

Prep Cooks Test

Score 7 / 20

Multiple Choice (1 point each)

1) A gallon is equal to _____ ounces

a. 56

b. 145

c. 32

d. 128

2) Mesclun are what type of vegetable?

a. Roots

b. Beans

c. Salad Greens

d. Spices

3) What does the term braise mean?

a. Sear quickly on both sides

b. Slowly cook in covered pan with little liquid

c. Cook on high heat and quickly

d. Slowly cook in simmering water

4) At what internal temperature must chicken be cooked so that it is safe to eat?

a. 155 degrees F

b. 165 degrees F

c. 175 degrees F

d. 185 degrees F

5) How do you blanch vegetables?

a. Immerse for a short time in boiling water

b. Cook lightly in butter over med heat

c. Soak in cold water overnight

d. Rub with salt before cooking

6) Which of the following ingredients would you pack before measuring?

a. Olive Oil

b. Salt

c. Brown Sugar

d. White Sugar

7) What is Al Dente?

a. Firm but not hard

b. Soft to the touch

c. Very hard

d. Very soft

8) Food should be left out no more than

a. 2 hours

b. 3 hours

c. 4 hours

d. 5 hours

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9) Which is the improper way to thaw frozen food?

- a. In the fridge
- b. In a sink with cold water
- c. On the counter
- d. In the microwave

10) Which of the following can you use to put out a grease fire?

- a. Baking Soda
- b. Baking Powder
- c. Flour
- d. Water

11) What is the temperature range of the danger zone?

- a. 25-135
- b. 40-140
- c. 50-160
- d. 30-130

12) Which of the following is listed from smallest to largest?

- a. Dice, chop, mince
- b. Mince, chop, dice
- c. Chop, dice, Mince
- d. Mince, dice, chop

13) Which direction should pan handles be turned while cooking on the stove?

- a. Over the fire at all times
- b. Turned towards you for better control
- c. Turned towards the right or left at all times
- d. Over the countertop at all times

14) When you poach something, you cook it with what?

- a. Noodles
- b. Vegetables
- c. Liquid
- d. Oil

15) Which spoon is used to remove fat from soups and stews

- a. Basting Spoon
- b. Ladle
- c. Slotted Spoon
- d. Portion Spoon

16) Which of the following means to cook in a small amount of fat?

- a. Season
- b. Sauté
- c. Broil
- d. Boil
- e. Fry

Prep Cooks Test

17) What is a Julien cut?

- a. Food cut into long thin strips, matchstick
- b. Food cut into long thin strips then turned and cut into a 1/8" dice
- c. Food diced into finely chopped and uniform pieces
- d. Cutting and peeling into oblong seven sided football like shapes

18) To cook a food in a pan without browning over low heat until the item softens and releases moisture.

- a. Sweat
- b. Boil
- c. Roast
- d. Grill

Fill-in the Blank (1 point each)

19) Salty & Spicy are the basic seasoning ingredients for all savory recipes.

20) Mince : to cut into very small pieces when uniformity of size and shape is not important.

Interview Note Sheet

Applicant Information	
Name:	Jason Webb
Date:	2/26/19
Position (s) Applied for:	thrup Cost.
Referred by:	CL
Rate of Pay:	
Interviewer:	Anthony W.

Test Scores			
Server	/35	%	Bartender
Prep Cook	17 /15	%	Barista
Grill Cook	/40	%	Cashier
Dishwasher	/10	%	Housekeeping
			/16

Seeking:	Full-Time	Part-Time
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Relevant Experience & Summary of Strengths	
Jack in the Box - manager	Total of _____ in Food Service/Hospitality
Food & money experience -	
Veronica	

Transportation		Car	Public Transit	Carpool (Rider / Driver)
Regions Available to work:				
Kansas City,KS Overland Park,Kansas Kansas City,MO Independence,MO				
Certifications (if any)				
TIPS	Serv-Safe	LEAD	Other	Will Submit
Availability				
Open	AM only	PM only	Weekdays only	Weekends only
Details:				
Uniforms Owned:				
Bistro	Black Bistro	Tuxedo	1/2 Tuxedo	Black Vest
Chef Coat	Knives	Black Pants	Non-Slip Shoes	Bow Tie
Other: _____				
Would you recommend this applicant for Acrobat Academy?		Convention Candidate?		Other Languages Spoken:

Employment Application



Acrobat Outsourcing is an equal opportunity employer dedicated to non-discrimination in all employment practices. Acrobat Outsourcing selects the best qualified individual for the job based on job-related qualifications regardless of race, age (40+), color, religion, gender, national origin, ancestry, marital status, sexual orientation, disability or any other status protected by applicable law.

PLEASE PRINT

Full Name Jason M. Webb
 Home Telephone (816) 621-0471
 Present Address 10613 S 28th Terr Independence, Mo 64052
 Permanent Address, if different from present address: _____
 Email Address jmw55321@gmail.com

EMPLOYMENT DESIRED

Position applying for: Open
 Are you currently registered with any staffing and/or employment agencies? If so, please list _____
 Salary desired: _____

Are you applying for:
 Full-time work? Yes ☒ No _____
 Part-time work? Yes ☒ No _____
 Temporary work, e.g., summer or holiday work? Yes _____ No _____
 How did you find out about our open position? (Please check fill in proper name of source):
☐ Referral ☒ Name of Referral Large list
☐ Other Web Posting ☒ Other Source _____
 Could you work overtime, if necessary? Yes ☒ No _____
 If hired, on what date could you start working? _____

Please keep in mind that schedules and shifts may vary depending on position and season. Additionally, the hours may vary from week to week, depending on the company needs. Please list only the times/days you're available to work below.

SPECIFY HOURS AVAILABLE DAILY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	9 a.m.	9 a.m.	9 a.m.	9 a.m.	9 a.m.	9 a.m.	9 a.m.
PM	9 p.m.	9 p.m.	9 p.m.	9 p.m.	9 p.m.	9 p.m.	9 p.m.

Do you have any vacations or extended leaves planned in the next 12 months? If so, please list dates: Dr.'s Appointment March 2, 2019

PERSONAL INFORMATION

Have you ever applied to or worked for Acrobat Outsourcing before? Yes ☒ No _____
 If yes, when? _____
 Do you have friends or relatives working for Acrobat Outsourcing? Yes ☒ No _____
 If yes, please state name and relationship _____

If hired, would you have a reliable means of transportation to and from work? Yes ☒ No _____
 If hired, can you present evidence of your legal right to live and work in this country? Yes ☒ No _____
 State age if you are under 18 _____ If you are under 18, hire is subject to verification that you are of minimum legal age to work.
 Are you able to perform the essential functions of the job for which you are applying? Yes ☒ No _____

If no, describe the functions that cannot be performed. (Note: We comply with the ADA and consider reasonable accommodation measures that may be necessary for eligible applicants/employees to perform essential functions.)

Pursuant to any and all Fair Chance Ordinances, we will consider for employment qualified applicants with arrest and conviction records.

EDUCATION & SKILLS

NAME OF SCHOOL	Defense Information School Raytown South H.S.	CITY & STATE	Laurel, MD Raytown, MO
GRADE OR DEGREE	COMPLETED	COMMUNICATIONS	12
DID YOU GRADUATE?	YES	YES	YES
Do you have any special licenses, certificates or special training? If so please list under "Special."	YES	YES	YES
Are you computer literate? If so, list software knowledge under "Special."	YES	YES	YES
Are you proficient with Point of Sales Systems? If, so please list which ones under "Special."	YES	YES	YES
Do you have any other experience, training, qualifications or special skills, which you feel make you especially suited for work at Acrobat Outsourcing? If so, please list under "Special."	YES	YES	YES
Special: FOOD HANDLES CARS - WINDERS & MAC EFFICIENT - RAN POS & SET UP DAILY POS	GOOD PEOPLE SKILLS & DEALING WITH CUSTOMERS - HAVE HANDLED FOR OVER A YEAR		

EMPLOYMENT HISTORY

List below all present and past employment starting with your most recent employer (last 10 years is sufficient). Account for unemployment periods of three months or more.

Are you currently employed? Yes ☒ No ☐

If so, may we contact your current employer? Yes ☐ No ☐

Name and Address of Employer: Acrobat

Reason for Leaving: Job in The Box

Dates of Employment: From Aug 18 To Jan 19

Your Position and Duties: LEAD TEAM, ASSIST IN KITCHEN, INVENTORY, HANDLED MONEY & DEPOSITS

Type of Business: FAST FOOD

Telephone No. (816) 226-4518

Supervisor's Name: MANAGER - RAN DAY TO DAY BUSINESS & FOLLOWED COMPANY RULES

Name and Address of Employer: Crossmark

Reason for Leaving: POOR & ABUSIVE UPPER MANAGEMENT

Dates of Employment: From Oct 2010 To Apr 2014

Your Position and Duties: Team Lead - SET UP CARTS & AREAS FOR THE REST OF TEAM

Type of Business: Food Sampling

Telephone No. (469) 814-1000

Supervisor's Name: Anita Brescoe

Name and Address of Employer: D.I.G. 907 Jefferson Ave Rockledge, FL 32955

Reason for Leaving: FAMILY

Dates of Employment: From Oct 2010 To Apr 2014

Your Position and Duties: Test Temperatures & procedures, Training

Type of Business: Food Sampling

Telephone No. (469) 814-1000

Supervisor's Name: Anita Brescoe

Type of Business _____
Your Position and Duties _____
Telephone No. () _____
Supervisor's Name _____

Dates of Employment: From _____ To _____
Reason for Leaving: _____

Name and Address of Employer _____

Type of Business _____
Your Position and Duties _____
Telephone No. () _____
Supervisor's Name _____

Dates of Employment: From _____ To _____

Reason for Leaving: _____

Have you ever been fired from any previous place of employment? If so, please explain: No

MILITARY SERVICE

Have you obtained any special skills or abilities as the result of service in the military? _____

Yes ☒ No ☐

JOB RELATED REFERENCES

List below three persons not related to you who have knowledge of your work performance within the last three years.

Name: Andrea Thomas

Address: 1524 E. 24th St El Segundo, Ca 90227

Occupation: Secretary Relationship: Friend Number of Years Acquainted: 10

Name: Mike Tompkins

Address: 1225 Woodson Ave Raytown, Mo 64455

Occupation: Communications Mgr Relationship: Friend Number of Years Acquainted: 20

Name: _____

Address: _____

Occupation: _____ Relationship: _____ Number of Years Acquainted: _____

Please Read Carefully, Initial Each Paragraph and Sign Below

I hereby certify that I have not knowingly withheld any information that might adversely affect my chances for employment and that the answers given by me are true and correct to the best of my knowledge. I further certify that I, the undersigned applicant, have personally completed this application. I understand that any omission or misstatement of material facts on this application or on any document used to secure employment shall be grounds for rejection of this application or for immediate discharge if I am employed, regardless of the time elapsed before discovery.

I hereby authorize Acrobat Outsourcing to thoroughly investigate my references, work record, education and other matters related to my suitability for employment and, further, authorize the references I have listed to disclose to the company any and all letters, reports and other information related to my work records, without giving me prior notice of such disclosure. In addition, I hereby release the company, my former employers and all other persons, corporations, partnerships and associations from any and all claims, demands or liabilities arising out of or in any way related to such investigation or disclosure.

I hereby authorize Acrobat Outsourcing and its authorized representatives to solicit information regarding my background, which may include but not be limited to, information about my employment, education, and/or criminal history, which may be in the files of any federal, state, or local criminal justice and law enforcement agency and general public records history.

I understand that if selected for hire, it will be necessary for me to provide satisfactory evidence of my identity and legal authority to work in the United States, and that federal immigration laws require me to complete an I-9 form in this regard within three days of my hire date.

Acrobat Outsourcing is an at-will employer. I understand that nothing contained in the application, or conveyed during any interview, which may be granted or during my employment, if hired, is intended to create an employment contract between me and the company. In addition, I understand and agree that if I am employed, my employment is for no definite or determinable period and may be terminated at any time, with or without prior notice, with or without cause, at the option of either myself or the company, and that no promises or representations contrary to the foregoing are binding on the company unless made in writing and signed by me and the company's designated representative.

I hereby acknowledge that I have read and understand the above statements.

Applicant's Signature 

Date 9-26-19

First and Last Name: Jason WERB
Email: jmw66321@gmail.com
Phone number: 816 627 0471

Working Experience:

Company Name: Jack in the Box
Dates of Employment: Aug 2018 - Jan 2019
Job Responsibility: Manager

- Look & Prepare food
- Test food temps & area temperatures
- Follows daily plan from HQ
- Count daily monies

Company Name: Crossmark
Dates of Employment: April 2015 - July 2018
Job Responsibility: Team Leader

- Prep team for days activities
- Test & evaluate team members
- Serve customers & explain food samples
- Liaison to customers

Company Name: D.I.G.
Dates of Employment: Oct 2010 - April 2014
Job Responsibility: Owner

- Run a digital graphics & communications company
- Manage a team of three employees
- Pay wages & manage taxes
- Edit/shoot digital images for post production

Skills

- Management
- Good team skills
- Excellent cook
- Follows food rules & guidelines