

Sheldon Quamina

Wilmington, CA 90744

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213-884-5031

Work Experience

Janitor and Cleaner

Luxury Shuttle Group - Los Angeles, CA

January 2014 to Present

Address problems and request by transmitting information or providing solutions. Receive and take orders, experience with solvents and buffing waxing floor and all cleaning materials.

Transporter

Quality ADHC, Inc. - Long Beach, CA

August 2010 to December 2013

Transport patients by assisting patients in and out of taxis, ambulances, cars, and company van. Lifting patients on and off beds; moving them to and from special service and treatment areas, and operating rooms; using wheelchairs or movable beds.

Education

Diploma

Los Angeles High School

Skills

Driver (10+ years), Forklift Operator (2 years), Inventory Control (10+ years), Customer Relations (10+ years), Janitor/Floor tech (3 years)

Certifications/Licenses

Forklift Certified

February 2016 to February 2018

Additional Information

Professional dedicated to providing the highest quality of work with taking the initiative in learning a new job. Dependable, & Ability to work well unsupervised. Reference available upon request.

Dishwasher Test

1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chafing dishes)
- d) Harsh chemicals
- e) All of the above

6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or dry cloth towel
- d) Nothing

9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution