

**Paul Abuan**  
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#### **PERSONAL SUMMARY**

Eager to take on new responsibilities and learn new skills. Seeking a position to gain stability and further experience myself in the culinary arts.

#### **SUMMARY OF QUALIFICATIONS**

- Certified ServSafe Food Handler
- Energetic, motivated, outgoing, patient and persistent
- Brings prior experience to benefit growth in new positions
- Great interpersonal skills and effective communication
- Works quickly and efficiently

#### **EDUCATION**

##### **California Culinary Academy**

- Specialty in Baking and Patisserie

Sept 2011- Jan 2013

##### **City College of San Francisco**

- General Education- Culinary Arts, Nutrition

Aug 2008- May 2011

#### **CULINARY EXPERIENCE**

##### **Flagship Inc @ Facebook, Menlo Park, CA - Bread Team Supervisor**

Apr 2018 - Aug 2019

- Morning paperwork;
  - Recipes
  - Distribution guides
  - Packing lists
  - Mixing lists
  - Inventory
  - Spreadsheet order guides
- Managed over 20 employees
- Helped create weekly menus
- Helped with research and development of various sweet and savory items.

##### **Flagship Inc @ Facebook, Menlo Park, CA – Baker**

Oct 2015 - Present

- Scale, shape and bake various doughs
- Viennoiserie
- Taught to use different types of mixers, ovens and other kitchen equipment
- Help write out weekly bread menus
- Knife work
- Prep a variety of ingredients
- Knowledge of different types of yeast, flour, sugars and grains

##### **Rn74, San Francisco, CA – Pastry Cook**

Oct 2013- Oct 2015

- Gained a broad knowledge of french techniques and hydrocolloids
- Work cleanly and efficiently
- Take inventory
- Knife work
- Plate over 75 different desserts
- Help create new dessert items
- Help prep savory foods
- Break down meats for staff meal
- Make various doughs
- Participate in off-site events & wine classes
- Lift up to 50+ pounds
- Deep break down and cleaning of the station
- Place orders

#### **WORK HISTORY**

##### **Flagship Inc at Facebook, Menlo Park, CA – Bread Supervisor**

Apr 2018 - August 2019

##### **Flagship Inc at Facebook, Menlo Park, CA – Baker**

Oct 2015 - Apr 2018

##### **Rn74, San Francisco, CA – Pastry Cook**

Oct 2013 - Oct 2015

##### **Campton Place Restaurant, San Francisco, CA – Pastry Cook**

Mar 2015 - Sept 2015

##### **Lark Creek Steak, San Francisco, CA – Pastry Cook**

Apr 2013 - July 2014

##### **One Market Restaurant, San Francisco, CA – Pastry Cook**

Jul 2013 - Oct 2013

##### **Masa's Restaurant, San Francisco, CA – Pastry Cook**

Jan 2013 - Feb 2013