

# Ruyata Akio McGlothin

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## EDUCATION CCSF - *General Education Courses*, 1997

El Camino High School – *High School Diploma*, 1995

San Francisco School of the Arts – *Theater Courses*, 1990-1994

## SKILLS

\*Kitchen Experience

\*Can lift up to 50-75 lbs

\*Quick learner

\*Customer Service-oriented

\*Team Player

\*Computer savvy; 30 WPM

HealthRIGHT 360

San Francisco, CA

1/21 - Present

*Volunteer Prep Cook/Dishwasher*

- Prepared three course meals (salads, soups, pastas, etcetera) for large residential facilities of 115+ individuals
- Cut, sliced, and diced vegetables and meat/poultry for dishes
- Hand washed and sanitized pots, pans, and cooking equipment
- Sanitized kitchen spaces (counter tops, floors, refrigerator) using various disinfectants, bleach, and soaps

Brookdale Parmer Woods

Austin, TX

8/14 - 11/14

*Dishwasher*

- Loaded and unloaded dishwashers with plates, cups, and utensils
- Hand washed and sanitized pots, pans and cooking utensils
- Swept and mopped kitchen floors and removed trash daily
- Inspected the kitchen area nightly before locking and closing up

Poor Magazine

San Francisco, CA

8/09 - 10/14

*Staff Writer/Outreach Leader*

- Co-produced, directed, and acted in independent productions
- Recruited staff and audience members through direct outreach techniques
- Monitored and supervised groups of client/staff children ages 5-15y.o.

Telecom Inc.

San Francisco, CA

7/03 - 4/05

*Telemarketer*

- Made numerous cold calls using a telemarketing computer system to make sales pitches for The San Francisco Chronicle
- Consistently exceeded sales expectations through strategic use of professional "people skills" and customer service