

SHELTON P. LESSINGTON

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OBJECTIVE | To obtain an interesting position with a growing company, as a customer service, maintenance or warehousing clerk. I want to utilize my skills and knowledge within an organization offering opportunities for growth and advancement. I'm self-motivated , detail oriented, I adapt quickly to any environment, and able to work independently or with other team members.

EXPERIENCE | **SD&C Inc.** **Decatur, Georgia**
Construction Laborer **May 11,2018 to September 11,2019**

Loaded materials at office to be transported to specific job sites, helped to form concrete sidewalks with sub-contractors, graded top soil to be formed for construction of new sidewalks, controlled traffic incoming and outgoing to ensure safety of drivers and pedestrians, drove the company truck to various sites to pick up and deliver orders.

JCPenney **Forest Park, Georgia**
Warehouse Worker **July 2012 to August 2015**

Responsible for loading/unloading merchandise for the trucks, scanned in materials drove forklift to pick up and deliver orders within the warehouse, maintained and serviced equipment, made sure dock and warehouse area is clean at all times, labeled and stacked materials in warehouse.

Snapper Warehousing **Conyers, Georgia**
Warehouse Laborer **September 2007 to September 2009**

Responsible for loading and unloading of all merchandise or materials, maintained the docks and the cleanliness of the warehouse, scanned and labeled supplies, also maintained all servicing equipment.

Pearson Landscaping **Atlanta, Georgia**
Landscaper **October 2009 to December 2013**

Input information into the system, planted flowers, performed duties as assigned made calls to customers and provided information about orders, answered any questions pertaining to orders requested.

EDUCATION | Voorhees College Denmark, SC
1988-1991

References available upon request.

- B 1) After washing your hands, which item should be used to dry them?
a) Clean apron
b) Sanitized wiping cloth
c) Single use paper towel
d) Common used cloth
- C 2) While washing dishes by hand, which item should you wear?
a) Cutting glove
b) Oven Mitt
c) Rubber glove
d) Nothing
- D 3) When should you wash your hands?
a) Before you start work
b) After handling non-food items (garbage, money, cleaning chemicals)
c) After using the restroom
d) All of the above
- B 4) If you need to move a heavy load, you should PULL and not PUSH the object.
a) True
b) False
- E 5) Which of the following could you be at risk for getting burned from?
a) Steam from boiling pots
b) Hot liquids (coffee, soup, tea)
c) Hot equipment (ovens, pots, chaffing dishes)
d) Harsh chemicals
e) All of the above
- A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
a) True
b) False
- C 7) What should you do if you spill liquids or see a liquid spill?
a) Leave it for someone else to clean-up
b) Wait until the end of your shift to clean it
c) Flag the spill and clean it immediately
d) Not sure
- C 8) When handling hot items you should?
a) Wear rubber gloves
b) No need to wear anything
c) Use an oven mitt or dry cloth towel
d) Nothing
- A 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
a) Rinsing
b) Scraping
c) Washing
d) Sanitizing
- B 10) What is the proper method for cleaning and sanitizing stationary equipment?
a) Spray with a strong cleaning solution and wipe with a sanitized cloth
b) Spray with a sanitizing solution, then rinse with clean water and dry
c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution