of Antelope Valley	
Lancaster, CA	
<b>Medical Billing Certification</b>	1996 – 1997
Larson Technical Center	
Santa Fe Springs, CA	
<b>High School Diploma</b>	1980 – 1983
Rancho High School	
North Las Vegas, NV	

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## **EXTERNSHIP**

<b>Grace Resource Center</b>	<b>Kitchen Cook</b>	<b>Lancaster, CA</b>	<b>8/2011-9/2011</b>
<ul style="list-style-type: none"><li>• Food preparation and menu planning</li><li>• Set-up and clean-up</li><li>• Serving of patrons</li><li>• Inventory of food bank, ordering of supplies, and organization and receiving of supplies</li></ul>			

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## **EMPLOYMENT**

<b>Culinary Staffing, Los Angeles, ca.</b>	<b>2012-Present</b>
<b>Cook line and prep cook</b>	

<b>IHSS, Caregiver, Lancaster, CA</b>	<b>1994-Present</b>
<ul style="list-style-type: none"><li>• Assist with daily living needs and preparing nutritious meals</li><li>• Light housekeeping duties</li><li>• Transport to appointments and administer medications</li></ul>	

<b>Slot A Fun, Cashier, Las Vegas NV</b>	<b>1984-1990</b>
<ul style="list-style-type: none"><li>• Short order cook</li></ul>	