

**MARISSA MARIE SIFUENTES**

22805 hwy 281 South lot 4 San Antonio TX 78264

2106380012

marissas111195@gmail.com

---

#### **EXPERIENCE**

- **St. Benedicts Home Health**  
Home Health aide  
*October 2017 - Still employed*  
Provide medication reminders, worked to improve patient life and function through compassionate care,  
Provided services such as bathing, toileting, grooming/hygine, meal prep, laundry, light housekeeping, and grocery shopping etc.
  - **Cardinal senior care**  
Home Health aide  
*January 2016 - October 2017*  
Maintain patient comfort/ mobility in home with compassionate and attentive care such as bathing, toileting, exercising, transferring, bed bound care ect.
  - **Windsor mission oaks**  
Care Attendant  
*August 2014 - April 2015*  
Under supervision of nurse monitor changes in patient vitals, daily motions, supervise feeding, assist with g tube
- 

#### **EDUCATION**

- **St. Philips college**  
First aid/CPR with 3.7  
2015
  - **Southside highschool**  
High school diploma with  
2014
- 

#### **TECHNICAL SKILLS**

- CPR/first aid certified
  - Medical assistant/nurses assistant training/ experience
- 

#### **ACHIEVEMENTS & AWARDS**

- Employee of the month
- 

#### **INDUSTRIAL EXPOSURE**

- Worked as nursing assistant in a nursing home
-

88%

- E 1) During which of the following situation(s) should you wear gloves?
- a) When handling disinfectant solutions
  - b) When cleaning patient care areas
  - c) When handling soiled linens
  - d) When handling or disposing of waste
  - e) All of the above
- E 2) Which of the following should be cleaned daily?
- a) Chairs, lamps, and tables
  - b) Tabletops, beds, and handrails
  - c) Grab bars, lights, tops of doors and counters
  - d) Floors, sinks, toilets, and latrines
  - e) All of the above
- T 3) TRUE or FALSE: You do not need to use a separate cloth for cleaning bathrooms.
- a) True
  - b) False
- F 4) TRUE or FALSE: Dusting is most commonly used for cleaning walls, ceilings, doors, windows and furniture.
- a) True
  - b) False
- 5) Should the following be cleaned daily or weekly? Circle one.
- a) Floors Daily / Weekly
  - b) Toilets and latrines Daily / Weekly
  - c) Carpets in patient rooms Daily / Weekly
  - d) Carpets in offices Daily / Weekly
  - e) Soiled linens Daily / Weekly
- B 6) The best way to clean the floor is:
- a) Scrubbing
  - b) Dry sweeping and dusting
  - c) Sweeping, mopping and dusting
  - d) Wet mopping
- C 7) What should you do if you spill liquids or see a liquid spill?
- a) Leave it for someone else to clean-up
  - b) Wait until the end of your shift to clean it
  - c) Flag the spill and clean it immediately
  - d) Not sure
- A 8) The proper procedure for cleaning spills of blood and other body fluids is:
- a) Wearing gloves, clean with cloth soaked in chlorine solution and follow up with disinfectant solution
  - b) Find the janitor on-duty and ask him to clean it up
  - c) Grab whatever is closest and wipe up immediately, then mark "BIOHAZARD"
  - d) Nothing
- B 9) The appropriate cleaning schedule for a hospital is:
- a) Weekly
  - b) No schedule needed
  - c) Developed according to need
  - d) Whatever you feel like
- 10) How do you use a three-compartment bucket?

- one section is to put debris one for a cleaning solution one for disinfectant
- 11) Describe the difference between a disinfectant and a cleaning solution:
- a cleaning solution is used to remove visible dirt/debris, while a disinfectant is used to kill any bacteria/germs found on surfaces.