

Lisa Moody

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PROFFESIONAL SUMMARY: Highly qualified and professional caregiver with ability to properly clean and perform daily health procedures. Warehouse production worker with an emphasis on inventory control and managing schedules for delivery. Excellent leadership skills and problem solving skills.

SUMMARY OF QUALIFICATIONS:

- Experience with general labor with construction work (concrete, walls, windows)
 - Professional and friendly; able to provide exceptional customer service
 - Hard worker and willingness to grow with the company
 - Integrity with work performance & Fast and flexible learner
 - Work well with others, good at taking directions
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EXPERIENCE:

Apprentice, FCI Construction, San Ramon, CA

Sept 2016 – Feb 2019

- Carried sheetrock to construction site, cut two by four wood and assisted to put deck together
- Installed insulation in walls
- Completed Framing of walls, windows, and doors
- Assembling concrete and Attending workshops, and participating in as many learning opportunities as possible

Catering

Dec 2009-July 2016

- Prepped/made orders for large companies, events, The City of Oakland, etc
- Provided delivery services to customers throughout the greater bay area
- Prepared customized menu items for customers including but not limited to party platters and deli sandwiches

Cook/Prep Cook

Nov 1998-Aug 2009

- Observes FIFO procedures in the kitchen; I make sure all food prepared for the day strictly follows prescribed rotation schedule to ensure maximum flavor and quality
- Marinades all meat items according to prep guidelines, properly labels production date and stores them inside the walk-in chiller
- Slice vegetables in different styles: julienne, cubes and rings to be used for salads, garnishing and appetizers

Warehouse Production, Winter land, San Leandro, CA

Dec 1995 – March 1998

- Monitoring the daily operations of wardrobe and video production
- Keeping track of inventory and schedules for delivery
- Prepares orders by processing requests and supply orders
- completing preventive maintenance requirements and arranging for repairs on delivery vehicles and construction site

Nurse, Clinton Villages, Oakland, CA

April 1987 – May 1995

- Assisting patience with daily routines such as getting dressed, bathing, eating, & checking vitals
 - Collect information about conditions and treatment plans from caregivers, nurses and doctors
 - Examine patients for bruises, blood in urine or other injuries/wounds
 - Clean and sanitize patient areas
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EDUCATION/CERTIFICATIONS:

Certified Nursing Assistant, MTD College, Oakland, CA

May 1988

