

C

1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

85%

C

2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

D

3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

B

4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

E

5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chaffing dishes)
- d) Harsh chemicals
- e) All of the above

A

6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

C

7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

C

8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or cloth towel
- d) Nothing

D

9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

B

10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution

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Summary

Seeking a challenging position that will utilize the skills and abilities gained throughout my work experience and formal training.

Job Objective

GROUNDKEEPING, 5 months experience

Experience

Packer/ Loader

Adecco

21250 Hawthorne Blvd # 155, Torrance, CA

Stacking boxes onto pallet for shipping.

Palletizer

Select Staffing

909 N Sepulveda Blvd # 180, El Segundo, CA

Removing boxes full of products from a trailer and stocking them to another trailer

Packing and Loading Agent

Virco

01/09 8/09, Torrance, CA

Responsible for packing and loading in a warehouse environment.

Groundskeeper

DR. Winifred Williams, M.D. INC.

05/08 04/09, Compton, CA

Responsible for sweeping and mopping floors, cleaning restrooms, and gardening.

Line Cook

Semolina's Bistro Italia

07/06 05/08, New Orleans, LA

Responsible for preparing meals for the customers and insure timely delivery of meals.

Education

Issuing Institution	Location	Qualification	Course of Study
CalJOBS Education	CA	Unknown Level	
9th grade through 12th grade			

Skills

CLEANING RESTROOMS, COOKING FISH, COOKING FROM A RECIPE, PREPARING SALAD/SOUP, SWEEPING /MOPPING FLOORS, WASHING DISHES/PANS