

SHANDIIN BOREN

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OBJECTIVE COOK

SKILLS

- Creating menus, sauces, soups, salads, dressing, , conversion, measuring, baking, braising, roasting, frying, sautéing,
- Preparing orders, food and beverages, some alcoholic
- Catering large parties, fine hor'dourves, cuisine and high end desserts
- Food preparation, mise-en-place, following written/verbal instruction, tasting
- Food safety; labeling, always using appropriate disposal methods, cleanliness and correct preparation
- Sanitization, cleaning and stocking, reporting inventory daily
- Food cooking competitions; use culinary vocabulary terms and feedback
- Prioritizing with availability and FIFO system
- Plating and portion control using healthy, artistic principles
- Knife skills some artistic ability with attention to consistency and speed
- Knowledge of all team stations and ability to execute all necessary procedures when needed
- Expediting FOH, managing 3 course meals

EXPERIENCE

- | | | |
|---|---------|--------------------|
| Party Staff Inc | Cook | 04/17/2013-Present |
| <ul style="list-style-type: none">• Prepare hor dourves, entrees and desserts for large parties and events• Set-up and break down of service venues• Pantry cook, banquet carver and salad prep | | |
| Episcopal Community Services | Cook | 04/2013-08/2013 |
| <ul style="list-style-type: none">• Prepared 200 nutritious meals for senior meal program• Following recipes and creating menus <p>Sauces, salads, dressings, soups, baking, braising, roasting, frying, reading and converting menus, prioritizing with FIFO principles</p> | | |
| McDonald's | Cashier | 01/2007-08/2007 |
| <ul style="list-style-type: none">• Handled orders, food, money, register , cleaning and stocking | | |
| Applebee's | Server | 10/2005-12/2005 |
| <ul style="list-style-type: none">• Delivered food and beverages including alcohol, cleaning and stocking | | |
| Ten's ShowClub | Server | 02/2002-04/2004 |
| <ul style="list-style-type: none">• Served alcohol and handled money | | |
| Bruegger's Bagel's | Server | 01/2000-12/2001 |
| <ul style="list-style-type: none">• Made fresh bagel sandwiches to order• Handled register, cleaning and stocking | | |

EDUCATIONAL BACKGROUND

C.H.E.F.S. Culinary Program, San Francisco, CA