

AARON LAURENT
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Bay Point, CA 94565
(925) 864-6710
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OBJECTIVE:

To obtain long term employment with growth potential with a company where I can contribute my hardworking ability and my positive attitude.

SUMMARY OF QUALIFICATIONS:

- Extremely sharp at assessing priorities
- Creative, energetic, positive and hardworking
- Strong leadership qualities; able to take charge and get things done
- Enjoy a challenge, work well under pressure
- Reliable and thorough in completing projects
- Strong organizational and analytical skills: attention to detail
- Handled large volumes of people in minimum time selling food
- Extremely punctual and take directions well from supervisors
- Ability to learn and progress quickly
- An employer can count on me to give 100% effort at all times
- Dependable, available, eager and willing to work hard

WORK EXPERIENCE:

Uni Body Tempur-Sealy	08/2011 – 10/2013 Richmond, CA
<ul style="list-style-type: none"> ▪ Assemble mattresses from scratch, by hand and with the use of machines. ▪ Check quality and quantity of materials being used. ▪ Check finish product and verify that it meets the company quality and standards. 	
Warehouse Worker Benchmark Staffing	08/2010 – 08/2011 Fremont, CA
<ul style="list-style-type: none"> ▪ Perform various labor work throughout the city. 	
Merchandiser Central Garden & Pet	07/2008 – 03/2010 San Francisco, CA
<ul style="list-style-type: none"> ▪ Manage the company inventory and ordering of supplies. ▪ Receive and check shipments and deliveries with invoices. Check and report any discrepancies or damages. ▪ Stock and rotate merchandise. 	
Chef Star, Steak and Lobster	03/1992 – 08/2005 New Orleans, LA
<ul style="list-style-type: none"> ▪ Supervise daily operation of kitchen and restaurant. ▪ Hire, train, schedule, and evaluate employees. ▪ Prepare and cook meals upon order and customers' request. 	

EDUCATION:

Zowella Tech Institute Culinary Arts Graduate 1990

VOLUNTEER EXPERIENCE:

Cook/Kitchen Help 03/2008 – 10/2013
Stewart Memorial Church Bay Point, CA

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Dear Resource Management

I am submitting this cover letter along with my resume as a formal application for full time employment in your organization. I am very interested in being a part of your team. I believe that I have the qualifications and the drive to be a great asset to your company.

As you may have noticed in my resume, I have experience in various fields. I have over 10 years experience in the food industry and over 5 years experience in the labor work. I am a versatile worker who gives over 100% effort at all given tasks. I am very keen when it comes to quality work. I am dependable, eager and a team player.

If you are seeking an experienced worker who is dependable and trustworthy, I am the employee for you. I look forward to growing as a professional and progressing with my career under your leadership. I will be glad to make myself available for an interview at any time to discuss how my qualifications fit with your needs. Please feel free to contact me at any time. Thank you for your time and consideration.

Sincerely,

Aaron Laurent