

# **Rodney Smith-Timmons**

Oakland, CA

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## **Objective:**

To obtain an entry level position with a sufficient company where I can improve my skills and prosper while exceeding the expectations of my employer.

## **Work Experience:**

### **In-Home Support Services**

*Caregiver*

**Oakland, CA**

September, 2010 – April, 2014

- Assisted patient with bathing, oral hygiene, grooming, feeding, and elimination
- Help patient move in and out of bed, baths, wheelchairs, and automobiles
- Maintained a clean, healthy and safe environment
- Obtained household supplies and ran daily errands
- Transported patient to other areas of the hospital in wheelchairs and gurneys

## **Skills:**

- Trustworthy companion
- Compassionate caregiver
- Committed team player
- Companionship and emotional support
- Efficient and reliable team player
- Adaptable

## **Education:**

### **Five Keys Charter School**

G.E.D. / H.S.D.

**San Francisco, CA**

2012 – 2013

### **Balboa High School**

General Education

**San Francisco, CA**

2004 – 2006

### **Ida B. Wells High**

**School San Francisco, CA**

70%

- B 1) After washing your hands, which item should be used to dry them?
- a) Clean apron
  - b) Sanitized wiping cloth
  - ☒ c) Single use paper towel
  - d) Common used cloth
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- C 2) While washing dishes by hand, which item should you wear?
- a) Cutting glove
  - b) Oven Mitt
  - c) Rubber glove
  - d) Nothing
- D 3) When should you wash your hands?
- a) Before you start work
  - b) After handling non-food items (garbage, money, cleaning chemicals)
  - c) After using the restroom
  - d) All of the above
- A 4) If you need to move a heavy load, you should PULL and not PUSH the object.
- a) True
  - b) False
- E 5) Which of the following could you be at risk for getting burned from?
- a) Steam from boiling pots
  - b) Hot liquids (coffee, soup, tea)
  - c) Hot equipment (ovens, pots, chaffing dishes)
  - d) Harsh chemicals
  - e) All of the above
- A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
- a) True
  - b) False
- C 7) What should you do if you spill liquids or see a liquid spill?
- a) Leave it for someone else to clean-up
  - b) Wait until the end of your shift to clean it
  - c) Flag the spill and clean it immediately
  - d) Not sure
- C 8) When handling hot items you should?
- a) Wear rubber gloves
  - b) No need to wear anything
  - c) Use an oven mitt or dry cloth towel
  - d) Nothing
- B 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
- ☒ a) Rinsing
  - b) Scraping
  - c) Washing
  - d) Sanitizing
- A 10) What is the proper method for cleaning and sanitizing stationary equipment?
- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
  - b) Spray with a sanitizing solution, then rinse with clean water and dry
  - ☒ c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
  - d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution