

CALVIN WHITING



CALVINWHITING28@GMAIL.COM



(310) 999-4092

OBJECTIVE

To continue my career with an organization that will use my skills to help mutual growth and success.

SKILLS

Communication.

Ability to Work Under Pressure.

Decision Making.

Time Management.

Self-motivation.

Conflict Resolution.

EXPERIENCE

ALWAYS LOGISTICS

2013-2017

- Determine order requirements by obtaining work orders, using the warehouse pick slot location identification system, including reading labels.
- Load/Unload transportation vehicles stacking and securing materials.
- Maintains inventory and shipping records by completing logs.
- Maintains safe and clean work environment by following standards and procedures following legal regulations.
- Office/patient exam room/conference room, etc. cleaning.
- Select work orders and follow through with them by using a forklift or cherry picker to select inventory
- Worked in a fast production environment- hit daily production quotas.
- Checked pallets for any damage to ensure they were ready for shipping

EDUCATION

DIPLOMA
L.A.C.O.E

Dishwasher Test

90%

C 1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

C 2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

D 3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

B 4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

E 5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chafing dishes)
- d) Harsh chemicals
- e) All of the above

A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

C 7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

C 8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or dry cloth towel
- d) Nothing

A 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

A 10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution