

Alize Shannon

Houston, TX
shannonalize18@gmail.com

Work Experience

Food Service Worker

Acrobat Outsourcing - Houston, TX
January 2018 to Present

Part time position at a temporary service. Serving food to customers.

Server/Host

MOD Pizza - Houston, TX
February 2018 to April 2019

Serving food to customers, greet customers with a positive attitude.

Dishwasher/Busser

Red Robin - Houston, TX
October 2018 to March 2019

Education

High school or equivalent

Sterling High School - Houston, TX
June 2017

Skills

Host, Busser, Food Service

Certifications/Licenses

Food Handler

October 2018

Multiple Choice (1 point each)

d 1) A gallon is equal to ____ounces
a. 56
b. 145
c. 32
d. 128

C 2) Mesclun are what type of vegetable?
a. Roots
b. Beans
c. Salad Greens
d. Spices

b 3) What does the term braise mean?
a. Sear quickly on both sides
b. Slowly cook in covered pan with little liquid.
c. Cook on high heat and quickly
d. Slowly cook in simmering water

B 4) At what internal temperature must chicken be cooked so that it is safe to eat?
a. 155 degrees F
b. 165 degrees F
c. 175 degrees F
d. 185 degrees F

A 5) How do you blanche vegetables?
a. Immerse for a short time in boiling water
b. Cook lightly in butter over med heat
c. Soak in cold water overnight
d. Rub with salt before cooking

C 6) Which of the following ingredients would you pack before measuring?
a. Olive Oil
b. Salt
c. Brown Sugar
d. White Sugar

A 7) What is Al Dente?
a. Firm but not hard
b. Soft to the touch
c. Very hard
d. Very soft

a 8) Food should be left out no more than
a. 2 hours.
b. 3 hours
c. 4 hours
d. 5 hours

Prep Cooks Test

D

9) Which is the improper way to thaw frozen food?

- In the fridge
- In a sink with cold water.
- On the counter
- In the microwave

C

10) Which of the following can you use to put out a grease fire?

- Baking Soda
- Baking Powder
- Flour
- Water

b

11) What is the temperature range of the danger zone?

- 25-135
- 40-140
- 50-160
- 30-130

D

12) Which of the following is listed from smallest to largest?

- Dice, chop, mince
- Mince, chop, dice
- Chop, dice. Mince
- Mince, dice, chop

C

13) Which direction should pan handles be turned while cooking on the stove?

- Over the fire at all times
- Turned towards you for better control
- Turned towards the right or left at all times
- Over the countertop at all times

C

14) When you poach something, you cook it with what?

- Noodles
- Vegetables
- Liquid
- Oil

B

15) Which spoon is used to remove fat from soups and stews?

- Basting Spoon
- Ladle
- Slotted Spoon
- Portion Spoon

B

16) Which of the following means to cook in a small amount of fat?

- Season
- Sauté
- Broil
- Boil
- Fry