

JABIR FINLEY

 Oakland, CA 94603 |  jabirfinley@gmail.com |  (510) 472-7054

SEEKING ENTRY LEVEL POSITION

A hardworking professional with a focused and responsible work style plus a positive and friendly attitude. Able to complete all tasks and projects on time and maintain a clean and organized work area in a fast-paced work environment.

Skills

- Adaptable and Flexible
- Able to Follow Instructions
- Desire to Learn
- Time Management
- Interested in Helping Others
- Interpersonal Communications

Professional Experience

Family Restaurant – Tommy T's, Sacramento, CA

2013-2014

Dishwasher

- Washed dishes, glassware, flatware, pots, or pans, using dishwashers or by hand. Maintained kitchen work areas, equipment, or utensils in clean and orderly condition.
- Placed clean dishes, utensils, or cooking equipment in storage areas. Sorted and removed trash, placing it in designated pickup areas. Swept or scrubbed floors.
- Stocked supplies, such as food or utensils, in serving stations, cupboards, refrigerators, or salad bars.

Additional Experience

Private Family, Oakland, CA

Present

Home Health Care Aid

- Provided patients with help moving in and out of beds, baths, wheelchairs, or automobiles and with dressing and grooming.
- Cared for patients by changed bed linens, washed and ironed laundry, cleaned, or assisted with their personal care.
- Entertained, conversed with, or read aloud to patients to keep them mentally healthy and alerted.
- Planned, purchased, prepared, or served meals to patients or other family members, according to prescribed diets.
- Performed a variety of duties as requested by client, such as obtaining household supplies or running errands.
- Accompanied clients to doctors' offices or on other trips outside the home, provided transportation, assistance, and companionship.

Education

North Salinas High School, Salinas, CA

Completed 3 years of high school. Excelled in History and English courses.