

Jade Gibson

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GRILL
LINE
PREP
CONCESSION
BUSSEK

SUMMARY OF QUALIFICATIONS

- Displays teamwork in a work setting
- Demonstrated skills in multitasking in a fast paced environment
- Designed and developed products.

EXPERIENCE

Chef/Cook

Convention Center, Los Angeles, CA

March 2018 -Present

- Arranged dishes for clients with special dietary or cultural requests.
- Executing on the amount of food to be served; size of proportions made
- Maintaining the correct level of fresh, frozen, and dried food in the store room

Pastry Chef/Cook

The Forum, Inglewood, CA

December 2017-Present

- Designed and illustrated family oriented menu items.
- Prepared and baked 100+ desserts, up to 3 times an hour
- Maintained and organized five workspaces every hour according to local restaurant codes
- Assisting in the basic preparation of food under the supervision of the Head Chef

Cashier/Clerk/Chef

Acrobat Outsourcing

November 2017-December 2018

- Handled customer inquiry; balance cash draw and close
- Reviewed back up inventory ordering and self-stocking
- Prepped and planned high quality table ware across the restaurant

EDUCATION

Business Administration

Los Angeles Harbor College, Wilmington, CA

August 2017- Present

- This unique program provides students with concept theory and full-production practical experience. Upon completion of the program, students can begin their culinary careers as

cooks in restaurants, catering companies, hotels, schools, hospitals & institutions or as purchasing agents, food sales representatives or consultants.

- Chef training provides students with the opportunity to develop their skills in a real-time environment.
- Earning an Associate Science Degree in Culinary Arts to prepare for a career in the rapidly expanding Hospitality & Foodservice Industry.
- Relevant courses include: *Food Fabrication, Purchasing and California State required Servsafe Certification in sanitation & Food Handling.*

SKILLS

- Strong analytical skills with high attention to detail
- Adaptable and resilient interpersonal skills

Multiple Choice Test (1 point each)

- B 1) How much time should you take to wash your hands with soap?
- a) 1 minute
 - ☒ b) 20 seconds
 - c) Time does not matter, water temperature does
 - d) 5 minutes
- C 2) The recommended temperature for your refrigerator is...
- a) 45°F
 - b) 50°F
 - c) 40°F
 - d) 20°F
- D 3) Food handlers must always wash their hands
- a) Before starting work
 - b) Switching between handling raw and ready-to-eat food
 - c) After going to the restrooms
 - ☒ d) All of the above
- B 4) The most important reason for having food handlers wear hair restraints is to
- a) Prevent food from getting into food handlers' hair
 - ☒ b) Prevent food handlers from contaminating their hands by touching their hair
 - c) Keep the food handlers' hair in place
 - d) None of the above
- C 5) Which of these conditions requires immediate corrective action?
- a) Packaged food items are stored at least 6 inches above the floor.
 - b) Ice is being used to cool beef stew in a shallow pan
 - c) Raw meats are stored on a shelf above ready-to-eat egg salad in the walk-in cooler
 - d) Raw fish is stored above raw chicken in the walk-in freezer
- C 6) Bacteria grow best in the temperature "danger zone" which includes temperatures between?
- a) 0°F and 100°F
 - b) 32°F and 220°F
 - ☒ c) 41°F and 135°F
 - d) 39°F and 178°F
- D 7) After cutting raw chicken, what should be done before the cutting board is used for slicing onions for salad?
- a) Clean the cutting board with a wet wiping cloth
 - b) Turn the board over and use the other side
 - c) Rinse the board with running water
 - d) Wash, rinse, and sanitize the board prior to slicing the onions
- D 8) Which of the following is NOT an approved method to thaw potentially hazardous foods?
- a) In a microwave oven
 - b) During the cooking process
 - c) Under cool running water
 - d) On a clean counter, at room temperature
- A 9) Wiping cloths stored submerged in a bucket of sanitizing solution are for:
- ☒ a) Wiping spills only
 - b) Washing hands if the hand sinks are too far away
 - c) Sanitizing the blade of utensils such as knives
 - d) Maintaining moisture on the wiping cloth

Grill Cooks Test

- E 10) Food-handling gloves must be changed frequently and also:
- a) After handling garbage
 - b) After every break
 - c) After picking things up off the floor
 - d) Between handling raw and cooked foods
 - ☒ e) All of the above
- C 11) A Julienne is:
- a) to cut food into 1 inch X 1 inch cubes
 - b) A cooking method using high heat
 - ☒ c) To cut food into 1/8 X 1/8 slices
 - d) A rough cutting method producing oblong shapes
- D 12) A gallon is equal to _____ ounces
- a) 56
 - b) 145
 - c) 32
 - ☒ d) 128
- B 13) How many cups are in a quart?
- a) 2
 - ☒ b) 4
 - c) 6
 - d) 8
- A 14) A Chiffonade is:
- a) To slice an herb or leafy vegetable into thin ribbons
 - b) To de bone a fish
 - c) Another name for parchment paper
 - d) To cook food in liquid, or at just below the boiling point
- B 15) Potentially hazardous hot foods must be maintained at an internal temperature of _____ or higher to be safe
- a) 145° F
 - b) 135° F
 - c) 160° F
 - d) 180° F
- C 16) Which of the following explains the process of poaching?
- a) Poke poultry on the thickest part in order to make sure it's tender
 - b) To cook food in an oven that has reached 350° F
 - c) Cook gently in water that is hot but not boiling (160°-180°)
 - d) Submerge protein in boiling liquid to speed cooking time
- C 17) If a recipe calls for 16oz of mirepoix, how many ounces of onion, celery, and carrots do you need?
- a) 8 oz of celery, 4 oz of onion, 4 oz of carrot
 - b) 4 oz of celery, 8 oz of carrot, 4 oz of onion
 - ☒ c) 4 oz of celery, 8 oz of onion, 4 oz of carrot
 - d) 2 oz of celery, 10 oz of carrot, 2 oz of onion
- C 18) Which of the following best describes braising?
- a) To cook quickly in a pan on top of the stove until food is browned
 - b) Process through which natural sugars in food become browned and flavorful while cooking
 - ☒ c) Cooking method by which food is browned in fat, then cooked, tightly covered, in liquid at low heat
 - d) To plunge food into boiling water briefly, then into cold water to stop the cooking process

Grill Cooks Test

B

19) Which of the following best describes the process of Caramelization?

- a) To cook quickly in a pan on top of the stove until food is browned
- ☒ b) Process through which natural sugars in food become browned and flavorful while cooking
- c) Cooking method by which food is browned in fat, then cooked, tightly covered, in liquid at low heat
- d) To plunge food into boiling water briefly, then into cold water to stop the cooking process

C

20) What temperature should chicken be cooked to?

- a) 145°F
- b) 155°F
- ☒ c) 165°F
- d) 175°F

B

21) What temperature should ALL ground meat be cooked to?

- a) 145°F
- ☒ b) 155°F
- c) 165°F
- d) 175°F

A

22) What temperature should fish be cooked to?

- ☒ a) 145°F
- b) 155°F
- c) 165°F
- d) 175°F

23) What is a roux and what is it used for? (2 points)

Flour and butter to make a roux

24) What is the process of making clarified butter, and why is clarified butter used? (3 points)

melting butter and skimming the milk solid from the top

25) What are the 5 mother sauces? (5 points)

1. Demi glaze BROWN
2. BECHAMEL
3. TOMATO
4. VELUTE
5. HOLLANDAISE

26) What does it mean to season a grill and why is this process important? (3 points)

oil the grill to keep from rusting

27) What are the ingredients in Hollandaise sauce? (5 points)

eggs, clarified butter, lemon, salt

