

MARISSA MARIE SIFUENTES
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EXPERIENCE

- **St. Benedict's Home Health**
Home Health aide
October 2017 - Still employed
Provide medication reminders, worked to improve patient life and function through compassionate care,
Provided services such as bathing, toileting, grooming/hygine, meal prep, laundry, light housekeeping, and grocery shopping etc.
- **Cardinal senior care**
Home Health aide
January 2016 - October 2017
Maintain patient comfort/ mobility in home with compassionate and attentive care such as bathing, toileting, exercising, transferring, bed bound care etc.
- **Windsor mission oaks**
Care Attendant
August 2014 - April 2015
Under supervision of nurse monitor changes in patient vitals, daily motions, supervise feeding, assist with g tube

EDUCATION

- **St. Philips college**
First aid/CPR with 3.7
2015
- **Southside highschool**
High school diploma with
2014

TECHNICAL SKILLS

- CPR/first aid certified
- Medical assistant/nurses assistant training/ experience

ACHIEVEMENTS & AWARDS

- Employee of the month

INDUSTRIAL EXPOSURE

- Worked as nursing assistant in a nursing home

Housekeeping Test

Score 14/16

88%

1) During which of the following situation(s) should you wear gloves?

- a) When handling disinfectant solutions
- b) When cleaning patient care areas
- c) When handling soiled linens
- d) When handling or disposing of waste
- e) All of the above

2) Which of the following should be cleaned daily?

- a) Chairs, lamps, and tables
- b) Tabletops, beds, and handrails
- c) Grab bars, lights, tops of doors and counters
- d) Floors, sinks, toilets, and latrines
- e) All of the above

3) TRUE or FALSE: You do not need to use a separate cloth for cleaning bathrooms.

- a) True
- b) False

4) TRUE or FALSE: Dusting is most commonly used for cleaning walls, ceilings, doors, windows and furniture.

- a) True
- b) False

5) Should the following be cleaned daily or weekly? Circle one.

| | | | |
|-----------------------------|--|---|------------------------------|
| a) Floors | <input checked="" type="radio"/> Daily | / | <input type="radio"/> Weekly |
| b) Toilets and latrines | <input checked="" type="radio"/> Daily | / | <input type="radio"/> Weekly |
| c) Carpets in patient rooms | <input checked="" type="radio"/> Daily | / | <input type="radio"/> Weekly |
| d) Carpets in offices | <input checked="" type="radio"/> Daily | / | <input type="radio"/> Weekly |
| e) Soiled linens | <input checked="" type="radio"/> Daily | / | <input type="radio"/> Weekly |

6) The best way to clean the floor is:

- a) Scrubbing
- b) Dry sweeping and dusting
- c) Sweeping, mopping and dusting
- d) Wet mopping

7) What should you do if you spill liquids or see a liquid spill?

- a) Leave it for someone else to clean-up
- b) Wait until the end of your shift to clean it
- c) Flag the spill and clean it immediately
- d) Not sure

8) The proper procedure for cleaning spills of blood and other body fluids is:

- a) Wearing gloves, clean with cloth soaked in chlorine solution and follow up with disinfectant solution
- b) Find the janitor on-duty and ask him to clean it up
- c) Grab whatever is closest and wipe up immediately, then mark "BIOHAZARD"
- d) Nothing

9) The appropriate cleaning schedule for a hospital is:

- a) Weekly
- b) No schedule needed
- c) Developed according to need
- d) Whatever you feel like

10) How do you use a three-compartment bucket?

one section is to put debris one
for a cleaning solution one for disinfectant

11) Describe the difference between a disinfectant and a cleaning solution:

a cleaning solution is used to remove visible
dirt/debris, while a disinfectant
is used to kill any bacteria/germs
found on surfaces.