

JOSHUA GIBSON

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OBJECTIVE

Determined, hardworking and consistent Kinesiology graduate striving for excellence to become the best version of himself, while seeking an opportunity to help an organization fulfill its mission statement.

SKILLS

Rehabilitation & Corrective Exercise - Customer Service - CPR & First Aid
Proficient in Microsoft Office Suite - Punctuality – Effective Communication
Social Perceptiveness - Conflict Resolution - Professionalism - Team Oriented

EDUCATION

William Jessup University, Rocklin, CA

Bachelor of Science degree, (B.S.), Kinesiology

Proficient Graduate in: *Anatomy, Physiology, Medical Terminology, Nutrition, Exercise Science, Exercise Physiology, Biomechanics*

EXPERIENCE

Self employed Health Coach

Nutrition Consultant

Educating my clients on holistic fitness and developing nutrition and exercise programs for them.

Orangevale, California

August 2017- Present

Sacramento River Cats

Grounds Crew Member

Responsible for communicating with crew members to ensure field maintenance is preserved for all River Cat's home games using effective communication and conflict resolution.

Sacramento, California

April 2018 - August 2018

In-N-Out

Customer Service

Practice serving quality food with great customer service in a fast pace manner, while maintaining high standards of cleanliness throughout the restaurant.

Rocklin, California

October 2017 - August 2018

William Jessup University Athletics

Training Intern/Team Manager

Game/locker room preparation and management (home and away) for varsity men's basketball. Managed the use of wrap ice bags, ultrasound operation, observed assessments, and prepped the training room.

Rocklin, California

October 2015 - February 2018

Lincoln Potters Baseball Club

Student Athletic Trainer

Completed 170 hours of fieldwork with the club and observed treatment and rehabilitation practices.

Lincoln, California

June 2017- August 2017

Synertx Rehabilitation

Rehab Aide

Completed 300 hours in the physical therapy rehab room by assisting the elderly, overseeing patient exercises, all while maintaining the cleanliness of the therapy room.

West Covina, California

July 2016 - December 2016