

Acrobal

outsourcing

Your Hospitality Staffing Professionals
665 Third St., Suite 415 • San Francisco, CA 94107

First and Last Name: MICHAELS MACMILLEN
Email: MICHAELMACMILLEN@GMAIL.COM
Phone number: 949-289-0637

Working Experience:

Company Name: C.D.C.R.

Dates of Employment: 1998 - 2019

Job Responsibility: I WAS IN PRISON FOR

- 22 YEARS, I WORKED IN THE
- KITCHEN FOR A TOTAL OF 8 TO 10 YEARS
- AND, SERVED ABOUT 800 TO 1200 MEN
- (2) TIMES A DAY.

Company Name: _____

Dates of Employment: _____

Job Responsibility:

- -
- -
- -
- -

Company Name: _____

Dates of Employment: _____

Job Responsibility:

- -
- -
- -
- -

Skills

- ~~MAINTENANCE~~
- MAINTENANCE -
- PREP-WORK.
- DISH WASHING.
- COOK -
- SERVING / SETTING TABLES.

800.236.2276 • info@acrobatoutsourcing.com

Michael MacMillen

Mailing Address: 890 Hayes Street, San Francisco CA 94117 •
Email: MichaelMacMillen@gmail.com • Cell Phone: (949) 289-0637

Objective

To be a good Christian; to increase my trade skill set and never stop learning; to be of service when and where I can; to work hard to get my electricians licenses; to be a good family man; and to find a good company with good values.

Training Experience

National Center for Construction Education and Research (N.C.C.E.R), Certified and Accredited, Western Association of Schools and Colleges. Card #6943065.

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|---|---|--|
| <ul style="list-style-type: none">• Cabinet Making• Mill & Cabinet• Intro, to Hand Tools• Intro, to Power Tools• Intro, to The N.E.C.• Intro, to Blueprints | <ul style="list-style-type: none">• Basic Communication Skills• Basic Employment Skills• Building Materials, Fasteners & Adhesives• Hand & Power Tools• Electronics System Technician | <ul style="list-style-type: none">• Hand & Power Tools• Reading Plans & Elevations• Floor Systems• Wall & Ceiling Framing• Roof Framing<ul style="list-style-type: none">• Basic Stair |
| <p>Layout</p> <ul style="list-style-type: none">• Windows & Exterior Doors• Intro, to Concrete & Reinforcing Materials• OSHA Regulations• Employer Expectation• Electronical Theory• Intro, to Materials Handling• Concrete & Steel Construction Methods• Ohm's Law, Power, Voltage, the | <ul style="list-style-type: none">• Employability Skills• Intro, to Construction Drawings• Wood & Masonry Construction Methods• Craft-Related Mathematics• Basic Knowledge of Pool Construction• Low- Voltage Cabling• Basic Rigging<ul style="list-style-type: none">• DC Circuits• AC Circuits | <ul style="list-style-type: none">• Basic Safety• Orientation• Pathways & Spaces• Your role in the Green Environment• Intro, to the Trade• Hand Bending of Conduit• Resistance Formulas• Test Equipment<ul style="list-style-type: none">• Apprenticed with |
| <p>Current & Formulas</p> | | <p>Local 220 Roofer Union</p> |

C-Tech Certified

- | | | |
|---|--|--|
| <ul style="list-style-type: none">• Telecommunications Technologies• Leviton Certified Installer | <ul style="list-style-type: none">• Network Cabling Specialist, Copper Based | <ul style="list-style-type: none">• Network Cabling, Fiber-Optic Based |
|---|--|--|

E.T.A. Certified

- Customer Service Specialist, ICAC. CSS151794

Prevention & Intervention Certified

- | | | |
|---|---|---|
| <ul style="list-style-type: none">• Substance Abuse Counselor, CSAC I, ACAD# 246060• Consequence Anticipation• Relapse Prevention | <ul style="list-style-type: none">• Stress Management• Relationship Management• Anger Management• Effective Parenting Skills | <ul style="list-style-type: none">• Communication Skills• Violence Avoidance• Recovery from Addiction• Gang Prevention |
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Office & Safety Certified

- | | | |
|--|---|---|
| <ul style="list-style-type: none">• Office Services & Related Technologies - Level I | <ul style="list-style-type: none">• Keyboarding I | <ul style="list-style-type: none">• Shop and Safety |
|--|---|---|

Professional Attributes

- Clean Driving Record
- CPR Trained & Certified

- Narcan Trained & Certified

Personal Attributes

- Hard Working • Team Player & Motivator • Studious • Well Motivated & Driven • Perceptive
- Dependable • Trustworthy & Honest • Approachable • Company Goal Orientated • Communicative
- Open, easy to work with & talk to • Ambitious • Self-Starter • Adaptable • Proactive •

Responsible

- Candid • Achiever • Diplomatic • Fast & Efficient • Good Facilitator • Organized • Logical
- Personable • Driven • Self-Reliant • Results-Driven • Skilled • Sense of Humor • Family Oriented

Interests & Hobbies

Working; Family; Motorcycles; Old Cars; Fishing; Hunting; Mathematics; Reading History; Wood Working; to obtain my Master's Degree in Electronics.

Professional & Personal References

- ❖ Sam Janikowski, Electronics Systems Technician Instructor
Ironwood State Prison (State Certified Vocational Program)
Contact # (260) 921-3000 x7143
- ❖ Jeffers Dickey, Director
Urban Alchemy Park Stop (Non-Profit)
Contact # (415) 916-5676
- ❖ Sandie Shepard, Director of Operations
The MEND of California (State Licensed/Joint Commission Accredited)
Contact # (949) 220-4676

