

Renee Contreras

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OBJECTIVE

To obtain the culinary position and put my culinary certificate and knowledge to use.

EXPERIENCE

Owner, Digital Designs Now, San Jose, California

11/ 2011-Present

- Create images on Photoshop
- Prepare garments for printing
- Print images on apparel
- Manage the finances related to company
- Take apparel orders
- Verify order before delivery
- Order apparel thru vender as needed
- Monthly maintenance on garment printer

On Call Courier, Allied Courier, San Jose, California

12/2012-Present

- Pick up and transport inter department mail
- Collect bank receipts and deliver them to the main branch
- Maintain strict time schedules

EDUCATION

Diploma of Essential Professional Culinary Skills

April 2010

Professional Culinary Institute, Campbell, California

ServSafe Certificate

April 2010

Professional Culinary Institute, Campbell, California

GED

May 2008

Metropolitan Adult Education Program, San Jose, California

RELATED COURSES

Baking & Pastry
Breakfast Cookery

Physiology of Taste & Smell
Garde Manger

International Cuisine
Banquet and Catering

SKILLS

- Able to take direction
- Able to work efficiently in a team environment
- Excellent communication skills
- Ability to work peacefully and efficiently under pressure
- Capable of speaking, reading and understanding basic cooking directions
- Thorough understanding and knowledge of safety, cleanliness and food handling measures

PHYSICAL CAPAILITIES

- Able to stand 100% during duty time
- Able to bear environmental exposures to cold, heat, and water