

**Heidy Ruano de Oliva**  
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**OBJECTIVE:**

Goal oriented individual who is seeking an opportunity to grow personally and professionally with a company that will utilize my skills and abilities.

**SKILLS:**

- Great janitorial skills
- Ability to collaborate in a team and independently
- Organizational and communication skills
- Ability to follow & ensure safety policies
- Ability to work in a fast paced environment
- Fluent in Spanish
- Punctual

**EXPERIENCE:**

Janitor

- Ensure that lab cleanliness and safety standards are maintained
- Assisted with deep cleaning of warehouse
- Applied different cleaning chemicals in designated areas
- Provided carpet cleaning, vacuuming, floor care, trash removal and restroom cleaning
- Followed directions from supervisors to adhere to a rotation schedule of assigned quadrants

Trimming

- Conduct routine and non-routine analyses of in-process materials, raw materials, environmental samples and finished goods
- Perform visual inspections of finished products
- Package, scanned, and ticketed specific clothing merchandize
- Categorized merchandize by size

**WORK EXPERIENCE:**

Able Services—Montebello, CA

Jun. 2017- Present

Staffing Agency—Los Angeles, CA

May 25, 2017- Present

Trimming Associate

REFERENCES UPON REQUEST

**Dishwasher Test**

**Score / 10**

C

1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

A

2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

A

3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

A

4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

C

5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chafing dishes)
- d) Harsh chemicals
- e) All of the above

A

6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

A

7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

C

8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or dry cloth towel
- d) Nothing

C

9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

C

10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution