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GARRETTE ADAMS

Cell Phone: (916) – 690 – 5175

Work Experience/ Training:

- Mulvaney's B&L Culinary Specialists; (2010-Present) Banquet catering captain at Mulvaney's B&L. involves managing FOH and BOH staff with jobs and time management, interacting with clients day of event, jumping in on floor to help with service wherever needed
- POS training; given some training on the 'Squirrel POS' system
- Bohemian Grove; (2013. July 7- July 29) Worked as a cook to prepare breakfast lunch and dinner for 1000 – 1500 members.
- Sher Khan Karate Academy Inc.; (2006-2009) Taught American Kenpo to students ages 4 - 14. Focused training on importance of self respect and respect for others, self discipline, and self defense.

Education:

- Sacramento City College; currently attending Sacramento City College to earn a Business Degree.
- Florin High School ROP (Regional Occupation Program) Certificate of Completion; Completed year long Culinary Arts course at Florin high school aimed at educating and training students in the importance of food safety, time management, and basic cooking and serving skills for the food and service industry.
- Pleasant Grove High School Diploma; Graduated 2009
- Sher Khan Karate; Earned first degree black belt in 2004
- California Food Handler's Certificate of Achievement; Completed on January 11, 2012 - expires January 11, 2015

References:

- Chris Tanaka - (916) 686-6552 - Owner and head instructor of Sher Khan Karate Academy
- Josh Bell - (916) 769-3767 – Previous banquet manager and lead server in Culinary Specialists
- Kellen McConnell - (916) 862-1630 – Previous banquet captain in Culinary specialists. bartender at *The Golden Bear* as well as *Low Brau*
- Shannon Scott – (480) 980-7953 – Operations manager for Mulvaney's B&L