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## ERIC BALLEW

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Topanga, Ca  
90290

### Profile

Hard working individual able to provide exceptional customer service by going above and beyond expectations. Strong problem solving, troubleshooting and analytical skills. Patient, sincere and outgoing personality.

### Experience

Culinary Supervisor, Legends, Los Angeles, Ca — 2017-Present

Make sure staff is following company procedures as well as health and sanitation procedures. Oversee multiple concession stands at any given time. Train staff on any problems or concerns that may occur.

Culinary Supervisor / Floor Supervisor, Dodgers Stadium, Ca — 2016-Present

Oversee multiple concession stands at any given time. Check in staff and open all POS systems. Make sure product is up to company and health standards. Check inventory and replenish any product that is low. Audit cash registers and assist with any problems or concerns that occur within the stands. Close out stands at the end of shift.

Cook, SES Event Staffing, Pasadena, Ca — 2016 - Present

Work in many kitchen environments and assist when needed. Prepare and cook lunch and dinner items for production lines. Work in catering type environments.

Store Manager, The Cleaners, Van Nuys, Ca — 2016-2017

Count till in register at beginning and end of every shift. Maintain a greatly organized and clean work environment. Open and close store at every shift. Assist with customer concerns and questions.

### Education

Musicians Institute College of contemporary music - 2012

Associates Of Arts - AA Degree

Pierce College - 2012

General Education

Birmingham Senior High - 2010

High School Diploma

### Skills

Strong problem solving and analytical skills. POS system and cash register skills. Product management skills. Strong people skills. Strong mathematical skills.

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**Multiple Choice** (1 point each)

D

1) A gallon is equal to \_\_\_\_ ounces

- a. 56
- b. 145
- c. 32
- d. 128

C

2) Mesclun are what type of vegetable?

- a. Roots
- b. Beans
- c. Salad Greens
- d. Spices

C

3) What does the term braise mean?

- a. Seal quickly on both sides
- b. Slowly cook in covered pan with little liquid
- c. Cook on high heat and quickly
- d. Slowly cook in simmering water

B

4) At what internal temperature must chicken be cooked so that it is safe to eat?

- a. 155 degrees F
- b. 165 degrees F
- c. 175 degrees F
- d. 185 degrees F

A

5) How do you blanche vegetables?

- a. Immerse for a short time in boiling water
- b. Cook lightly in butter over med heat
- c. Soak in cold water overnight
- d. Rub with salt before cooking

D

6) Which of the following ingredients would you pack before measuring?

- a. Olive Oil
- b. Salt
- c. Brown Sugar
- d. White Sugar

A

7) What is Al Dente?

- a. Firm but not hard
- b. Soft to the touch
- c. Very hard
- d. Very soft

C

8) Food should be left out no more than

- a. 2 hours
- b. 3 hours
- c. 4 hours
- d. 5 hours

## Prep Cooks Test

C 9) Which is the improper way to thaw frozen food?

- a. In the fridge
- b. In a sink with cold water
- c. On the counter
- d. In the microwave

A 10) Which of the following can you use to put out a grease fire?

- a. Baking Soda
- b. Baking Powder
- c. Flour
- d. Water

B 11) What is the temperature range of the danger zone?

- a. 25-135
- b. 40-140
- c. 50-160
- d. 30-130

D 12) Which of the following is listed from smallest to largest?

- a. Dice, chop, mince
- b. Mince, chop, dice
- c. Chop, dice, Mince
- d. Mince, dice, chop

C 13) Which direction should pan handles be turned while cooking on the stove?

- a. Over the fire at all times
- b. Turned towards you for better control
- c. Turned towards the right or left at all times
- d. Over the countertop at all times

C 14) When you poach something, you cook it with what?

- a. Noodles
- b. Vegetables
- c. Liquid
- d. Oil

C 15) Which spoon is used to remove fat from soups and stews?

- a. Basting Spoon
- b. Ladle
- c. Slotted Spoon
- d. Portion Spoon

B 16) Which of the following means to cook in a small amount of fat?

- a. Season
- b. Sauté
- c. Broil
- d. Boil
- e. Fry

A

17) What is a Julien cut?

- a. Food cut into long thin strips, matchstick
- b. Food cut into long thin strips then turned and cut into a 1/8' dice
- c. Food diced into finely chopped and uniform pieces
- d. Cutting and peeling into oblong seven sided football like shapes

A

18) To cook a food in a pan without browning over low heat until the item softens and releases moisture.

- a. Sweat
- b. Boil
- c. Roast
- d. Grill

**Fill-in the Blank** (1 point each)

19) Salt & Pepper are the basic seasoning ingredients for all savory recipes.

20) Mince: to cut into very small pieces when uniformity of size and shape is not important.

