

Deborah Forster
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Summary

Reliable individual enthusiastically handling array of tasks, including product processing and patient care. Dedicated and considerate professional available for any shift, including nights and weekends. Skilled in retaining information, adhering to guidelines to ensure safety for clients and associates and performing tasks in a timely manner.

Compassionate health care provider focused on providing comprehensive personal support to clients of special needs and those with various ailments. Prepared meals, cleaned spaces and documented behaviors. Effectively provided emotional and social support to promote overall wellness.

Skills

- Behavior redirection
- Community activities
- Client documentation
- Quality program protocols
- Knowledge of state regulations
- Exposure techniques
- Client safety and first aid
- Outpatient care
- Supervision
- Positive learning process
- Shipping and packaging
- Shipping and receiving
- Care planning
- Relationship development
- Data entry
- Patient care

Experience
May 2018-

Current
CSL Plasma Donation Center Dallas, TX Processing Technician

- Inspected, troubleshooted and calibrated equipment to achieve optimal performance.
- Collected, tested and submitted samples according to quality control standards.
- Maintained compliance with company standards and all required health and safety guidelines.
- Collected readings every 12 hours on status, temperature, flow rate and other points for documentation.
- Recorded production deviations in standardized charts to track trends and aid in production management.
- Installed, tested and serviced alarm systems, ensuring that they functioned correctly.
- Documented production updates to management on renewal progress, at-risk renewals and renewals forecast.

- Provided onsite training.

December 2016-

May 2018

Walmart Supercenter Desoto, TX Overnight Stocker

- Assisted customers based on currently available product, promotional and policy information.
- Prepared products for sales floor by adding tags and readying pallets or restocking.
- Reviewed current planograms and end cap placements to properly merchandise items.
- Checked shelves in the Health and Beauty department to ascertain which merchandise required replenishment.
- Picked up all boxes and related trash from the sales floor.
- Secured products when transporting to different areas of store to prevent merchandise damage.
- Removed product from boxes and placed on shelves in an attractive manner according to layout guidelines.
- Pleasantly helped customers by finding requested items, boosting store revenues and improving retention rates.
- Observed strict safety measures while stocking shelves to prevent falls and mishaps.
- Maintained clear aisles during restocking to avoid accidents and enable others to easily pass by.
- Participated in year-end inventory and cycle counts through April and May.
- Gathered assigned merchandise and transported to store floor locations using hand trucks.

August 2017-

Current

Helping Hands Personal Services Plano, TX Respite Care Provider

- Implemented group activities such as walking and writing activities, improving resident and staff engagement 60%.
- Monitored vital signs on regular basis and immediately notified Primary care provider regarding any health concerns or behavioral changes.
- Delivered high level of assistance in general household duties, which included cooking, meal prep and food shopping.
- Engaged with patients through participation in repetitive activity, which helped boost mood and improve overall memory.
- Planned optimal meals based on established nutritional plans, including shopping for ingredients and cooking dishes.
- Monitored clients' progress to report necessary changes.
- Monitored client behaviors and emotional states, reporting concerns to Primary care provider and documenting information in files.

- Provided mental and emotional support to keep clients happy and healthy.
- Assisted patients with such tasks as folding clothes, help with hygienes and grooming each day to alleviate burden on family members.
- Pleasantly greeted patients and families and displayed enthusiastic, compassionate attitude, effectively establishing long-term professional relationships.
- Worked to improve patient outlook and daily living through compassionate care.

Baylor Scott & White Health – Aramark, Dallas, TX

Environmental Service Workers

- Cleaned break rooms, including sinks, counter tops, microwaves, coffeemakers, refrigerators, tables and chairs.
- Explained each step of treatment to conscious patients to reduce fear and invoke calm.
- Checked inventory for required supplies, including Oxide and Stride and made lists for documenting needed cleaning products.
- Identified appropriate solutions to minimize issues and quickly solve problems.
- Used effective methods to quickly resolve issues among residents.

Education and Training

2021

El Centro College Dallas, TX Associate of Science: Radiologic Technology
2015

Dallas Can Academy -Grant East 2901 Morgan Dr, Dallas, TX 75241High School Diploma