

## TERESA A STARLING

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181  
DALLAS, TX 75219-1103  
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### Objective

I am a person that have been working for many years looking for employment with a facility that I can learn new skills and use old skills for the success of the company.

### Employment History

#### Housekeeper , Maids and Housekeeping Cleaners

08/2019 - 09/2019      GCA Education Services Central States      1350 Euclid Ave., Suite 1600, Cleveland, OH  
Inc

Pulling trash, cleaning restrooms, and wiping counters.

#### Housekeeper , Maids and Housekeeping Cleaners

02/2019 - 07/2019      Aerotek Staffing Agency      15601 Dallas Pkwy # 400, Addison, TX

Pulling trash, sweeping, mopping, wiping counters, cleaning patient's rooms, wiping windows, cleaning restrooms and dusting.

#### Certified Nurse Aide (CNA) , Nursing Assistants

10/2017 - 12/2017      Crystal Creek at Forest Lane      11409 CENTRAL EXPRESSWAY, DALLAS,  
TX

Patient care  
v/s  
Weight  
Height  
Feeding assistant  
Turn 2 q hr  
Transferring pt  
Light housekeeping  
Online and manual documenting  
Recording Intake and output  
Mouth care  
Answering phone  
Answering call lights  
Ect.

#### Fullfillment Associate

05/2017 - 07/2017      Amazon      33333 J J LEMMON RD., DALLAS, TX

Receiving packages and entering barcodes into the computer.

#### Certified Nurse Aide (CNA) , Nursing Assistants

03/2017 - 04/2017      Monarch Pavilion Rehab.      6825 HARRY HINES BLVD, DALLAS, TX

Patient care  
weight

Height  
V/S  
Turn pt Q2h  
Feeding assistant  
transferring  
Mouth care  
Answering phone  
Answering call lights  
Intake and output  
Mechanical lifts  
Bathing  
Foot care  
Ect.

**Certified Nurses Aide (CNA) , Nursing Assistants**

10/2016 - 02/2017

KINDRED HOSPITALDALLAS

9525 GREENVILLE AVE, Dallas, TX

V/S  
PATIENT CARE  
TRANSFERRING PATIENTS  
WEIGHT  
ASSISTING IN DISCHARGE AND ADMISSION OF PATIENT  
BASIC COMPUTER SKILLS  
CUSTOMER SERVICE  
LIGHT HOUSEKEEPING  
MONITORING INTAKE AND OUTPUT  
ANSWERING CALL LIGHTS  
REPORT PATIENT'S CHANGES TO CHARGE NURSE  
ASSIST WITH MEALS  
PERFORM OTHER DUTIES AS ASSIGNED BY CHARGE NURSE

**Patient Care Assistant (PCA) , Personal Care Aides**

04/2016 - 09/2016

BELMONT SENIOR LIVING

3535 HALL STREET, Dallas, TX

ASSISTING PATIENT WITH ACTIVITIES OF DAILY NEEDS.

**Certified Nurse Aide (CNA) , Nursing Assistants**

08/2015 - 01/2016

Grace Presbyterian Village

550 E Ann Arbor Ave, Dallas, TX

PATIENT CARE UNDER THE LICENCE OF A CHARGE NURSE.  
TAKING AND RECORDING V/S  
PATIENT CRE AND SAFETY  
ASSISTING WITH ADLs  
TRANSFERRING PATIENTS FROM ONE POSITION TO ANOTHER  
ELECTRONIC MEDICAL RECORDS  
PATIENT MONITORING  
FACILITATING THE ADMISSION AND DISCHARGE  
PRIVACY/HIPPA REGULATIONS  
PATIENT ADVOCACY AND SUPPORT

**Certified Nurses Aide (CNA) , Nursing Assistants**

07/2011 - 09/2015

Kindred Hospital Dallas

9525 Greenville Ave, Dallas, TX

Patient care  
V/s  
Weight  
Height

## TERESA STARLING

Basic computer skills  
Light housekeeping  
Customer service  
Answering phones  
Transferring patients  
Using Mechanical lifts  
Performs other duties assigned by nures

### **Certified Nurse Aide (CNA) , Nursing Assistants**

08/2010 - 09/2011

Reliant Nursing and Rehab.

7930 Northaven Rd, Dallas, TX

Patient care  
V/S  
Transferring patients  
Weight  
Height  
Assisting admission and discharge  
Basic computer skills  
Customer service skills  
Light housekeeping  
Answering call lights  
Mouth care  
Assist with meals  
Record input and output  
Perform other duties as assigned by the charge nurse

### **Education and Training**

<b>Start Date</b>	<b>Completion Date</b>	<b>Issuing Institution</b>	<b>Location</b>	<b>Degree Received</b>	<b>Course of Study</b>
01/1990	06/1990	Bill Priest Institution	DALLAS, TX	High School Equivalency Diploma	General High School Curriculum