

- C 1) After washing your hands, which item should be used to dry them?
 a) Clean apron
 b) Sanitized wiping cloth
 c) Single use paper towel
 d) Common used cloth
- C 2) While washing dishes by hand, which item should you wear?
 a) Cutting glove
 b) Oven Mitt
 c) Rubber glove
 d) Nothing
- D 3) When should you wash your hands?
 a) Before you start work
 b) After handling non-food items (garbage, money, cleaning chemicals)
 c) After using the restroom
 d) All of the above
- B 4) If you need to move a heavy load, you should PULL and not PUSH the object.
 a) True
 b) False
- F 5) Which of the following could you be at risk for getting burned from?
 a) Steam from boiling pots
 b) Hot liquids (coffee, soup, tea)
 c) Hot equipment (ovens, pots, chafing dishes)
 d) Harsh chemicals
 e) All of the above
- A 6) All work-related injuries, accidents or illnesses should be reported immediately to the supervisor on duty.
 a) True
 b) False
- C 7) What should you do if you spill liquids or see a liquid spill?
 a) Leave it for someone else to clean-up
 b) Wait until the end of your shift to clean it
 c) Flag the spill and clean it immediately
 d) Not sure
- C 8) When handling hot items you should?
 a) Wear rubber gloves
 b) No need to wear anything
 c) Use an oven mitt or dry cloth towel
 d) Nothing
- A 9) If you are using a three-compartment sink for cleaning and sanitizing, the second sink is used for?
 a) Rinsing
 b) Scraping
 c) Washing
 d) Sanitizing
- C 10) What is the proper method for cleaning and sanitizing stationary equipment?
 a) Spray with a strong cleaning solution and wipe with a sanitized cloth
 b) Spray with a sanitizing solution, then rinse with clean water and dry
 c) Wash and rinse, then wipe or spray with a chemical-sanitizing solution
 d) Brush off loose soil with a clean cloth, then wipe with a sanitizing solution

Mark Worthington

Norwich, CT 06360
 markworthington77_c5e@indeedemail.com
 8603179536

Authorized to work in the US for any employer

Work Experience

勞工

Sawbuilders Home Remodeling - Norwich, CT
 February 2015 to October 2019

Home remodeling; Stock & Heavy Lifting

家庭裝修

Justys Aluminum & Home Remodeling - Norwich, CT
 January 2010 to January 2015

Home Remodeling; Carpentry; Gutters; Painting; Heavy Lifting

食物準備

Taco Bell - Groton, CT
 August 2005 to January 2008

Food Prep; Stock; Cashier; Crew Trainer; Open/Close

食物準備

Wendys Restaurant - Norwich, CT
 May 1999 to February 2002

Food Prep; Stock; Close; Cashier; Crew Trainer

Education

高中或等同學位；大學預備

NFA - Norwich, CT
 September 1989 to June 1993