

Interview Note Sheet

Applicant Information

Name: Michael Plasencia	Interviewer: Yaguarin
Date: 4/11/17	Rate of Pay: \$10
Position(s) Applied for: Hobby	Referred by: Friend

Test Scores

Server	/35	%	Bartender	/35	%
Prep Cook	/15	%	Barista	/15	%
Grill Cook	/40	%	Cashier	/15	%
Dishwasher	/10	%	Housekeeping	/16	%

Seeking:

Full-Time

Part-Time

Relevant Experience & Summary of Strengths

Total of _____ in Food Service/Hospitality

Uhhh

P.O.S. Experience: Y / N details: _____

Transportation

Car Public Transit Carpool (Rider / Driver)

Regions Available to work:

Polk County Des Moines West Des Moines Dallas County

Certifications (if any)

TiPS Serv-Safe LEAD Other _____ Will Submit

Availability

Open AM only PM only Weekdays only Weekends only

Details:

Uniforms Owned:

Bistro Black Bistro Tuxedo 1/2 Tuxedo Black Vest Long Black Tie

Chef Coat Chef Pants Knives Black Pants Non-Slip Shoes Bow Tie Other: _____

Would you recommend this applicant for Acrobat Academy?

Convention Candidate?

Other Languages Spoken:

Michael Plasencia
3224 Wright Street, Iowa 50314
Cell #: 515-829-1286

PROFESSIONAL EXPERIENCE

YMCA - Wellness Coach *3/13 - current*

Helping citizens live a healthier and more fit lifestyle.
Assisting individuals in setting health and fitness goals

Direct Support Professional – REM Iowa *4-14 to 11/14*

Provide assistance with daily activities such as meal preparation and planning, accompany individuals on outings in the community, support therapeutic and behavioral plans to enhance the quality of life for those I support, provide assistance with personal cares, and support in job training.

Challenge Course Technician
Iowa State Extension, Adventure Learning Center *4/13-10/13*

Responsible for facilitating High/Low rope courses and provide critical experiential feedback.

Canvasser – American Exteriors, Inc. *4/12-11/12*

Responsible for Door to door surveys to provide information about American Exterior products, explain products or services and demonstrate use of products, answer questions about product features and benefits. Improved customer sale contact by 30% in 2 months.

EDUCATION

Van Meter High School Diploma: General *2010*
DMACC Boone campus
Coursework in Coaching & Ethics Aerobics Training

Michael Plasencia - (2)

Career Focus

Hard working, entry level individual who wants to support children and young adults with daily living skills and encouraging their independence. I also am a fitness trainer and want to apply my education and experience to a job in health and recreational education. Brings valuable experience from setting and achieving goals in earning Eagle Scout Award and from a summer internship at a residential camp called CILTS for (Campers in Leadership Training) Program. Additional training in Spring 2013 with ISU Adventure Learning Center working with all ages of individuals to meet challenges in a positive way and also with the Healthy Living Center YMCA working as a wellness coach studying towards a Personal Trainer Certification.

Accomplishments

Eagle Scout - May 2009

Counselor In Leadership Training (CILTS) - Summer 2008,
Camp Tecumseh, Indiana

Manager of DMACC's Men's basketball team

Various volunteer activities

Certificate of CPR

REFERENCES

Available upon request