

Karina Aguilar

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PROFILE

Quality-focused and efficient prep-cook adept at preparing and serving great food in high energy, fast -paced kitchens. Prep cook for over 3 years, experience in high pressure culinary environments. Seeking to use my skills and experience to work in a professional rewarding environment.

EXPERIENCE

Prep-cook for bon appetit. Google campus. from 2012 to 2014

Ensuring food preparation, cutting vegetables and cooking all ingredients for salad bar, helping lead cooks preparing meals for the customers and preparing food and appetizers for on-site private catering events.

Prep-cook, kings catering, phoenix Arizona 2011 to 2012

Food preparation and attendant, catering events for different private corporations. Fruit platters, cheese platters and all kinds of different appetizers, assisting chefs with all their kitchen needs and bussing tables.

EDUCATION

William C. Overfelt High School, San Jose Ca.

SKILLS: Great sense of urgency, basic knowledge of different cooking methods and preparation of food, great knife skills, clean and punctual, easy to work with

Availability: Monday to Friday from 5:30 am to 11:30 pm