

Jeffrey Guidry

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Seeking a position where I can use my experience in stocking, customer service, and janitorial work to provide the best experience possible for customers

Professional Experience

2013 – Present | Downtown Streets Team, Sunnyvale, CA

TEAM MEMBER

- Worked with a team of 26 members on urban beautification projects in order to keep the streets of Sunnyvale clean and safe
- Covered and cleaned between 3-5 square miles of Sunnyvale per shift – required ability to stand and walk for several hours per day

2012 - 2013 | Mary Guidry, Sunnyvale, CA

CARETAKER

- Assisted with daily living activities for elderly mother. Provided assistance with handling the machine for her feeding tube, getting in and out of bed, ensuring that bedding was cleaned regularly, and guiding her through safe exercises
- As a Live-In Caregiver I cooked all meals and maintained a clean house for my mother in addition to assisting with daily living tasks

2011 | Dollar Tree, Sunnyvale, CA

STOCKER

- Stocked over 500 lbs. of household appliances per day including cleaning agents, toiletry items, and kitchen appliances
- Stocked up to two pallets per hour on six to eight shelves per hour to ensure customer access to product
- Lifted and unloaded 40+lb. boxes safely off of the trucks and into the store

2005 - 2006 | Stanford University, Stanford Dining, Willbur Hall, Palo Alto, CA

KITCHEN PORTER/DISHWASHER

- Performed general maintenance duties including: washing pots, pans and trays by hand, mopping and sweeping floors, washing worktables, refrigerators, and walls, segregating and moving trash, steam-cleaning and hosing out garbage cans
- Maintained kitchen work areas, equipment and utensils in clean and orderly condition

Education

Los Altos High School, Los Altos, CA – **GED**

Dishwasher Test

Score / 10

B ✓

1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

7/10 = 70%

C ✓

2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

C ✓

3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

B ✓

4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

E ✓

5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chaffing dishes)
- d) Harsh chemicals
- e) All of the above

A ✓

6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

C ✓

7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

A ✓

8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or dry cloth towel
- d) Nothing

A ✓

9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

C ✓

10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution