

## **Heidy Ruano de Oliva**

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### **OBJECTIVE:**

Goal oriented individual who is seeking an opportunity to grow personally and professionally with a company that will utilize my skills and abilities.

### **SKILLS:**

- Great janitorial skills
- Ability to collaborate in a team and independently
- Organizational and communication skills
- Ability to follow & ensure safety policies
- Ability to work in a fast paced environment
- Fluent in Spanish
- Punctual

### **EXPERIENCE:**

#### **Janitor**

- Ensure that lab cleanliness and safety standards are maintained
- Assisted with deep cleaning of warehouse
- Applied different cleaning chemicals in designated areas
- Provided carpet cleaning, vacuuming, floor care, trash removal and restroom cleaning
- Followed directions from supervisors to adhere to a rotation schedule of assigned quadrants

#### **Trimming**

- Conduct routine and non-routine analyses of in-process materials, raw materials, environmental samples and finished goods
- Perform visual inspections of finished products
- Package, scanned, and ticketed specific clothing merchandize
- Categorized merchandize by size

### **WORK EXPERIENCE:**

Able Services—Montebello, CA

Jun. 2017- Present

Staffing Agency—Los Angeles, CA  
Trimming Associate

May 25, 2017- Present

**REFERENCES UPON REQUEST**

**Dishwasher Test**

**Score / 10**

- C 1) After washing your hands, which item should be used to dry them?
- a) Clean apron
  - b) Sanitized wiping cloth
  - c) Single use paper towel
  - d) Common used cloth
- A 2) While washing dishes by hand, which item should you wear?
- a) Cutting glove
  - b) Oven Mitt
  - c) Rubber glove
  - d) Nothing
- A 3) When should you wash your hands?
- a) Before you start work
  - b) After handling non-food items (garbage, money, cleaning chemicals)
  - c) After using the restroom
  - d) All of the above
- A 4) If you need to move a heavy load, you should PULL and not PUSH the object.
- a) True
  - b) False
- C 5) Which of the following could you be at risk for getting burned from?
- a) Steam from boiling pots
  - b) Hot liquids (coffee, soup, tea)
  - c) Hot equipment (ovens, pots, chaffing dishes)
  - d) Harsh chemicals
  - e) All of the above
- A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
- a) True
  - b) False
- A 7) What should you do if you spill liquids or see a liquid spill?
- a) Leave it for someone else to clean-up
  - b) Wait until the end of your shift to clean it
  - c) Flag the spill and clean it immediately
  - d) Not sure
- C 8) When handling hot items you should?
- a) Wear rubber gloves
  - b) No need to wear anything
  - c) Use an oven mitt or dry cloth towel
  - d) Nothing
- C 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
- a) Rinsing
  - b) Scraping
  - c) Washing
  - d) Sanitizing
- C 10) What is the proper method for cleaning and sanitizing stationary equipment?
- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
  - b) Spray with a sanitizing solution, then rinse with clean water and dry
  - c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
  - d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution