

# David A. Monroe Jr.

111 Taylor Street | San Francisco CA, 94102 | (628) 202-4853 | DavidMonroejr82@gmail.com

## Objective

To obtain a position that will make the most of my prior skills and/or to train in new areas.

## Experience

### Cal P.I.A- General Maintenance- June 2014-November 2016

Supervisor- Gary Laredo

General Maintenance

- Machine repair & maintenance
- General construction
- Plumbing
- Specialty in electrical

### Upholstery- April 2005

- Received certificate of proficiency
- 1700 completed hours experience
- Chair assembly & Fabrication

### National Center For Construction Education & Research- May 2007- June 2012

Received six certificates:

- *Core Curriculum – May 19, 2007*
- *Level 1- August 28, 2008*
- *Level 2- February 26, 2009*
- *Level 3- February 17, 2010*
- *Level 4- November 18, 2009*
- *Certification of Completion – June 21, 2012*
- Basic Safety
- Sheet metal Layout & processes
- Sheet metal Duct Fabrication
- Introductory skills for crew leader

### Vocational Sheet Metal- 2011-2012

Clerk

- Daily Attendance
- Ordered Supplies
- Test Administrator
- Provided Sheet metal training

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## Vocationl Landscaping & Gardening 1998-1999

- Maintaining lawns
- Weed whacking
- Repair sprinklers
- Hedge trimming

## Education

### Robert E. Burton Adult School

- Graduated September 11, 2003
- Received GED

### Patten University, Oakland Ca

- Graduated August-2009
- Received AA Degree- General Studies

## Special Training

### Worker Occupational Safety & Health – December 22, 2014

- Certified through Cal State Berkeley

### TPC Training Systems- October 13, 2014

- *Unit 109.9- Industrial Safety & Health*

### Emergency Management Institute- June, 2004

- *June 14, 2004 –FI-241- Decision making and problem solving*
- *July 06, 2004- IS-242- Effective Communication*
- *July 19, 2004- IS-235- Emergency Planning*
- *July 19, 2004- IS-005- Hazardous Materials*
- *October 08, 2004- IS-230- Department of Homeland Security, principals of emergency management.*
- *November 08, 2004- IS- 394- Department of Homeland security, litigation for Homeowners.*
- *November 19, 2004- IS-139- Exercise Design*

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## Highlights

- Organized
- Time management
- Detail-oriented
- Excellent multi-tasker
- Strong communication skills
- Team player
- Reliable
- Efficient
- Forklift
- Scissor Lift
- Power tools and hand tools
- Leadership Qualities
- Self-Motivated
- Strong Work Ethic

## References

Beverly Parenti- CEO, Last Mile (415) 847-1035

Rudy Corpus- Founder of United Playaz Inc. (415) 573-6219

Valerie Arce- Bay Area Peacekeepers, Program Manager (510) 685-8825

Carl Stewart- Iron Worker (510) 696-4053

## Dishwasher Test

Score / 10

C 1) After washing your hands, which item should be used to dry them?  
a) Clean apron  
b) Sanitized wiping cloth  
 c) Single use paper towel  
d) Common used cloth

C 2) While washing dishes by hand, which item should you wear?  
a) Cutting glove  
b) Oven Mitt  
 c) Rubber glove  
 d) Nothing

D 3) When should you wash your hands?  
a) Before you start work  
b) After handling non-food items (garbage, money, cleaning chemicals)  
c) After using the restroom  
 d) All of the above

B 4) If you need to move a heavy load, you should PULL and not PUSH the object.  
 a) True  
 b) False

E 5) Which of the following could you be at risk for getting burned from?  
a) Steam from boiling pots  
b) Hot liquids (coffee, soup, tea)  
c) Hot equipment (ovens, pots, chaffing dishes)  
d) Harsh chemicals  
 e) All of the above

A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.  
 a) True  
 b) False

C 7) What should you do if you spill liquids or see a liquid spill?  
a) Leave it for someone else to clean-up  
b) Wait until the end of your shift to clean it  
 c) Flag the spill and clean it immediately  
d) Not sure

C 8) When handling hot items you should?  
a) Wear rubber gloves  
b) No need to wear anything  
 c) Use an oven mitt or dry cloth towel  
d) Nothing

C 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?  
a) Rinsing  
b) Scraping  
 c) Washing  
d) Sanitizing

A 10) What is the proper method for cleaning and sanitizing stationary equipment?  
 a) Spray with a strong cleaning solution and wipe with a sanitized cloth  
b) Spray with a sanitizing solution, then rinse with clean water and dry  
c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution  
d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution