

B

- 1) After washing your hands, which item should be used to dry them? X
- a) Clean apron
 - ☒ b) Sanitized wiping cloth
 - c) Single use paper towel
 - d) Common used cloth

C

- 2) While washing dishes by hand, which item should you wear? ✓

- a) Cutting glove
- b) Oven Mitt
- ☒ c) Rubber glove
- d) Nothing

D

- 3) When should you wash your hands? ✓

- a) Before you start work
- b) After handling non-food items (garbage, money, cleaning chemicals)
- c) After using the restroom
- ☒ d) All of the above

B

- 4) If you need to move a heavy load, you should PULL and not PUSH the object. ✓

- ☒ a) True
- ☐ b) False

E

- 5) Which of the following could you be at risk for getting burned from? ✓

- a) Steam from boiling pots
- b) Hot liquids (coffee, soup, tea)
- c) Hot equipment (ovens, pots, chaffing dishes)
- d) Harsh chemicals
- ☒ e) All of the above

A

- 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty. ✓

- ☒ a) True
- ☐ b) False

C

- 7) What should you do if you spill liquids or see a liquid spill? ✓

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- ☒ c) Flag the spill and clean it immediately
- d) Not sure

C

- 8) When handling hot items you should? ✓

- a) Wear rubber gloves
- b) No need to wear anything
- ☒ c) Use an oven mitt or dry cloth towel
- d) Nothing

C

- 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for? X

- a) Rinsing
- b) Scraping
- ☒ c) Washing
- d) Sanitizing

B

- 10) What is the proper method for cleaning and sanitizing stationary equipment? X

- a) Spray with a strong cleaning solution and wipe with a sanitized cloth
- ☒ b) Spray with a sanitizing solution, then rinse with clean water and dry
- c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
- d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution