

SHAWN WELLS
Vallejo, CA
(707) 246-7017
antwanwells55@gmail.com

CERTIFICATIONS

CA Food Handler's Card
ServSafe, Berkeley, CA

Current

Certificate, Bakery Production Boot Camp
The Bread Project, Berkeley, CA

5/2016

- Completed three (3) week intensive job training program. Includes: safe food handling, equipment knowledge, kitchen professionalism and basic baking knowledge and skills
- Attained basic food preparation techniques including, but not limited to: measuring, mise en place, mixing and portioning
- Prepared commercial bakery products and met internal quality and performance requirements
- Identified common commercial kitchen equipment and bakery ingredients

WORK EXPERIENCE

Cook (Volunteer)
Glide Memorial, San Francisco

Apr – May 2017

- Cooked meals for breakfast, lunch and dinner for 500 people daily
- Prepped vegetables, meats and chicken for cooking
- Measured ingredients required for specific food items being prepared.
- Operated large-volume cooking equipment such as mixers, grills, griddles and commercial oven

Cook (Volunteer)
New Bridge Foundation, Berkeley, CA

Nov 2016 – Feb 2017

- Supervised kitchen crew of five
- Prepared menu
- Worked every aspect of industrial kitchen, including grill and commercial oven
- Monitored preparation of meals to be sure all items were prepared on time
- Washed pots, pans, and trays using commercial dishwasher and 3-sink set-up

Production Line Worker
Tesla Motors, Fremont, CA

May – Aug 2016

- Worked assembly line and performed quality control
- Did data entry, keying in specs to modules to ensure proper door operation

Manufacturer
Threshold Enterprises, Scotts Valley, CA

Jan – Mar 2016

- Weighed and mixed multiple supplements using various scales
- Operated pallet jacks, industrial mixers, pill presses, barrel tumblers, and blenders
- Cleaned and sanitized mixing rooms and commercial equipment

(continues on page two)

In Home Care Provider (Pro Bono)
Oakland, CA

Apr 2014 – Nov 2015

- o Assisted with grandmother's senior living, apartment complex with cleaning and wound care
- o Administered medication according to physician's specifications

Property Manager/Owner
Atwal, Vallejo, CA

Jan 2013 – Mar 2015

- o Performed landlord duties including maintenance of roof, water heater and other large appliances and plumbing services
- o Operated multiple tools including skill saws, chain saws, and hand tools to perform building and landscaping maintenance
- o Communicated with tenants and handled maintenance requests in timely manner

Donations Attendant

May 2011 – Dec 2013

St. Vincent De Paul, Fremont, CA

- Supervised all furniture and clothing donations and operated E-waste station including loading and wrapping all e-waste
- Assisted with meal distribution for clients and maintained an orderly distribution system while operating ID scanner
- Distributed tax write-off forms to all donors and provided excellent customer service

Supervisor

Mar 2011 – Apr 2012

State of California (employer), Vacaville, CA

- Supervised and created schedules for a 24-person crew
- Managed payroll for staff
- Supervised sanitation of units and distribution of all cleaning supplies

EDUCATION

A.A. Degree Candidate
Laney College, Oakland, CA

Expected 2018

High School Diploma
Dewey Academy, Oakland, CA