

First and Last Name: MICHAEL MACMILLEN
Email: MICHAELMACMILLEN@gmail.com
Phone number: 949-289-0637

Working Experience:

Company Name: C.D.C.R.

Dates of Employment: 1998 - 2019

Job Responsibility: I WAS IN PRISON FOR

- 22 YEARS, I WORKED IN THE
- KITCHEN FOR A TOTAL OF 8 TO 10 YEARS
- AND, SERVED ABOUT 800 TO 1200 MEN
- (2) TIMES A DAY.

Company Name: _____

Dates of Employment: _____

Job Responsibility:

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Company Name: _____

Dates of Employment: _____

Job Responsibility:

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Skills

- MAINTENANCE
- PREP WORK
- DISH WASHING
- COOK
- SERVING / SETTING TABLES

Michael MacMillen

Mailing Address: 890 Hayes Street, San Francisco CA 94117 •
Email: MichaelMacMillen@gmail.com • Cell Phone: (949) 289-0637

Objective

To be a good Christian; to increase my trade skill set and never stop learning; to be of service when and where I can; to work hard to get my electricians licenses; to be a good family man; and to find a good company with good values.

Training Experience

National Center for Construction Education and Research (N.C.C.E.R), Certified and Accredited, Western Association of Schools and Colleges, Card #6943065.

• Cabinet Making	• Basic Communication Skills	• Hand & Power Tools
• Mill & Cabinet	• Basic Employment Skills	• Reading Plans & Elevations
• Intro, to Hand Tools	• Building Materials, Fasteners &	• Floor Systems
• Intro, to Power Tools	Adhesives	• Wall & Ceiling Framing
• Intro, to The N.E.C.	• Hand & Power Tools	• Roof Framing
• Intro, to Blueprints	• Electronics System Technician	• Basic Stair
Layout		
• Windows & Exterior Doors	• Employability Skills	• Basic Safety
• Intro, to Concrete & Reinforcing Materials	• Intro, to Construction Drawings	• Orientation
• OSHA Regulations	• Wood & Masonry Construction Methods	• Pathways & Spaces
• Employer Expectation	• Craft-Related Mathematics	• Your role in the Green Environment
• Electronical Theory	• Basic Knowledge of Pool Construction	• Intro, to the Trade
• Intro, to Materials Handling	• Low- Voltage Cabling	• Hand Bending of Conduit
• Concrete & Steel Construction Methods	• Basic Rigging	• Resistance Formulas
• Ohm's Law, Power, Voltage, the Current & Formulas	• DC Circuits	• Test Equipment
	• AC Circuits	• Apprenticed with
		Local 220 Roofer Union

C-Tech Certified

- Telecommunications Technologies
- Leviton Certified Installer

- Network Cabling Specialist, Copper Based

- Network Cabling, Fiber-Optic Based

E.T.A. Certified

- Customer Service Specialist, ICAC. CSS151794

Prevention & Intervention Certified

- Substance Abuse Counselor, CSAC I, ACAD# 246060
- Consequence Anticipation
- Relapse Prevention

- Stress Management
- Relationship Management
- Anger Management
- Effective Parenting Skills

- Communication Skills
- Violence Avoidance
- Recovery from Addiction
- Gang Prevention

Office & Safety Certified

- Office Services & Related Technologies - Level I

- Keyboarding I

- Shop and Safety

Professional Attributes

- Clean Driving Record
- CPR Trained & Certified

- Narcan Trained & Certified

Personal Attributes

- Hard Working • Team Player & Motivator • Studious • Well Motivated & Driven • Perceptive
- Dependable • Trustworthy & Honest • Approachable • Company Goal Orientated • Communicative
- Open, easy to work with & talk to • Ambitious • Self-Starter • Adaptable • Proactive • Responsible
- Candid • Achiever • Diplomatic • Fast & Efficient • Good Facilitator • Organized • Logical
- Personable • Driven • Self-Reliant • Results-Driven • Skilled • Sense of Humor • Family Oriented

Interests & Hobbies

Working; Family; Motorcycles; Old Cars; Fishing; Hunting; Mathematics; Reading History; Wood Working; to obtain my Master's Degree in Electronics.

Professional & Personal References

- ❖ Sam Janikowski, Electronics Systems Technician Instructor
Ironwood State Prison (State Certified Vocational Program)
Contact # (260) 921-3000 x7143
- ❖ Jeffers Dickey, Director
Urban Alchemy Park Stop (Non-Profit)
Contact # (415) 916-5676
- ❖ Sandie Shepard, Director of Operations
The MEND of California (State Licensed/Joint Commission Accredited)
Contact # (949) 220-4676

