

# Interview Note Sheet

## Applicant Information

Name: Lorin Bagley	Interviewer: PAUL
Date: 10-13-15	Rate of Pay: \$13.00
Position(s) Hired for: Prep Cook, Grill, Line	Referred by: ONLINE

Test Scores						Seeking:
Server	/35	%	Bartender	/35	%	<input checked="" type="checkbox"/> Full-Time
Prep Cook	/20	80 %	Barista	/10	%	<input type="checkbox"/> Part-Time
Grill Cook	/39	75 %	Cashier	/10	%	
Dishwasher	/10	%	Housekeeping	/16	%	

## Relevant Experience & Summary of Strengths

Total of 15 in Food Service/Hospitality

COOK IN NAVY: 15 years  
 Worked as Intern Chef @ ST MARY'S  
 Worked 6 mo's @ Hamburger Mary's  
 " @ Grenada Hotel Breakfast Cook  
 Graduated @ Culinary Academy

P.O.S. Experience: Y  N  details: Needs Chef Coat

## Transportation

Car	Public Transit	Carpool ( Rider / Driver )
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## Regions Available to work

SF City	SF North	SF Peninsula	East Bay	Outer East Bay
San Jose	South San Jose		SJ Peninsula	

## Certifications (if any)

TiPS	Serv-Safe <input checked="" type="radio"/> NO	LEAD	TB Test <input checked="" type="radio"/> YES	Will Submit
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## Availability

<input checked="" type="radio"/> Open	AM only	PM only	Weekdays only	Weekends only
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Details:

## Uniforms Owned:

Bistro	Black Bistro	Tuxedo	1/2 Tuxedo	Black Vest	Long Black Tie
Chef Coat	<input checked="" type="radio"/> Chef Pants	Knives	<input checked="" type="radio"/> Black Pants	<input checked="" type="radio"/> Non-Slip Shoes	<input checked="" type="radio"/> Bow Tie
Other: _____					

Would you recommend this applicant for Acrobat Academy?	Convention Candidate?	Other Languages Spoken:
<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Not Thursdays after 3pm



80%

7

Multiple Choice (1 point each)

- 1) A gallon is equal to d ounces
  - a. 56
  - b. 145
  - c. 32
  - d. 128
- 2) Meshclun are what type of vegetable?
  - a. Roots
  - b. Beans
  - c. Salad Greens
  - d. Spices
- 3) What does the term braise mean?
  - a. Sear quickly on both sides
  - b. Slowly cook in covered pan with little liquid
  - c. Cook on high heat and quickly
  - d. Slowly cook in simmering water
- 4) At what internal temperature must chicken be cooked so that it is safe to eat?
  - a. 155 degrees F
  - b. 165 degrees F
  - c. 175 degrees F
  - d. 185 degrees F
- 5) How do you blanche vegetables?
  - a. Immerse for a short time in boiling water
  - b. Cook lightly in butter over med heat
  - c. Soak in cold water overnight
  - d. Rub with salt before cooking
- 6) Which of the following ingredients would you pack before measuring?
  - a. Olive Oil
  - b. Salt
  - c. Brown Sugar
  - d. White Sugar
- 7) What is Al Dente?
  - a. Firm but not hard
  - b. Soft to the touch
  - c. Very hard
  - d. Very soft
- 8) Food should be left out no more than
  - a. 2 hours
  - b. 3 hours
  - c. 4 hours
  - d. 5 hours
- 9) Which is the improper way to thaw frozen food?
  - a. In the fridge
  - b. In a sink with cold water
  - c. On the counter
  - d. In the microwave

**Prep Cooks Test**

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10) Which of the following can you use to put out a grease fire?

- a. Baking Soda
- b. Baking Powder
- c. Flour
- d. Water

11) What is the temperature range of the danger zone?

- a. 25-135
- b. 40-140
- c. 50-160
- d. 30-130

12) Which of the following is listed from smallest to largest?

- a. Dice, chop, mince
- b. Mince, chop, dice
- c. Chop, dice, mince
- d. Mince, dice, chop

13) Which direction should pan handles be turned while cooking on the stove?

- a. Over the fire at all times
- b. Turned towards you for better control
- c. Turned towards the right or left at all times
- d. Over the countertop at all times

14) When you poach something, you cook it with what?

- a. Noodles
- b. Vegetables
- c. Liquid
- d. Oil

15) Which spoon is used to remove fat from soups and stews

- a. Basting Spoon
- b. Ladle
- c. Slotted Spoon
- d. Portion Spoon

16) Which of the following means to cook in a small amount of fat?

- a. Season
- b. Sauté
- c. Broil
- d. Boil
- e. Fry

17) What is a Julien cut?

- a. Food cut into long thin strips, matchstick
- b. Food cut into long thin strips then turned and cut into a 1/8' dice
- c. Food diced into finely chopped and uniform pieces
- d. Cutting and peeling into oblong seven sided football like shapes

18) To cook a food in a pan without browning over low heat until the item softens and releases moisture.

- a. Sweat
- b. Boil
- c. Roast
- d. Grill

## Prep Cooks Test

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Fill-in the Blank (1 point each)

- 19) Salt & pepper are the basic seasoning ingredients for all savory recipes.
- 20) STEWING : to cut into very small pieces when uniformity of size and shape is not important.



## Grill Cooks Test

Score / 40

75%

### Multiple Choice Test (1 point each)

b 1) How much time should you take to wash your hands with soap?

- a) 1 minute
- b) 20 seconds
- c) Time does not matter, water temperature does
- d) 5 minutes

c 2) The recommended temperature for your refrigerator is...

- a) 45°F
- b) 50°F
- c) 40°F
- d) 20°F

d 3) Food handlers must always wash their hands

- a) Before starting work
- b) Switching between handling raw and ready-to-eat food
- c) After going to the restrooms
- d) All of the above

a 4) The most important reason for having food handlers wear hair restraints is to

- a) Prevent food from getting into food handlers' hair
- b) Prevent food handlers from contaminating their hands by touching their hair
- c) Keep the food handlers' hair in place
- d) None of the above

c 5) Which of these conditions requires immediate corrective action?

- a) Packaged food items are stored at least 6 inches above the floor
- b) Ice is being used to cool beef stew in a shallow pan
- c) Raw meats are stored on a shelf above ready-to-eat egg salad in the walk-in cooler
- d) Raw fish is stored above raw chicken in the walk-in freezer

c 6) Bacteria grow best in the temperature "danger zone" which includes temperatures between?

- a) 0°F and 100°F
- b) 32°F and 220°F
- c) 41°F and 135°F
- d) 39°F and 178°F

d 7) After cutting raw chicken, what should be done before the cutting board is used for slicing onions for salad?

- a) Clean the cutting board with a wet wiping cloth
- b) Turn the board over and use the other side
- c) Rinse the board with running water
- d) Wash, rinse, and sanitize the board prior to slicing the onions

d 8) Which of the following is NOT an approved method to thaw potentially hazardous foods?

- a) In a microwave oven
- b) During the cooking process
- c) Under cool running water
- d) On a clean counter, at room temperature

A 9) Wiping cloths stored submerged in a bucket of sanitizing solution are for:

- a) Wiping spills only
- b) Washing hands if the hand sinks are too far away
- c) Sanitizing the blade of utensils such as knives
- d) Maintaining moisture on the wiping cloth

## Grill Cooks Test

e 10) Food-handling gloves must be changed frequently and also:

- a) After handling garbage
- b) After every break
- c) After picking things up off the floor
- d) Between handling raw and cooked foods
- e) All of the above

c 11) A Julienne is:

- a) to cut food into 1 inch X 1 inch cubes
- b) A cooking method using high heat
- c) To cut food into 1/8 X 1/8 slices
- d) A rough cutting method producing oblong shapes

d 12) A gallon is equal to \_\_\_\_\_ ounces

- a) 56
- b) 145
- c) 32
- d) 128

d 13) How many cups are in a quart?

- a) 2
- b) 4
- c) 6
- d) 8

cl 14) A Chiffonade is:

- a) To slice an herb or leafy vegetable into thin ribbons
- b) To de bone a fish
- c) Another name for parchment paper
- d) To cook food in liquid, or at just below the boiling point

a 15) Potentially hazardous hot foods must be maintained at an internal temperature of \_\_\_\_\_ or higher to be safe

- a) 145° F
- b) 135° F
- c) 160° F
- d) 180° F

c 16) Which of the following explains the process of poaching?

- a) Poke poultry on the thickest part in order to make sure it's tender
- b) To cook food in an oven that has reached 350° F
- c) Cook gently in water that is hot but not boiling (160°-180°)
- d) Submerge protein in boiling liquid to speed cooking time

c 17) If a recipe calls for 16oz of mirepoix, how many ounces of onion, celery, and carrots do you need?

- a) 8 oz of celery, 4 oz of onion, 4 oz of carrot
- b) 4 oz of celery, 8 oz of carrot, 4 oz of onion
- c) 4 oz of celery, 8 oz of onion, 4 oz of carrot
- d) 2 oz of celery, 10 oz of carrot, 2 oz of onion

cl 18) Which of the following best describes braising?

- a) To cook quickly in a pan on top of the stove until food is browned
- b) Process through which natural sugars in food become browned and flavorful while cooking
- c) Cooking method by which food is browned in fat, then cooked, tightly covered, in liquid at low heat
- d) To plunge food into boiling water briefly, then into cold water to stop the cooking process

# Acrobat

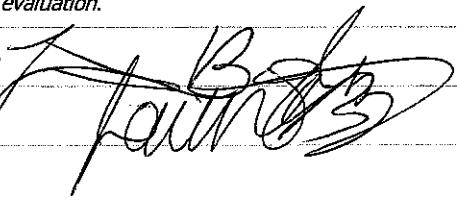
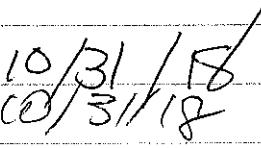
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## Employee Performance Review

EMPLOYEE INFORMATION		Date of Review
Name	Lorin Bagley	10/23/18
Job Title	Cook	Date 10/23/18
Department	Tuck Shop	Manager Jaime Barnhart
Review Period	10/13/17 to 10/13/18	

RATINGS					
	1 = Unacceptable	2 = Needs Improvement	3 = Meets Expectations	4 = Exceeds Expectations	5 = Outstanding
<b>Job Knowledge</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Comments / Specific Accomplishments</i>					
<b>Work Quality</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments / Specific Accomplishments</i>					
<b>Dependability</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments / Specific Accomplishments</i>					
<b>Initiative</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments / Specific Accomplishments</i>					
<b>Communication/Teamwork</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments / Specific Accomplishments</i>					
<b>Overall Rating</b>	Average: <u>4</u>				

EVALUATION	
ADDITIONAL COMMENTS	Lorin has become a great asset to the Tuck Shop team. He has continuously shown improvement in our program and enjoys learning new things. He has a great work ethic and feels there is no job that is below him. He will always help whenever he is needed. He has taken great responsibility in our breakdown procedures and is often the lead instructor for new members in their development and understanding of how our team works in this area. Lorin has a great work ethic and a great attitude and takes his profession very seriously. He always strives to do better and takes instruction very well.
ACTION PLAN FOR THE NEXT YEAR	We are going to focus on other responsibilities within the kitchen that help our team function more cohesively and help keep the operation of the kitchen running smooth. We will task Lorin double checking the PM prep list, taking responsibility to correctly unload the blast chiller and appropriately store its contents.

VERIFICATION OF REVIEW	
By signing this form, you confirm that you have discussed this review in detail with your supervisor. Signing this form does not necessarily indicate that you agree with this evaluation.	
Employee Signature	
Manager Signature	

I want to thank Chef Kirk and Chef Eddy for giving me the opportunity to be a part of the TuckShop team and trusting me to become the person I am today. They have built up my confidence to be a leader in the kitchen and helping me to expand my knowledge in cooking for making me a leader in helping others to know how the ins and outs of the kitchen dealing with Safety and Sanitation.

My next goal is to eventually become a lead when I gain the experience and knowledge.

A handwritten signature in black ink, appearing to read "Li Baily". The signature is fluid and cursive, with "Li" on the top line and "Baily" on the bottom line, with a small "3" at the end.