

# Interview Note Sheet

## Applicant Information

Name: Akonobi UChenna

Interviewer: Jefferson

Date: 10/7/2016

Rate of Pay: 15

Position (s) Applied for:  
Cook

Referred by: Dashin

## Test Scores

Server	/35	%	Bartender	/30	%
Prep Cook	/15	%	Barista	/10	%
Grill Cook	/40	<b>80</b> %	Cashier	/10	%
Dishwasher	/10	%	Housekeeping	/16	%

## Seeking:

Full-Time

Part-Time

## Relevant Experience & Summary of Strengths

Total of 10 yrs in Food Service/Hospitality

- ECS Graduate 7 month Certificate
- Pastry Perfected -
- Catering - 10 years
- Family Restaurant
- Basil - pick up reminds her of Home

P.O.S. Experience: Y / N details: \_\_\_\_\_

## Transportation

Car

Public Transit

Carpool ( Rider / Driver )

## Regions Available to work:

SF City

SF North

SF Peninsula

East Bay

Outer East Bay

San Jose

South San Jose

SJ Peninsula

## Certifications (if any)

TIPS

Serv-Safe

LEAD

Other \_\_\_\_\_

Will Submit

## Availability

Open

AM only

PM only

Weekdays only

Weekends only

Details: Monday, Tuesday, Thursday, Friday & Sat

## Uniforms Owned:

Bistro

Black Bistro

Tuxedo

1/2 Tuxedo

Black Vest

Long Black Tie

Chef Coat

Chef Pants

Knives

Black Pants

Non-Slip Shoes

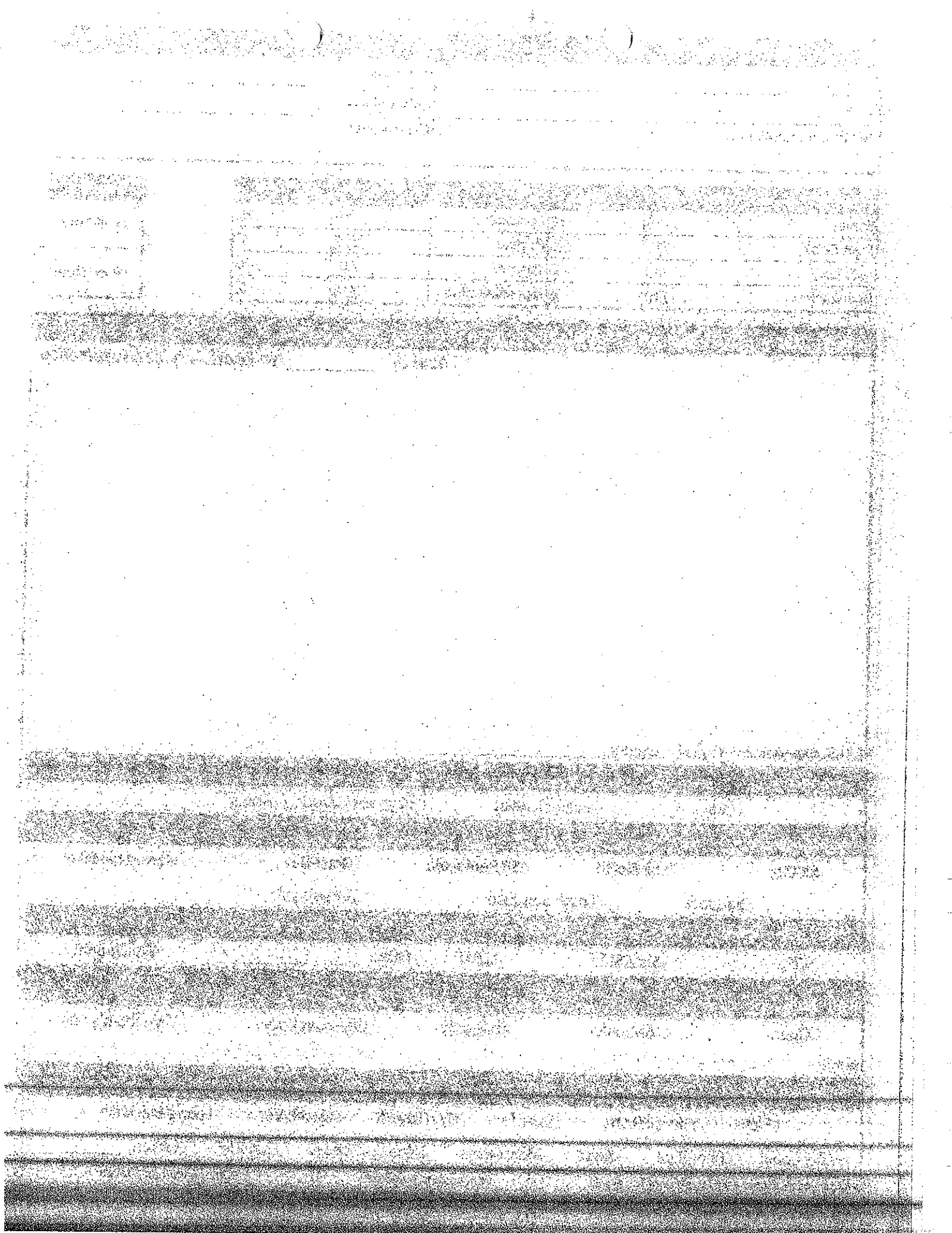
Bow Tie

Other: \_\_\_\_\_

Would you recommend this applicant for Acrobat Academy?

Convention Candidate?

Other Languages Spoken:



# UCHENNA AKONOBİ

358 Bright Street, San Francisco, CA 94132. 415 996 8775.

Chef.Uche.Akonobi@gmail.com

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## Professional summary

Energetic pastry chef who excels in creating inspired hot and cold baked goods and pastry in an ever changing fast paced environment. Adept knowledge of baking techniques, food products and culinary applications as well as maintaining a clean work space.

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## Skills

Advanced baking knowledge/techniques  
Physically fit and able to perform duties  
Menu knowledge and high volume production/baking  
Excellent communication skills  
Serve safe certified (food handlers card)  
CPR/First Aid Certified  
Diversity sensitive  
Teamwork and productivity oriented

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## WORK EXPERIENCE.

### **Pastry chef, 06/2016-09/2016**

#### **FARMER BROWN SOUL FOOD**

- Daily high volume preparing/producing/prepping/baking breads, rolls, breakfast pastries, ice creams and deserts according to standard recipe
- In charge of all baked goods for weddings, parties, corporate event and other occasions
- In charge of production of cakes, mini deserts, biscuits pies, cobbler's ice cream etc. For weekly brunch

### **Volunteer/server/prep cook, 01/2016- 04/2016**

#### **City Impact Academy/school**

- Maintained food sanitation and cleanliness at all times
  - Setting up work station and dining room, monitored quality and quantity of food production to keep spoilage at minimum
  - Daily meal preparation for 300+ kids according to nutritional standards.
-



## **Education**

**Associate of art;** Chefs Culinary program (Mar-Sept 2016)  
Episcopal Community Services, San Francisco.

**Bachelor of Science;** Zoology, major in Human Physiology (2007 -2012)  
Nnamdi Azikiwe University, Nigeria



## Employment Application

816-501-9067

Acrobat Outsourcing is an equal opportunity employer dedicated to non-discrimination in all employment practices. Acrobat Outsourcing selects the best qualified individual for the job based on job-related qualifications regardless of race, age (40+), color, religion, gender, national origin, ancestry, marital status, sexual orientation, disability or any other status protected by applicable law.

### PLEASE PRINT

Full Name AKONObi Uchenna T Date: 10/07/16  
Home Telephone (415) 996-8775 Other Telephone ( ) \_\_\_\_\_  
Present Address 1001 Polk street, 94109  
Permanent Address, if different from present address: \_\_\_\_\_  
Email Address Uchennaakonobi@gmail.com

### EMPLOYMENT DESIRED

Position applying for: PASTRY COOK/CHEF ASSISTANT Salary desired: \$16  
Are you currently registered with any staffing and/or employment agencies? If so, please list \_\_\_\_\_

Are you applying for: Full-time work? Yes ☒ No \_\_\_\_\_ Part-time work? Yes \_\_\_\_\_ No \_\_\_\_\_  
Temporary work, e.g., summer or holiday work? Yes \_\_\_\_\_ No \_\_\_\_\_ From: \_\_\_\_\_ To: \_\_\_\_\_  
How did you find out about our open position? (Please check fill in proper name of source):  
Referral ☐ Name of Referral \_\_\_\_\_ Newspaper ☐ Job Fair ☐ Agency ☒ Company Website ☐  
Other Web Posting ☐ Other Source ☐  
Could you work overtime, if necessary? Yes ☒ No \_\_\_\_\_ If hired, on what date could you start working? 11/07/16

Please keep in mind that schedules and shifts may vary depending on position and season. Additionally, the hours may vary from week to week, depending on the company needs. Please list only the times/days you're available to work below.

SPECIFY HOURS AVAILABLE DAILY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
PM							

Do you have any vacations or extended leaves planned in the next 12 months? If so, please list dates: \_\_\_\_\_

### PERSONAL INFORMATION

Have you ever applied to or worked for Acrobat Outsourcing before? Yes \_\_\_\_\_ No ☒ If yes, when? \_\_\_\_\_  
Do you have friends or relatives working for Acrobat Outsourcing? Yes ☒ No \_\_\_\_\_ If yes, please state name and relationship  
Deyshaun Howard. chef student graduate Just like myself  
If hired, would you have a reliable means of transportation to and from work? Yes ☒ No \_\_\_\_\_  
If hired, can you present evidence of your legal right to live and work in this country? Yes ☒ No \_\_\_\_\_  
State age if you are under 18 \_\_\_\_\_. If you are under 18, hire is subject to verification that you are of minimum legal age to work.  
Are you able to perform the essential functions of the job for which you are applying? Yes ☒ No \_\_\_\_\_

# Acrobat

outsourcing  
Your Hospitality Staffing Professionals

If no, describe the functions that cannot be performed. (Note: We comply with the ADA and consider reasonable accommodation measures that may be necessary for eligible applicants/employees to perform essential functions.) \_\_\_\_\_

Pursuant to the San Francisco Fair Chance Ordinance, we will consider for employment qualified applicants with arrest and conviction records.

## EDUCATION & SKILLS

NAME OF SCHOOL	CITY & STATE	GRADE OR DEGREE COMPLETED	DID YOU GRADUATE?
Episcopal community service	San Francisco	Culinary Certificate	Yes
Pratt Azikiwe University	Asheville	B.Sc Physiology	Yes
Do you have any special licenses, certificates or special training? If so please list under "Special."		YES	<input type="radio"/> NO
Are you computer literate? If so, list software knowledge under "Special."		<input checked="" type="radio"/> YES	NO
Are you proficient with Point of Sales Systems? If, so please list which ones under "Special."		YES	<input type="radio"/> NO
Do you have any other experience, training, qualifications or special skills, which you feel make you especially suited for work at Acrobat Outsourcing? If so, please list under "Special."		YES	NO
Special: <u>Shay Culinary training Certificate (ECS) et al IT certificate</u>			

## EMPLOYMENT HISTORY

List below all present and past employment starting with your most recent employer (last 10 years is sufficient). Account for unemployment periods of three months or more.

Are you currently employed? Yes ☒ No ☐ If so, may we contact your current employer? Yes ☐ No ☐

Name and Address of Employer Farmer brown Soul Food Restaurant, 5th street San Francisco  
 Type of Business Restaurant Telephone No. (415) 350-6904 Supervisor's Name Darren  
 Your Position and Duties pastry chef

Dates of Employment: From June To Sept 2016 Weekly Pay: Starting \_\_\_\_\_ Ending \_\_\_\_\_

Reason for Leaving: Completed my internship training program

Name and Address of Employer City impact academy

Type of Business school/church Telephone No. ( ) Supervisor's Name Mr cheng  
 Your Position and Duties Volunteer / prep cook

Dates of Employment: From Jan To Apr 2016 Weekly Pay: Starting \_\_\_\_\_ Ending \_\_\_\_\_

Reason for Leaving: started culinary school

Name and Address of Employer \_\_\_\_\_



# Acrobat

outsourcing

Your Hospitality Staffing Professionals

Type of Business \_\_\_\_\_ Telephone No. (\_\_\_\_) \_\_\_\_\_ Supervisor's Name \_\_\_\_\_

Your Position and Duties \_\_\_\_\_

Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_ Weekly Pay: Starting \_\_\_\_\_ Ending \_\_\_\_\_

Reason for Leaving: \_\_\_\_\_

Name and Address of Employer \_\_\_\_\_

Type of Business \_\_\_\_\_ Telephone No. (\_\_\_\_) \_\_\_\_\_ Supervisor's Name \_\_\_\_\_

Your Position and Duties \_\_\_\_\_

Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_ Weekly Pay: Starting \_\_\_\_\_ Ending \_\_\_\_\_

Reason for Leaving: \_\_\_\_\_

Have you ever been fired from any previous place of employment? If so, please explain: \_\_\_\_\_

## MILITARY SERVICE

Have you obtained any special skills or abilities as the result of service in the military? Yes \_\_\_\_\_ No ☒  
If so, describe: \_\_\_\_\_

## JOB RELATED REFERENCES

List below three persons not related to you who have knowledge of your work performance within the last three years.

Name: Phoebe Sanders Telephone No. (415) 487-3300 Ext 6117  
Address 165 eight street, San Francisco

Occupation: Chef manager Relationship: instructor Number of Years Acquainted: 10 yrs

Name: Mike Sullivan Telephone No. (415) 487-3300 - Ext 6113  
Address 905 Katoma

Occupation: Chef instructor Relationship: instructor Number of Years Acquainted: 10 yrs

Name: JM Foster Telephone No. (415) 350-6904  
Address 25 Mason San Francisco

Occupation: Restaurant owner Relationship: supervisor Number of Years Acquainted: 3 yrs

**Please Read Carefully, Initial Each Paragraph and Sign Below**

✓  
I hereby certify that I have not knowingly withheld any information that might adversely affect my chances for employment and that the answers given by me are true and correct to the best of my knowledge. I further certify that I, the undersigned applicant, have personally completed this application. I understand that any omission or misstatement of material facts on this application or on any document used to secure employment shall be grounds for rejection of this application or for immediate discharge if I am employed, regardless of the time elapsed before discovery.

✓  
I hereby authorize Acrobat Outsourcing to thoroughly investigate my references, work record, education and other matters related to my suitability for employment and, further, authorize the references I have listed to disclose to the company any and all letters, reports and other information related to my work records, without giving me prior notice of such disclosure. In addition, I hereby release the company, my former employers and all other persons, corporations, partnerships and associations from any and all claims, demands or liabilities arising out of or in any way related to such investigation or disclosure.

✓  
I hereby authorize Acrobat Outsourcing and its authorized representatives to solicit information regarding my background, which may include but not be limited to, information about my employment, education, and/or criminal history, which may be in the files of any federal, state, or local criminal justice and law enforcement agency and general public records history.

✓  
I understand that if selected for hire, it will be necessary for me to provide satisfactory evidence of my identity and legal authority to work in the United States, and that federal immigration laws require me to complete an I-9 form in this regard within three days of my hire date.

✓  
Acrobat Outsourcing is an at-will employer. I understand that nothing contained in the application, or conveyed during any interview, which may be granted or during my employment, if hired, is intended to create an employment contract between me and the company. In addition, I understand and agree that if I am employed, my employment is for no definite or determinable period and may be terminated at any time, with or without prior notice, with or without cause, at the option of either myself or the company, and that no promises or representations contrary to the foregoing are binding on the company unless made in writing and signed by me and the company's designated representative.

I hereby acknowledge that I have read and understand the above statements.

**Applicant's Signature**



**Date**

10/07/16

**Grill Cooks Test**

Score / 40

**Multiple Choice Test** (1 point each)

80%

1) How much time should you take to wash your hands with soap?

- a) 1 minute
- b) 20 seconds
- c) Time does not matter, water temperature does
- ☒ d) 5 minutes

2) The recommended temperature for your refrigerator is...

- a) 45°F
- b) 50°F
- c) 40°F
- ☒ d) 20°F

-8

3) Food handlers must always wash their hands

- a) Before starting work
- b) Switching between handling raw and ready-to-eat food
- c) After going to the restrooms
- ☒ d) All of the above

4) The most important reason for having food handlers wear hair restraints is to

- a) Prevent food from getting into food handlers' hair
- ☒ b) Prevent food handlers from contaminating their hands by touching their hair
- c) Keep the food handlers' hair in place
- d) None of the above

5) Which of these conditions requires immediate corrective action?

- a) Packaged food items are stored at least 6 inches above the floor
- b) Ice is being used to cool beef stew in a shallow pan
- ☒ c) Raw meats are stored on a shelf above ready-to-eat egg salad in the walk-in cooler
- d) Raw fish is stored above raw chicken in the walk-in freezer

6) Bacteria grow best in the temperature "danger zone" which includes temperatures between?

- a) 0°F and 100°F
- b) 32°F and 220°F
- ☒ c) 41°F and 135°F
- d) 39°F and 178°F

7) After cutting raw chicken, what should be done before the cutting board is used for slicing onions for salad?

- a) Clean the cutting board with a wet wiping cloth
- b) Turn the board over and use the other side
- c) Rinse the board with running water
- ☒ d) Wash, rinse, and sanitize the board prior to slicing the onions

8) Which of the following is NOT an approved method to thaw potentially hazardous foods?

- a) In a microwave oven
- b) During the cooking process
- c) Under cool running water
- ☒ d) On a clean counter, at room temperature

9) Wiping cloths stored submerged in a bucket of sanitizing solution are for:

- ☒ a) Wiping spills only
- b) Washing hands if the hand sinks are too far away
- c) Sanitizing the blade of utensils such as knives
- d) Maintaining moisture on the wiping cloth

## Grill Cooks Test

10) Food-handling gloves must be changed frequently and also:

- a) After handling garbage
- b) After every break
- c) After picking things up off the floor
- d) Between handling raw and cooked foods
- ☒ e) All of the above

11) A Julienne is:

- a) to cut food into 1 inch X 1 inch cubes
- b) A cooking method using high heat
- ☒ c) To cut food into 1/8 X 1/8 slices
- d) A rough cutting method producing oblong shapes

12) A gallon is equal to \_\_\_\_\_ ounces

- a) 56
- b) 145
- c) 32
- ☒ d) 128

13) How many cups are in a quart?

- a) 2
- ☒ b) 4
- c) 6
- d) 8

14) A Chiffonade is:

- ☒ a) To slice an herb or leafy vegetable into thin ribbons
- b) To de bone a fish
- c) Another name for parchment paper
- d) To cook food in liquid, or at just below the boiling point

15) Potentially hazardous hot foods must be maintained at an internal temperature of \_\_\_\_\_ or higher to be safe

- a) 145° F
- ☒ b) 135° F
- c) 160° F
- d) 180° F

16) Which of the following explains the process of poaching?

- a) Poke poultry on the thickest part in order to make sure it's tender
- b) To cook food in an oven that has reached 350° F
- ☒ c) Cook gently in water that is hot but not boiling (160°-180°)
- d) Submerge protein in boiling liquid to speed cooking time

17) If a recipe calls for 16oz of mirepoix, how many ounces of onion, celery, and carrots do you need?

- a) 8 oz of celery, 4 oz of onion, 4 oz of carrot
- b) 4 oz of celery, 8 oz of carrot, 4 oz of onion
- ☒ c) 4 oz of celery, 8 oz of onion, 4 oz of carrot
- d) 2 oz of celery, 10 oz of carrot, 2 oz of onion

18) Which of the following best describes braising?

- a) To cook quickly in a pan on top of the stove until food is browned
- b) Process through which natural sugars in food become browned and flavorful while cooking
- ☒ c) Cooking method by which food is browned in fat, then cooked, tightly covered, in liquid at low heat
- d) To plunge food into boiling water briefly, then into cold water to stop the cooking process

## Grill Cooks Test

19) Which of the following best describes the process of Caramelization?

- a) To cook quickly in a pan on top of the stove until food is browned
- ☒ b) Process through which natural sugars in food become browned and flavorful while cooking
- c) Cooking method by which food is browned in fat, then cooked, tightly coved, in liquid at low heat
- d) To plunge food into boiling water briefly, then into cold water to stop the cooking process

20) What temperature should chicken be cooked to?

- a) 145°F
- b) 155°F
- ☒ c) 165°F
- d) 175°F

21) What temperature should ALL ground meat be cooked to?

- a) 145°F
- ☒ b) 155°F
- c) 165°F
- d) 175°F

22) What temperature should fish be cooked to?

- ☒ a) 145°F
- b) 155°F
- c) 165°F
- d) 175°F

23) What is a roux and what is it used for? (2 points)

a roux is equal parts of flour & fat (butter, oil, pan drippings)  
a roux is used in making most mother sauces, for gravy, etc

24) What is the process of making clarified butter, and why is clarified butter used? (3 points)

clarified butter is made, by heating up the butter till the foamy white part of the butter is completely dissolved.

25) What are the 5 mother sauces? (5 points)

1. veloute
2. Bechamel
3. espagnole
4. hollandaise
5. tomato

26) What does it mean to season a grill and why is this process important? (3 points)

27) What are the ingredients in Hollandaise sauce? (5 points)

clarified butter and egg yolk, nutmeg

1

2

19-10

1910

The first of the year was a very dry one, and the crops were much affected. The weather was very hot, and the crops were much affected. The first of the year was a very dry one, and the crops were much affected. The weather was very hot, and the crops were much affected.

The second of the year was a very wet one, and the crops were much affected. The weather was very cold, and the crops were much affected.

The third of the year was a very dry one, and the crops were much affected. The weather was very hot, and the crops were much affected.

The fourth of the year was a very wet one, and the crops were much affected. The weather was very cold, and the crops were much affected.

The fifth of the year was a very dry one, and the crops were much affected. The weather was very hot, and the crops were much affected.

The sixth of the year was a very wet one, and the crops were much affected. The weather was very cold, and the crops were much affected.

The seventh of the year was a very dry one, and the crops were much affected. The weather was very hot, and the crops were much affected.

///

The eighth of the year was a very wet one, and the crops were much affected. The weather was very cold, and the crops were much affected.

///

797238368

DOB: 10/18/1989

REGISTRATION NUMBER  
380018571

LAST NAME  
AKONOB


FIRST NAME  
UCHENNA

MIDDLE NAME  
THEODORA

111 Page St Apt 4  
San Francisco  
CA 94102

10/18/1989

ISSUED 01/08/2016 EXPIRES 01/08/2018



UNITED STATES OF AMERICA EMPLOYMENT AUTHORIZATION CARD

Surname  
AKONOB

Given Name  
UCHENNA T

USCIS# 208-645-627 Category Card# C08 SRC1690367646


Country of Birth  
Nigeria

Terms and Conditions  
None

Date of Birth 18 OCT 1989 Sex F

Valid From 09/02/16 Card Expires 09/01/17

NOT VALID FOR REENTRY TO U.S.



DAS

2016281142921W5





DOB: 10/18/1989

REGISTRATION NUMBER: 380018571

LAST NAME: AKONOB

FIRST NAME: UCHENNA

MIDDLE NAME: THEODORA

111 Page St Apt 4  
San Francisco  
CA 94102

10/18/1989

ISSUED: 01/08/2016 EXPIRES: 01/08/2018

28558507

U.S. Citizenship and Immigration Services

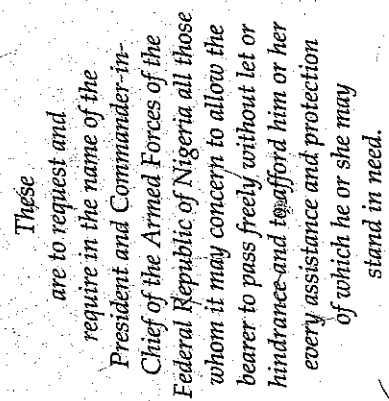
This card is not evidence of U.S. citizenship or permanent residence.  
This document is void if altered, and may be revoked by the U.S. Government.  
The person identified is authorized to work in the U.S. for the validity of this card.

FORM I-766 Rev. (10-2014)

53 If found, drop in any US Mailbox. USPS: Mail to USCIS, PO Box 861468, Mexico, TX 75185-1468

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AKONOB<<UCHENNA<THEODORA<<<<<





A06304354

**PASSPORT**  
**PASSEPORT**

Type / Type	Country Code / Code du pays	Passport No. / Passeport N°
P	NGA	A06304354

Surname / Nom  
**AKONOE**

**Given Names / Prénoms**

UCHENNA THEODORA

Nationality / Nationalité

**NIGERIAN**

Date of Birth - / - Date de naissance

18 OCT / OCT 89

Sex / Sexe: Place of Birth / Lieu de naissance

F ENUGU

Date of Issue / Date de délivrance

16 JAN / JAN 15

Date of Expiry / Date d'expiration

15 JAN / JAN 20

Previous Passport / Précédente Passeport  
A00506484

Personal No. / N° personnel

Authority / Autorité  
ABUJA HQRS

Holder's Signature / Signature du Titulaire

P<NGAAKONOB I<<UCHENNA<THEODORA<<<<<<<<<<<<  
A063043541NGA8910185F2001159<<<<<<<<<<<<<<04

