

JOSE LARIOS MATTA

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OBJECTIVE

Seeking a position in construction, stock, order filling, or where I can contribute my experience and knowledge. Open, flexible, and welcome the opportunity to learning something new.

SKILLS AND ABILITIES

- Hard worker, Fast Learner
- Good Communication Skills
- Responsible
- Bilingual – English/Spanish
- Forklift Certification
- Osha /CPR/First Aid Certification

WORK HISTORY

Jose Mata, Burbank, California

June 2016 – Present

Construction

- Clean or prepare constructions sites to eliminate possible hazards.
- Signal equipment operators to facilitate alignment, movement, or adjustment of machinery, equipment, or materials.
- Provide assistance to craft workers, such as carpenters, plasterers, or masons.

I.W. L., Camarillo, California

June 2015 to June 2016

Construction

- Clean or prepare constructions sites to eliminate possible hazards.
- Signal equipment operators to facilitate alignment, movement, or adjustment of machinery, equipment, or materials.
- Measure, mark, or record openings or distances layout areas where construction work will be performed. Provide assistance to craft workers, such as carpenters, plasterers, or masons.

Central Kitchen, Camarillo, California

February 2015 to May 2015

Kitchen Helper

- Assist cooks and kitchen staff with various tasks as needed, and provide cooks with needed items.
- Prepare meats, vegetables, or desserts according to instructions, following approved procedures.
- Load dishes into dishwashing machines. Remove trash and clean kitchen garbage containers.

IWL, Camarillo, California

June 2013 to May 2014

Janitorial

- Clean building floors by sweeping, mopping, scrubbing or vacuuming.
- Follow procedures for using chemical cleaners and power equipment preventing damage to floors.
- Gather and empty trash.

Hollywood Work source Center, Los Angeles , California

September 2012 to November 20012

Landscape

- Use hand tools, such as shovels, rakes, pruning saws, saws, hedge or brush trimmers.
- Plan seeds, bulbs, foliage, flowering plants, grass, ground covers, trees, or shrubs and apply mulch for protection, using gardening tools.
- Advise customers on plant selection or care.

EDUCATION

Marry B. Perry, High School, Camarillo, California, General Studies, **High School Diploma**, June 2015

- B 1) After washing your hands, which item should be used to dry them?
a) Clean apron
 b) Sanitized wiping cloth
c) Single use paper towel
d) Common used cloth 70%
- C 2) While washing dishes by hand, which item should you wear?
a) Cutting glove
b) Oven Mitt
 c) Rubber glove
d) Nothing
- D 3) When should you wash your hands?
a) Before you start work
b) After handling non-food items (garbage, money, cleaning chemicals)
c) After using the restroom
 d) All of the above
- A 4) If you need to move a heavy load, you should PULL and not PUSH the object.
 a) True
b) False
- E 5) Which of the following could you be at risk for getting burned from?
a) Steam from boiling pots
b) Hot liquids (coffee, soup, tea)
c) Hot equipment (ovens, pots, chaffing dishes)
d) Harsh chemicals
 e) All of the above
- F 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
 a) True
 b) False
- C 7) What should you do if you spill liquids or see a liquid spill?
a) Leave it for someone else to clean-up
b) Wait until the end of your shift to clean it
 c) Flag the spill and clean it immediately
d) Not sure
- D 8) When handling hot items you should?
a) Wear rubber gloves
b) No need to wear anything
 c) Use an oven mitt or cloth towel
 d) Nothing
- C 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
a) Rinsing
 b) Scrapping
 c) Washing
d) Sanitizing
- C 10) What is the proper method for cleaning and sanitizing stationary equipment?
a) Spray with a strong cleaning solution and wipe with a sanitized cloth
b) Spray with a sanitizing solution, then rinse with clean water and dry
 c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution