

- C 1) After washing your hands, which item should be used to dry them?
- a) Clean apron
  - b) Sanitized wiping cloth
  - c) Single use paper towel
  - d) Common used cloth
- C 2) While washing dishes by hand, which item should you wear?
- a) Cutting glove
  - b) Oven Mitt
  - c) Rubber glove
  - d) Nothing
- D 3) When should you wash your hands?
- a) Before you start work
  - b) After handling non-food items (garbage, money, cleaning chemicals)
  - c) After using the restroom
  - d) All of the above
- B 4) If you need to move a heavy load, you should PULL and not PUSH the object.
- a) True
  - b) False
- E 5) Which of the following could you be at risk for getting burned from?
- a) Steam from boiling pots
  - b) Hot liquids (coffee, soup, tea)
  - c) Hot equipment (ovens, pots, chaffing dishes)
  - d) Harsh chemicals
  - e) All of the above
- A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
- a) True
  - b) False
- C 7) What should you do if you spill liquids or see a liquid spill?
- a) Leave it for someone else to clean-up
  - b) Wait until the end of your shift to clean it
  - c) Flag the spill and clean it immediately
  - d) Not sure
- C 8) When handling hot items you should?
- a) Wear rubber gloves
  - b) No need to wear anything
  - c) Use an oven mitt or cloth towel
  - d) Nothing
- D 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
- a) Rinsing
  - b) Scraping
  - c) Washing
  - d) Sanitizing
- B 10) What is the proper method for cleaning and sanitizing stationary equipment?
- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
  - b) Spray with a sanitizing solution, then rinse with clean water and dry
  - c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
  - d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution

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## Summary

Seeking a challenging position that will utilize the skills and abilities gained throughout my work experience and formal training.

## Job Objective

GROUNDKEEPING, 5 months experience

## Experience

### Packer/ Loader

Adecco

21250 Hawthorne Blvd # 155, Torrance, CA

Stacking boxes onto pallet for shipping.

### Palletizer

Select Staffing

909 N Sepulveda Blvd # 180, El Segundo, CA

Removing boxes full of products from a trailer and stocking them to another trailer

### Packing and Loading Agent

Virco

01/09 8/09, Torrance, CA

Responsible for packing and loading in a warehouse environment.

### Groundskeeper

DR.Winifred Williams, M.D. INC.

05/08 04/09, Compton, CA

Responsible for sweeping and mopping floors, cleaning restrooms, and gardening.

### Line Cook

Semolina's Bistro Italia

07/06 05/08, New Orleans, LA

Responsible for preparing meals for the customers and insure timely delivery of meals.

## Education

### Issuing Institution

CalJOBS Education

9th grade through 12th grade

### Location

CA

### Qualification

Unknown Level

### Course of Study

## Skills

CLEANING RESTROOMS, COOKING FISH, COOKING FROM A RECIPE, PREPARING SALAD/SOUP, SWEEPING /MOPPING FLOORS, WASHING DISHES/PANS