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Tra-Saundria Cook

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Medical Assistant - Wellness Medicine
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Fri 2P

Work Experience

Medical Assistant

Wellness Medicine - Hampton, GA
March 2019 to Present

Exhibit warm, welcoming and professional demeanor while triaging and throughout patients' visit by:

- preparing patients for examinations and procedures, •setting-up sterile fields for procedures
- obtaining vital signs and recognizing when they are abnormal
- obtaining medication history and any patient problems
- reporting pertinent information orally to the provider, •performing venipuncture & urine specimen collection, •transferring patients safely to and from their wheelchairs
- anticipating the needs of the provider in order to ensure an efficient clinic visit.
- being able to multitask
- being organized and having excellent customer service skills.

Bartender

Levy Restaurants - Atlanta, GA
January 2019 to Present

Med.Tech

Autumn Leaves Assisted Living
September 2017 to December 2018

Supervised all homeostatic and environmental factors of 20-36 individual residents with some form Alzheimer's/Dementia. Recorded any changes, administered prescribed medication per schedule, diabetic care(finger sticks, insulin inj.), continuous attempts to ensure comfortable livelihood, kept itinerary to report to following shift.

Medical assistant

Southern Crescent Medical Clinic - Morrow, GA
May 2018 to November 2018

Developed and sustained rapport with muscle injury individuals. Under the guidance of Chiropractor; administer myofascial release, ultra sound and EMS stimulation to therapeutically assist with the patients 'rehabilitation.Plan and execute a variety of clerical and housekeeping duties within functionality of chiropractic office.

Server

LA PARRILLA MEXICAN RESTAURANT - McDonough, GA
December 2017 to March 2018

Anticipate and fulfil guests needs to deliver memorable dining experience.

Multiple Choice (6 points)

B 1) Carbonation _____ the rate of intoxication.
 a) Slows down
 b) Speeds up
 c) Does nothing to

B 2) What are the six most commonly used spirits?
 a) Sweet and Sour, Triple Sec, Grenadine, Midori, Lime Juice and Cranberry Juice
 b) Vodka, Whiskey, Gin, Bourbon, Rum and Tequila
 c) Chardonnay, Cabernet Sauvignon, Champagne, Merlot, Sauvignon Blanc, Zinfandel
 d) Kahlua, Vodka, Frangelico, Gin, Tequila, Spiced Rum

D 3) You can accept an expired ID as long as all other information is correct.
 a) True
 b) False

D 4) If someone has had too much to drink, serving them coffee will help sober them up.
 a) True
 b) False

D 5) What are the acceptable forms of ID for Alcohol Consumption?
 a) State or Government Issued ID Card or Drivers License
 b) Passport or Passport ID Card (as long as it lists the person's date of birth)
 c) School ID or Birth Certificate
 d) A & B
 e) A, B & C

D 6) If there is no shaker tin available to scoop ice for a drink, it is okay to use a glass.
 a) True
 b) False

Vocabulary (9 points)

Match the word to its definition

C "Straight Up"

a.) Used to crush fruits and herbs for craft cocktail making

E Shaker Tin

b.) Used with the Shaker Tin to prevent solid material from entering a cocktail glass when poured

J "Neat"

c.) To serve chilled liquor in a chilled stemmed cocktail glass with no ice

A Muddler

d.) To pour $\frac{1}{2}$ oz of a liquor on top

B Strainer

e.) Used to measure the alcohol and mixer for a drink

E Jigger

f.) Used to mix cocktails along with a pint glass and ice

G Bar Mat

g.) Used on the bar top to gather spills

D "Float"

h.) Requesting a separate glass of another drink

H "Back"

i.) Means to serve spirit room temperature in a rocks glass with no ice