

Therean Thompson II

3524 Carmona Ave., Los Angeles, CA 90016 | 323-330-7881 | ttherean@gmail.com

Objective

I am looking for a Full/Part-Time job. I am excited about my future and want to make a positive impact for my employer and clients.

Work Experience

MAINTENANCE TECH | VENICE COMMUNITY HOUSING-VENICE, CA | JUN. 2012-AUG. 2012

- Non-Profit Program training Maintenance Techs to perform basic housing repairs and construction for AmeriCorps program. Duties included painting dry wall, flooring/windows, electrician work and appliance installation.

FRONT DESK CLERK | GOLD'S GYM-ASHBURN, VA | JAN. 2012-MAY 2012

- Front Desk Clerk handling greeting/sign-ins, phones, applications, towels and facility clean-up. Other duties included product sales, stocking/organizing merchandise and customer service.

Volunteer Service

HANDYMAN | WESTSIDE FOOD BANK-SANTA MONICA, CA | JAN. 2012-FEB. 2012

- Organized and packaged food, warehouse work and painting.

HANDYMAN | HABITAT FOR HUMANITY, SOUTHGATE, CA | JAN. 2012-APR. 2012

- Construction worker and warehouse worker.

GENERAL LABOR | DEVINE DESIGN, BEVERLEY HILLS, CA | JAN. 2012-FEB. 2012

- Grand Opening Set-up; organizing clothes/ Pricing items and warehouse work.

Education

JOHN MUIR CHARTER HS- VENICE, CA- DIPLOMA/GRADUATED- 2013

References

JOEL FRANCIS, FRIEND/MENTOR- LOS ANGELES, CA-323-353-0241

Dishwasher Test

80%

C 1) After washing your hands, which item should be used to dry them?

- a) Clean apron
- b) Sanitized wiping cloth
- c) Single use paper towel
- d) Common used cloth

C 2) While washing dishes by hand, which item should you wear?

- a) Cutting glove
- b) Oven Mitt
- c) Rubber glove
- d) Nothing

d 3) When should you wash your hands?

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- d) All of the above

B 4) If you need to move a heavy load, you should PULL and not PUSH the object.

- a) True
- b) False

E 5) Which of the following could you be at risk for getting burned from?

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chafing dishes)
- d) Harsh chemicals
- e) All of the above

A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.

- a) True
- b) False

C 7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

C 8) When handling hot items you should?

- a) Wear rubber gloves
- b) No need to wear anything
- c) Use an oven mitt or dry cloth towel
- d) Reaching

C 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?

- a) Rinsing
- b) Scraping
- c) Washing
- d) Sanitizing

B 10) What is the proper method for cleaning and sanitizing stationary equipment?

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- b) Soak with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution