

# SHANDIIN BOREN

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## OBJECTIVE COOK

### SKILLS

- Creating menus, sauces, soups, salads, dressing, conversion, measuring, baking, braising, roasting, frying, sautéing,
- Preparing orders, food and beverages, some alcoholic
- Catering large parties, fine hor'dourves, cuisine and high end desserts
- Food preparation, mise-en-place, following written/verbal instruction, tasting
- Food safety; labeling, always using appropriate disposal methods, cleanliness and correct preparation
- Sanitization, cleaning and stocking, reporting inventory daily
- Food cooking competitions; use culinary vocabulary terms and feedback
- Prioritizing with availability and FIFO system
- Plating and portion control using healthy, artistic principles
- Knife skills some artistic ability with attention to consistency and speed
- Knowledge of all team stations and ability to execute all necessary procedures when needed
- Expediting FOH, managing 3 course meals

### EXPERIENCE

Party Staff Inc	Cook	04/17/2013-Present
	<ul style="list-style-type: none"><li>• Prepare hor dourves, entrees and desserts for large parties and events</li><li>• Set-up and break down of service venues</li><li>• Pantry cook, banquet carver and salad prep</li></ul>	
Episcopal Community Services	Cook	04/2013-08/2013
	<ul style="list-style-type: none"><li>• Prepared 200 nutritious meals for senior meal program</li><li>• Following recipes and creating menus</li></ul> <p>Sauces, salads, dressings, soups, baking, braising, roasting, frying, reading and converting menus, prioritizing with FIFO principles</p>	
McDonald's	Cashier	01/2007-08/2007
	<ul style="list-style-type: none"><li>• Handled orders, food, money, register, cleaning and stocking</li></ul>	
Applebee's	Server	10/2005-12/2005
	<ul style="list-style-type: none"><li>• Delivered food and beverages including alcohol, cleaning and stocking</li></ul>	
Ten's ShowClub	Server	02/2002-04/2004
	<ul style="list-style-type: none"><li>• Served alcohol and handled money</li></ul>	
Bruegger's Bagel's	Server	01/2000-12/2001
	<ul style="list-style-type: none"><li>• Made fresh bagel sandwiches to order</li><li>• Handled register, cleaning and stocking</li></ul>	

### EDUCATIONAL BACKGROUND

C.H.E.F.S. Culinary Program, San Francisco, CA