

925-683-4034
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- Over 20 years' experience cooking vegetarian and vegan cuisine
- Developed menus and prepared food for community dinners and events
- Prepared meals for youth theater and music group
- Cultivated culinary herbs for use in food preparation
- Cultivated greens and vegetables for farm to table

- Communication and customer service
- Knife skills chopping and preparing vegetables
- Experience frying, steaming, sautéing, baking, boiling for food preparation
- Fast learner, good listener, ability to follow recipes and take directions
- Good in measuring and calculating ingredients, good in math
- Work well under pressure with ability to improvise and problem solve

1990-2013 Cook
Civil Liberties Project Garberville, CA

- Preparing dinners for 20 to 100 attendees of community dinners

Recycled Youth Theater Group	Redway, CA
<ul style="list-style-type: none"> • Prepared dinners for actors, musicians, staff of 20 to 40 people • Prepared meals and food for after event cast parties of 20 to 50 people • Purchased ingredients, developed menu, directed assistants and prepared meals and oversaw meal service 	

Humboldt County Sheriff's Department Humboldt County, CA

- Prepared meals for community dinner for 200 attendees

South Fork High School Music Program	Miranda, CA
<ul style="list-style-type: none"> • Prepared dinners for 50 to 150 attendees of music and theater events • Planned menu, purchased food, prepared meals and oversaw the kitchen help and meal service 	

St. Vincent de Paul Society Eureka, CA

- Kitchen, cleaning, washing dishes, pots and pans, food preparation