

**Abdul Qadir Abdul Hakim**

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**Objective**

To gain experience and utilize my skills prep cook.

**Summary of qualifications**

Profound knowledge of safe food handling procedures

Proficient with restaurant experience and serving

Ability to handle multi tasks

Ability to communicate effectively

Ability to work under pressure

Highly professional and honest in delivering the service

Very good health condition, can perform physical activities with ease in order to access meters

Excellent presentation skills with neat and clean appearance

Eye for detail, pleasing personality with good service skills

Good understanding of general etiquettes and has the ability to respond quickly in emergency situations

**Career Experience/Job History**

**Prep Cook/Retail Associate**

**Tashkent, Uzbekistan 1997 – 2007**

Employed at various restaurants with duties that included:

Cleaning kitchen with knowledge of appropriate chemical use

Greeting and helping costumers

Maintaining cleanliness of kitchen

Preparing food to be cooked and serving it

Cooked and baked according to the recipes given

Meal preparation for individuals and large groups

Storage of food

**Expeditor/ Stockroom**

**Tashkent, Uzbekistan 1990-1997**

Responsible for overseeing food inventory by checking proper temperature of food and by rotating and storing food properly.

Responsible for cleaning kitchen and food preparing equipment's.

Make study of food ordering processes.

Take part in planning menu with manager as needed.

Provide guidance to food service staff.

Done other duties as assigned.

Worked in a stockroom assembling goods, kitchen stuff, counted and made a list of necessary things

**Skills**

Language Skills: Fluent in Russian, Persian, Uzbek, Pashto, and English

Other Skills: Proficient in Microsoft Office, Power Point and Excel, Photoshop, Outlook, InDesign.

**Education**

Laney Community College, Oakland, California 2007-2012.

Bachelor Degree in Public Health and Administration, Tashkent, Uzbekistan 1986 -1992.

High School Diploma 1982

*Professional reference will be furnished upon request*

### **References**

1. **Vladimir Sobolev** (5 years) *Paralegal, (925) 482-5785*
2. **Irina Rivkin** (5 years) *Counselor at Laney College, (510) 986- 6921*
3. **Janna Lem** (10 years) *Registered Nurse, (505) 252 -0495*