

1/4 - LK

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### **Career Objective**

To obtain a permanent position that will utilize my current experience and skills and continue to create more

**Skills** Line Cook, Pantry, Pastry Chef, Cater, 5 Mother Sauces, Stocks, Knife skills, Saute, Roux, fry, BBQ, create Menu's, Banquet, Buffet to Fine dining style cooking.

**Kitchen Academy:** 2009/Culinary degree and Sanitation Certification, Apprenticeship- Double Tree Hotel; Chef Charles Connell

### **Rio Cazadero High School Diploma June 1993**

Customer Service, Marketing, Problem solving, Negotiating, Building Rapport, Telephone Etiquette, Training, Team Player, FDCPA, EOB, HIPPA, HMO, PPO's, Auto Dialer proficient, Excel, 40 WPM, 10-key, Data Entry, **Serv-safe** Certified.

### **Work Experience**

**Culinary Staffing** 7/2013 to Present Banquet set up and server, pantry, line cook.

**Olive Garden** 7/2013 to Present Line Cook, Panty, Production, and Dish

**Duties include-** access, prep, set up, plate, and execute orders, Sanitize, stock, prep, and executes salad orders.

**Miz Shirley Marie's food truck**-2012/On-call

**Duties include-** Sou-Chef, Line Cook, Prep Cook

**IHSS-** Caregiver 8/2012/Present

**Duties include-** Preparing Breakfast lunch and dinner for client with special dietary needs including Diabetes and 20% Kidney function. Get client prepared for the day which includes bathing, hoist him up in carrier to deposit him in wheelchair for outing, and administer medications.

**Fabulous Feast Catering** 2009/Present per event

**Duties include-** Set up, Create menu, Serve, Shop, Prep, and Cook for Special events and Occasions.

**Lunch Is Here** 2011/2012

**Duties include-** Create and Market business, Create Menu, Shop, Prep, Cook, and deliver, Cater special occasions and events

**River-city Staffing** 8/08-1/09

**Duties include-** Sysco Foods.

Order entry, verifying orders, refunding orders, recalling orders, Special orders, Will-Call office open-close.

**Life Masters Self Support Care Enrollment Specialist** 7/2004 - 4/2007

**Duties include** – Informing patients of the Life Master's benefit via phone making out bound and receiving inbound calls. Set up or take a 15 to 20 minute Health History surveys for further disease management by Life Masters Nurses and Health Educators. Exceeding and achieving monthly enrollment goals.