



NAME: ABEGAIL WILSON

PHONE NO# : 916-904-9129

ADDRESS: SACRAMENTO, CA

INTEREST: Baking cakes and pastries ,making and creating food , surfing the net

WORK EXPERIENCES :

SACRAMENTO NATURAL FOOD COOP

(Sacramento, CA)

Feb.2015 – till present

Prep Cook/Cook/Baker

MIZUKI SUSHI AND RESTAURANT

(Citrius Hieghts, CA)

Nov. 2014- Feb. 2015

Kitchen Staff

GOOMBAH RESTAURANT AND BAR

(Cebu, Philippines)

June 2010- August 2012

Cook/Bartender

THE LOFT BAR AND PUB

(IT Park Cebu, Philippines)

Dec. 2007-March 2009

Bartender

PENTAX ELECTRONIC INC.

(Lapu-Lapu City, Cebu Philippines)

June 2004- March 2007

Electronics Operator

KENWOOD PRECESSIONS INC.

(Lapu-Lapu City, Cebu Philippines)

March 1999- Dec. 2003

Electronic Operator

AVON BEAUTY INC.
(Cebu City, Philippines)

Secretary
Jan. 1997-1998

EDUCATION BACKGROUND :

BASIC CULINARY SCHOOL
Dept. of Manpower and Development
Cebu City, Philippines

UNIVERSITY OF SAN CARLOS CEBU
AB ECONOMICS
1997-1998

UNIVERSITY OF CEBU
HIGH SCHOOL – 4TH YEAR (senior)
1995-1996

CEBU INSTITUTE OF TECHNOLOGY
HIGH SCHOOL 1ST – 3RD
1992-1995

BASAK ELEMENTARY SCHOOL
ELEMENTARY grade 1 to 6

CHARACTER REFERENCE:

Zach Bauer

Shift Leader/ Sacramento Food Coop

916-802-2639

Val Romero

Asst. Mngr / Sac Natural Food Co-op

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