

Annette Luckett

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Objective To obtain a position that will utilize my skills in training children and young adults while giving back to the community.

Highlighted Summary

- Prepare and instruct fitness classes for children and adults
- Knowledgeable of basic nutritional information
- Multi-tasking
- Team player but can work independently
- Detailed oriented, punctual and organized
- Good at prioritizing
- Great customer service skills

Work Experience

YMCA (SUNNYDALE), San Francisco, CA

June 2014-July 2014

Fitness Instructor

- Did fitness classes for teens 10years old thru 17year old children.
- Zumba fitness.
- Boot camp fitness.
- Weightlifting and other physical fitness activities.
- Fitness and nutritional education.

BAYVIEW KIPP ACADAMEY AFTERSCHOOL PROGRAM, San Francisco, Ca March 2014-June 2014

Afterschool Teacher

- Provided fitness activities for children 9years old to 13years old.
- Provided art activities.
- Homework assistance.
- Supervision of 17-25 children.

YMCA, San Francisco, CA

February 2014

Membership Service

- Opening and closing of membership sales
- give tours of fitness facility
- cash handling
- advise to members on how to use fitness equipment
- give example of fitness exercises, and other administrative duties

Arriba Juntos, San Francisco, CA

September 2013

Recreational Specialist/Teaching Intern

- Prepare physical activities and instruct 15 children, ages 7-12 years old in the After School Program
- Teach fitness fundamentals and healthy living practices
- Assist in English classes for adults by co-creating lesson plans and implementing curriculum in class
- Provide job search and computer assistance in the lab for English language learners

Dollar Tree, San Francisco, CA

May 2011-August 2013 *Freight Manager*

- Received and pushed out 2000+ pieces of merchandise in and out of delivery truck 3 times a week
- Responsible for opening and closing of store, and supervising cash handling using a POS System

- Supervised freight staff, enforced company policies, and ensured safety practices in daily store operation
- Kept track of inventory, deliveries, and supplies, and coordinated orders with the corporate office

Jewish Community High School, San Francisco, CA

November 2009-February 2010

JV Basketball Coach

- Provided fitness training, motivation, and supervision to 16 high school girls ages 14-17 for competitive sport
- Taught and instilled Basketball fundamentals, team spirit, and discipline
- Planned and executed physical training programs to develop athletes' ability and achieve maximum performance
- Recorded and evaluated each athlete's skill and game statistics
- Enforced safety rules and regulations in the court
- Strategized and directed games, applied different coaching methods, and kept updated on new sport techniques

24-Hour Fitness, San Francisco, CA

October 2005-September 2009

Front Desk/Personal Trainer

- Checked clients in and out of gym facility, and handled cash, check, and credit transactions
- Applied phone etiquette and sales skills when answering inquiries about services and discounts using multiline phones
- Oriented new members about facility's rules, safety practices, classes, and equipment; Toured them around the gym
- Created fitness workouts for clients
- Performed clerical duties such as maintaining clients' records, preparing paperwork, and

YMCA, San Francisco, CA

February 2007-January 2008

Recreational Specialist

- Created sports activity for 17 young adults
- Educated youth about living a healthy lifestyle using fitness modules
- Assisted and supervised kids doing YMCA field trips and activities

Education City College of San Francisco

August 2013- Present

Unit Coordinator Certificate

National Academy of Sport Medicine, San Francisco

September 2007

Certified Physical Trainer