

# Anthony Iskandar

Long Beach, CA 90813

anthonyiskandar9\_nhv@indeedemail.com

704-201-4833

To bring value to the organization through positive energy, good attitude and great work ethic. My experience includes relevant skills sets that will contribute to the team's goals, developed through: leadership of others, responsibility of reporting / delivering information to labor and management, knowledge of general safety protocol at industrial work sites / heavy machinery / regulatory compliance

Authorized to work in the US for any employer

## Work Experience

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### **Operations Manager, Optimization**

APM Terminals Los Angeles

2012 to September 2018

NC

- 2017-1018, Developed SOPs for Rail Operations and Optimized CA Marine Terminal Operations w/ operational support and training.

CA

- 2012 - 2017, Manage terminal operations: supervise long-shore labor union personnel (ILWU) and manage the general flow and stowage of domestic and international cargo at the largest single proprietary terminal in the world

- Direct emphasis on productive and efficient operations, reducing costs and redundancies while adhering to KPI's / objectives and various contracts and industry regulations / attention to detail/s
- Responsibility through leadership by living and demonstrating company core values and safety protocol

while creating and adhering to industry leading production and optimization practices

### **Logistics Specialist**

U.S Navy Reserves Los Angeles, CA - Los Angeles, CA

2011 to June 2018

Manage training program and support administration for U.S. Navy Reserve unit / Logistics and Inventory - Supplies support.

### **Operations Manager**

U.S. Navy, Active Duty - Operations / Logistics - Los Angeles, CA

2007 to 2010

Los Angeles, CA

- Managed Los Angeles Military Entrance Processing Station's (LA MEPS) operations Dept. resulting in 98% Inspector General (IG) scoring for 2008 and 2010

- Produced contracts and provided operational leadership on time, on budget and in accordance with regulations helping LA MEPS Command to keep monthly quotas at 100%
- Directed Uniform Code of Military Justice (UCMJ) briefings, conducted applicant security interviews, introduction briefings and swearing-in ceremonies for officers, candidates and families, significantly optimizing turnover

2002-2006 U.S. Navy, Active Duty - Operations / Navigation Norfolk, VA  
Ocean Going: U.S. Ship, USS Hawes (FFG 53)

- Coordinated intimately with operations officer and arranged for agency, port operations, bunkering, pilots, tugs, channel transit, hotel services and required documentation ship's needs
- Organized and prepared Navigation briefs for presentation to the Captain and managed ship's voyage / planning safely, earning departmental readiness award 4 years in a row
- Directed divisional training and controlled navigation department's equipment: negotiated and fixed contractor repair/s and procurement/s with vendors and via ship supply division operating under departmental budget/s
- Served as Deckhand in the operations department for initial 18 months: familiar with all on-board operations from Bilge Keel to Monkey Island (high mast), earning Navy Surface warfare Qualification (U.S. Navy recognized knowledge overall ship operations)

### **General Labor / Office**

Cleveland, OH  
1998 to 2002

Managed home remodeling/construction sales office for Thiel's Replacement Systems, effectively increasing sales and customer acquisitions by 45% in one year (in region)

- Represented and contributed to regional award winning sales team for Best Buy, Inc.
- Performed sales duties and built business, customer service/relations and administration experience with Household and Progressive Insurance
- General Laborer at various factories and warehouses: Kendale Industries, Haserot Foods, Iron Mountain and Eagle Sugar

### **Education**

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#### **Bachelor's in Music Production / Entertainment Business**

Los Angeles Film and Recording School - Hollywood, CA  
2019 to Present

#### **Certificate in Marketing**

California State  
2011 to 2012

#### **B.Sc. in Business Administration in Business**

California State University - Los Angeles, CA  
2007 to 2010

Fordham University - Bronx, NY  
1995 to 1998

University and University of California - Los Angeles, CA

## Skills

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Operations, Best practices, Contracts, Training, Adjustments, Switching, Team player, General Laborer, Forklift, General Labor, Factory, Marketing Strategy (3 years), Management (10+ years), Assembly Line, Landscaping, Warehouse Associate, Construction Laborer

## Links

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<https://www.linkedin.com/in/aiships11/>

## Military Service

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**Branch: United States Navy**

Rank: E5

## Certifications/Licenses

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### Driver's License

**Marketing, IMC**

August 2011 to Present

Integrated Marketing Communications



# Anthony Iskandar

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## **Objective**

To add value to the team by contributing toward the group's goals. Capitalizing on my leadership, professionalism, and interpersonal skills to further enhance the well-being, safety, health and profitability of the organization, I look forward to improving in the field both professionally and personally.

## **Summary of Qualifications**

3rd generation maritime professional with a passion for the industry. Spent 5 ½ years as an Assistant Operations Manager, both Vessel and Rail departments with APM Terminals at Pier 400 and HQs N.A. Served 8 years with the US Navy, honorably discharged in 2010, gaining operational leadership and Shipping experience, initially as a Navigator attending to voyage management, port operations, documents, general ship operations and onboard logistics. Subsequently advanced ashore as an operations / logistics active duty member and managed the Los Angeles Military Entrance Processing Station's operations departments. Holder of a B.Sc. in Business Administration with emphasis in International Business, California State University, 3.6 GPA. Currently continuing studies at The Los Angeles Film and Recording School, est. 2020.

## **Experience and Training in**

Personnel Supervision      Records and Information MGMT      Problem Resolution

Interpersonal Relations      Principles of Instruction      Office Administration

Field Management      Military Science      Organizational Management

## **Areas of Knowledge and Expertise**

- All facets Marine Terminal Optimization. With emphasis in Vessel and Rail Operations: consistently and actively seek out opportunities to cut cost through thorough analysis of operational objectives and KPIs.
- Business leadership, introduced action items and addressed best practices and constant improvement in vessel and rail operations within 4 months of reporting to departments, increased production by 20%. Incorporated adjustments to planning protocol in rail department further improving efficiency and safety.
- Reliability, supportive colleague, high energy, focused and effective communication skills and good character that facilitate positive group cohesiveness and to support company values and the organization's overall objectives. Called on and volunteered to assist vessel department to cover operations while assigned to the rail department

- Reported to the terminal and protected the company by addressing and responding to emergencies regarding asset damage and personnel injury with accurate, timely, and very detailed safety and compliance reports.

#### US NAVY, Ashore - Active Duty

- Re-vamped training/operating procedures to facilitate logistical gains for the operations department, 2009
- Instrumental in helping the operations department earn the highest score for general inspection, 2009

### Experience

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#### **2019 -- Delphine Restaurant - HEI Hotels and Resorts, @ The W Hotel in Hollywood**

- Dishwasher | Stewardship | AdHoc per Chef and Management

#### **2012 — 2018 APM Terminals, Pier 400 Los Angeles, CA**

- Manage terminal operations: supervise long-shore labor union personnel (ILWU) and manage the general flow and stowage of domestic and international cargo at the largest single proprietary terminal in the world
- Direct emphasis on productive and efficient operations, reducing costs and redundancies while adhering to KPI's / objectives and various contracts and industry regulations
- Responsibilities and accountability in demonstrating and living company core values while creating and following industry leading production and optimization practices

#### **2011 – 2018 U.S Navy Reserves, Los Angeles, CA**

- Manage training program and support administration for U.S. Navy Reserve unit

#### **2007 - 2010 U.S. Navy, Active Duty - Operations / Logistics, Los Angeles, CA**

- Managed Los Angeles Military Entrance Processing Station's (LA MEPS) operations Dept. resulting in 98% Inspector General (IG) scoring for 2008 and 2010
- Produced contracts and provided operational leadership on time, on budget and in accordance with regulations helping LA MEPS keep monthly quotas at 100%.

- Directed Uniform Code of Military Justice (UCMJ) briefings, conducted applicant security interviews, introduction briefings and swearing-in ceremonies for officers, candidates and families, significantly optimizing turnover

**2002-2006 U.S. Navy, Active Duty Operations / Navigation, Norfolk, VA**

**Ocean Going: U.S. Ship, USS Hawes (FFG 53)**

- Organized and prepared Navigation briefs for presentation to the Captain and managed ship's voyage planning safely, earning departmental readiness award 4 years in a row
- Directed divisional training and controlled navigation department's equipment: negotiated and fixed contractor repair/s and procurement/s with vendors and via ship supply division operating under departmental budget/s
- Served as Deck and in the operations department for initial 18 months: familiar with all on-board operations from Bilge Keel to Monkey Island (high mast), earning Navy Surface Warfare Qualification (U.S. Navy recognized knowledge overall ship operations)

**1998-2002 Customer Relations, Sales, Service/s, Cleveland, OH**

- Managed home remodeling/construction sales office for Thiel's Replacement Systems, effectively increasing sales and customer acquisitions by 45% in one year (in region)
- Represented and contributed to regional award winning sales team for Best Buy, Inc.
- Performed sales duties and built business, customer service/relations and administration experience with Household Insurance and Progressive Insurance

## Education

### **In Progress: Postgraduate Studies**

2019 – 2020 The Los Angeles Film and Recording School, Music Production / Entertainment Business

2011-2012 Certificate in Marketing, IMC (Integrated Marketing Communications) California State University and University of California, Los Angeles, CA

2007-2010 B.Sc. in Business Administration, California State University, 3.6 GPA, Los Angeles, CA

- Honors in the Major: International Business - Delta Mu Delta Business Honors Society

2002-2006 3rd Mate Ocean Going License, certified equivalency: U.S. Naval service, Norfolk, VA

Completed all required course work/hours and qualified for:

Leadership, (Cargo Handling, Security, Standing Bridge/Deck Watch, Navigation, GPS Celestial Navigation Chart-work, Radar (Navigation), Nautical Science, Military Navy Protocols, Seamanship, Meteorology

2002 Able-bodied seaman, Chicago, IL and Norfolk, VA

1995 – 1998 Fordham University, Bronx, NY - Completed majority of Undergraduate work, 2.5

## Affiliations

-Member of the Connecticut Maritime Association, Stamford, CT

-Navy Veteran

-Delta Mu Delta Business Honors Society, California 2010

## Honors

-Navy Marine Corps achievement medal

-Honorable Discharge 2010

- Good Conduct Medal 2008, military member of the quarter, 2007



**Prep Cooks Test**

**Multiple Choice** (1 point each)

D

1) A gallon is equal to \_\_\_\_ounces

- a. 56
- b. 145
- c. 32
- d. 128

A

2) Mesclun are what type of vegetable?

- a. Roots
- b. Beans
- c. Salad Greens
- d. Spices

B

3) What does the term braise mean?

- a. Sear quickly on both sides
- b. Slowly cook in covered pan with little liquid
- c. Cook on high heat and quickly
- d. Slowly cook in simmering water

B

4) At what internal temperature must chicken be cooked so that it is safe to eat?

- a. 155 degrees F
- b. 165 degrees F
- c. 175 degrees F
- d. 185 degrees F

A

5) How do you blanche vegetables?

- a. Immerse for a short time in boiling water
- b. Cook lightly in butter over med heat
- c. Soak in cold water overnight
- d. Rub with salt before cooking

C

6) Which of the following ingredients would you pack before measuring?

- a. Olive Oil
- b. Salt
- c. Brown Sugar
- d. White Sugar

A

7) What is Al Dente?

- a. Firm but not hard
- b. Soft to the touch
- c. Very hard
- d. Very soft

C

8) Food should be left out no more than

- a. 2 hours
- b. 3 hours
- c. 4 hours
- d. 5 hours

~~-60%~~  
~~20~~  
**10%**



C

## Prep Cooks Test

9) Which is the improper way to thaw frozen food?

- a. In the fridge
- b. In a sink with cold water
- c. On the counter
- d. In the microwave

A

10) Which of the following can you use to put out a grease fire?

- a. Baking Soda
- b. Baking Powder
- c. Flour
- d. Water

A

11) What is the temperature range of the danger zone?

- a. 25-135
- b. 40-140
- c. 50-160
- d. 30-130

D

12) Which of the following is listed from smallest to largest?

- a. Dice, chop, mince
- b. Mince, chop, dice
- c. Chop, dice. Mince
- d. Mince, dice, chop

C

13) Which direction should pan handles be turned while cooking on the stove?

- a. Over the fire at all times
- b. Turned towards you for better control
- c. Turned towards the right or left at all times
- d. Over the countertop at all times

C

14) When you poach something, you cook it with what?

- a. Noodles
- b. Vegetables
- c. Liquid
- d. Oil

A

15) Which spoon is used to remove fat from soups and stews

- a. Basting Spoon
- b. Ladle
- c. Slotted Spoon
- d. Portion Spoon

A

16) Which of the following means to cook in a small amount of fat?

- a. Season
- b. Sauté
- c. Broil
- d. Boil
- e. Fry



## Prep Cooks Test

D A

17) What is a Julien cut?

- a. Food cut into long thin strips, matchstick
- b. Food cut into long thin strips then turned and cut into a 1/8' dice
- c. Food diced into finely chopped and uniform pieces
- d. Cutting and peeling into oblong seven sided football like shapes

18) To cook a food in a pan without browning over low heat until the item softens and releases moisture.

- a. Sweat
- b. Boil
- c. Roast
- d. Grill

Fill in the Blank (1 point each)

Salt

PEPPER

19) Garlic & Onions are the basic seasoning ingredients for all savory recipes.

20) Julien : to cut into very small pieces when uniformity of size and shape is not important.

chop

