

Ricki Dennis

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OBJECTIVE:

To secure a prep cook or other entry-level position in a food-services business that rewards performance and offers advancement and career growth opportunities

HIGHLIGHT of SKILLS:

- Flexible, motivated and ambitious worker who is dedicated to excellence
 - Passionate about preparing and serving delicious food
 - Sound working knowledge of safely handling kitchen utensils and commercial equipment
 - Excellent team player, always willing to help out where needed
 - Very dependable problem solver who is willing to go the extra mile to complete tasks on time
 - Strong interpersonal skills including open communication and teamwork
 - Demonstrate leadership abilities, always strives to lead by example
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WORK EXPERIENCE:

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| Culinary Trainee | St. Vincent de Paul of Alameda County /Oakland, CA | 10/2013 to Present |
| <ul style="list-style-type: none">• Demonstrated proper, safe and efficient knife handling skills, including the knowledge of a variety of cuts• Assisted in preparing and serving 700 meals daily for SVDP Dining Room, as well as other meals for catering, special events and contract menus• Practiced food (quality and temperature) safety standards and monitored proper kitchen safety including sanitation of food prep, work stations, utensils, dishware and other kitchen equipment | | |
| Prep Cook | Logan's Steakhouse / Lafayette, LA | 07/2012 – 06/2013 |
| <ul style="list-style-type: none">• Prepared menu items using range of cooking methods including roasting, grilling, and deep frying• Prepared variety of produce and other food items for line cooks meal production | | |
| Catering Assistant | Trail Ride / Opelousas, LA | 06/2012 - 08/2013 |
| <ul style="list-style-type: none">• Handled packing and storage of event items; transported event equipment and set-up for service• Assisted in preparing up to 1500 meals daily and• Assist in the quick and efficient checkout service | | |
| Caregiver | In Home Care Supportive Services, Vallejo, CA | 08/2007 - 06/2011 |
| <ul style="list-style-type: none">• Monitored patient condition by observing physical and mental condition, intake and output, and exercise• Supported patients by providing housekeeping and laundry services; shopped for food and other household requirements; prepared and served meals and snacks; running errands• Assisted patients with personal services including dressing, and grooming | | |
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EDUCATION & CERTIFICATION:

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| SVDP Alameda Kitchen of Champion Training Program, Oakland, CA | 12/2013 |
| Certificate of Completion, pending | |
| SERVSafe Food Protection Certification, Lafayette, LA | 06/2013 |
| Milan Institute of Cosmetology, Concord, CA | 12/2011 |
| Cosmetology Certification | |
| Milpitas Adult School, Milpitas, CA | 05/2008 |
| GED Certificate | |