

**Prep Cooks Test**

Score 20/20

Multiple Choice (1 point each)

100%

D

1) A gallon is equal to \_\_\_\_\_ ounces

- a. 56
- b. 145
- c. 32
- d. 128

C

2) Mesclun are what type of vegetable?

- a. Roots
- b. Beans
- c. Salad Greens
- d. Spices

B

3) What does the term braise mean?

- a. Sear quickly on both sides
- b. Slowly cook in covered pan with little liquid
- c. Cook on high heat and quickly
- d. Slowly cook in simmering water

B

4) At what internal temperature must chicken be cooked so that it is safe to eat?

- a. 155 degrees F
- b. 165 degrees F
- c. 175 degrees F
- d. 185 degrees F

A

5) How do you blanch vegetables?

- a. Immerse for a short time in boiling water
- b. Cook lightly in butter over med heat
- c. Soak in cold water overnight
- d. Rub with salt before cooking

C

6) Which of the following ingredients would you pack before measuring?

- a. Olive Oil
- b. Salt
- c. Brown Sugar
- d. White Sugar

A

7) What is Al Dente?

- a. Firm but not hard
- b. Soft to the touch
- c. Very hard
- d. Very soft

C

8) Food should be left out no more than

- a. 2 hours
- b. 3 hours
- c. 4 hours
- d. 5 hours

## Prep Cooks Test

- C 9) Which is the improper way to thaw frozen food?
- a. In the fridge
  - b. In a sink with cold water
  - c. On the counter
  - d. In the microwave

- A 10) Which of the following can you use to put out a grease fire?
- a. Baking Soda
  - b. Baking Powder
  - c. Flour
  - d. Water

- B 11) What is the temperature range of the danger zone?
- a. 25-135
  - b. 40-140
  - c. 50-160
  - d. 30-130

- D 12) Which of the following is listed from smallest to largest?
- a. Dice, chop, mince
  - b. Mince, chop, dice
  - c. Chop, dice, Mince
  - d. Mince, dice, chop

- C 13) Which direction should pan handles be turned while cooking on the stove?
- a. Over the fire at all times
  - b. Turned towards you for better control
  - c. Turned towards the right or left at all times
  - d. Over the countertop at all times

- C 14) When you poach something, you cook it with what?
- a. Noodles
  - b. Vegetables
  - c. Liquid
  - d. Oil

- B 15) Which spoon is used to remove fat from soups and stews?
- a. Basting Spoon
  - b. Ladle
  - c. Slotted Spoon
  - d. Portion Spoon

- B 16) Which of the following means to cook in a small amount of fat?
- a. Season
  - b. Sauté
  - c. Broil
  - d. Boil
  - e. Fry

## Prep Cooks Test

A

17) What is a Julien cut?

- a. Food cut into long thin strips, matchstick
- b. Food cut into long thin strips then turned and cut into a 1/8" dice
- c. Food diced into finely chopped and uniform pieces
- d. Cutting and peeling into oblong seven sided football like shapes

A

18) To cook a food in a pan without browning over low heat until the item softens and releases moisture.

- a. Sweat
- b. Boil
- c. Roast
- d. Grill

Fill-in the Blank (1 point each)

19) Salt & Pepper are the basic seasoning ingredients for all savory recipes.

20) Chop : to cut into very small pieces when uniformity of size and shape is not important.

**Submission Date** 01-10-2017 16:05:48

**IP** 172.56.14.161

**First Name**

Corey

**Last Name**

Thompson

**E-mail Address**

codthompson@att.net

**Phone**

7135458626

**Address**

4906 Clover Ln.

**Unit or Number**

none

**City, State**

Pearland

**Zip Code**

77584

**What region(s) are you applying to work within?**

- Houston

**Which position(s) are you applying for?**

- Cook

**Are you applying for:**

- Full-Time

**When can you start?**

 Monday, February 06, 2017

**Can you work overtime?**

Yes

**How did you hear about us?**

- Referral

**If you were referred, please tell us by whom:**

Chef Ed Cao

**What days/times can you work? Select all that apply:**

- Monday AM
- Monday PM

- Tuesday AM
- Tuesday PM
- Wednesday AM
- Wednesday PM
- Thursday AM
- Thursday PM
- Friday AM
- Friday PM
- Saturday AM
- Saturday PM

**Have you ever applied to or worked for Acrobat before?**

No

**If hired, would you have reliable means of transportation to and from work?**

Yes

**If hired, can you present evidence of your legal right to live and work in this country?**

Yes

**State age if under 18. If you are under 18, hire is subject to verification that you are of minimum age to work.**

Texas

**Are you able to perform the essential functions of the job for which you are applying?**

Yes

**Name of School**

LeNotre Culinary Institute

**City & State**

Houston,TX

**Grade/Degree**

Culinary Arts Diploma

**Graduated?**

Yes

**Do you have any special licenses? (If so, label under "Special")**

No

**Are you computer literate? (If so, label which programs under "Special")**

Yes

**Are you proficient with Point of Sale systems? (If so, label which under "Special")**

Yes

**Do you have any experience, training, qualifications or special skills? (If so, label under "Special")**

Yes

**Special:**

cash register

20 years experience in Culinary field.

**Are you currently employed?**

Yes

**Can we contact your current employer?**

Yes

**Name and Address of Employer**

Aramark  
8701 Kirby Dr.  
Houston, TX 77054

**Type of Business**

Hospitality

**Phone Number**

18007295432

**Your Position & Duties**

Execution Cook  
performing cooking duties for the Executive suites.  
performing catering events.  
following and maintaining HACCP procedures.

**Date of Employment (from/to):**

01/2016 to current

**Weekly Pay (Starting/Ending):**

n/a

**Reason for Leaving**

currently employed

**Still Employed:**

Yes

**Name and Address of Employer**

Team Thompson Fine Catering  
Pearland, TX 77584

**Type of Business**

Catering

**Phone Number**

7132987681

**Your Position & Duties**

Training, Scheduling and staffing of kitchen staff.

**Date of Employment (from/to):**

08-10-2012 / current

**Weekly Pay (Starting/Ending):**

n/a

**Still Employed:**

Yes

**Name and Address of Employer**

2040 Cafe & Catering  
2040 N. Loop West. #190  
Houston,TX 77008

**Type of Business**

Catering

**Phone Number**

n/a

**Your Position & Duties**

Training, Scheduling and staffing of kitchen staff.  
performing catering events.  
following and maintaining HACCP procedures.

**Date of Employment (from/to):**

12-01-2009 / 12-01-2012

**Weekly Pay (Starting/Ending):**

n/a

**Reason for Leaving**

company closed.

**Still Employed:**

No

**First Name**

Thad

**Last Name**

Coffee

**E-mail Address**

thadcoff@gmail.com

**Phone**

713-620-8453

**Relationship:**

friend

**Years Acquainted:**

2

**First Name**

Sam

**Phone**

832-589-5070

**Relationship:**

friend

**Years Acquainted:**

2

**First Name**

Carey

**Last Name**

Thompson

**E-mail Address**

cthompson33@sbcglobal.net

**Phone**

713-238-7681

**Relationship:**

brother

**I hereby certify that I have not knowingly withheld any information that might adversely affect my chances for employment and that the answers given by me are true and correct to the best of my knowledge. I further certify that I, the undersigned applicant, have personally completed this application. I understand that any omission or misstatement of material facts on this application or on any document used to secure employment shall be grounds for rejection of this application or for immediate discharge if I am employed, regardless of the time elapsed before discovery.**

- (Checked box indicates acknowledgement)

**I hereby authorize Acrobat Outsourcing to thoroughly investigate my references, work record, education and other matters related to my suitability for employment and, further, authorize the references I have listed to disclose to the company any and all letters, reports and other information related to my work records, without giving me prior notice of such disclosure. In addition, I hereby release the company, my former employers and all other persons, corporations, partnerships and associations from any and all claims, demands or liabilities arising out of or in any way related to such investigation or disclosure.**

- (Checked box indicates acknowledgement)

**I hereby authorize Acrobat Outsourcing and its authorized representatives to solicit information regarding my background, which may include but not be limited to, information about my employment, education, and/or criminal history, which may be in the files of any federal, state, or local criminal justice and law enforcement agency and general public records history.**

- (Checked box indicates acknowledgement)

**I understand that if selected for hire, it will be necessary for me to provide satisfactory evidence of my identity and legal authority to work in the United States, and that federal immigration laws require me to complete an I-9 form in this regard within three days of my hire date.**

- (Checked box indicates acknowledgement)

**Acrobat Outsourcing is an at-will employer. I understand that nothing contained in the application, or conveyed during any interview, which may be granted or during my employment, if hired, is intended to create an employment contract between me and the company. In addition, I understand and agree that if I am employed, my employment is for no definite or determinable period and may be terminated at any**



**time, with or without prior notice, with or without cause, at the option of either myself or the company, and that no promises or representations contrary to the foregoing are binding on the company unless made in writing and signed by me and the company's designated representative.**

- (Checked box indicates acknowledgement)

**I hereby acknowledge that I have read and understand the above statements.**

- (Checked box indicates acknowledgement)

**Applicant Digital Signature (Type Name):**

Corey Thompson

**Date:**

 Tuesday, January 10, 2017

**Please Attach Resume Below**

Corey Thompson resume.doc

## Interview Note Sheet

### Applicant Information

Name: Corey Thompson

Interviewer: Griffin Long

Date: 1/13/17

Rate of Pay: 14

Position (s) Applied for: Cook

Referred by: Chef Ed

### Test Scores

Server	/35	%	Bartender	/35	%
Prep Cook	/20	%	Barista	/15	%
Grill Cook	/40	%	Cashier	/15	%
Dishwasher	/10	%	Housekeeping	/16	%

### Seeking:

Full-Time

Part-Time

### Relevant Experience & Summary of Strengths

Total of 10 in Food Service/Hospitality

- Cook

- Dishwasher

P.O.S. Experience: Y / N details: \_\_\_\_\_

### Transportation

Car

Public Transit

Carpool ( Rider / Driver )

### Regions Available to work:

SF City

SF North

SF Peninsula

East Bay

Outer East Bay

San Jose

South San Jose

SJ Peninsula

Houston

### Certifications (if any)

TIPS

Serv-Safe

LEAD

Other \_\_\_\_\_

Will Submit

### Availability

Open

AM only

PM only

Weekdays only

Weekends only

Details:

### Uniforms Owned:

Bistro

Black Bistro

Tuxedo

1/2 Tuxedo

Black Vest

Long Black Tie

Chef Coat

Chef Pants

Knives

Black Pants

Non-Slip Shoes

Bow Tie

Other: \_\_\_\_\_

Would you recommend this applicant for Acrobat Academy?

Convention Candidate?

Other Languages Spoken: