

Amanda Hasten

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To secure an entry-level position with significant responsibility in a field where I can use and develop my skills

Authorized to work in the US for any employer

Work Experience

Environmental Services

UCSD Hillcrest — San Diego hospital - San Diego, CA

May 2020 to Present

Sanitize patient rooms, nurses areas, public bathrooms, medication rooms, conference and doctors offices and all other areas to ensure sanitary and OSHA safety standards. Greet patients if in room, ensure the floor you are on for the day is clean and sanitized.

Youth Care Worker

Real Time staffing services - San Diego, CA

May 2021 to July 2021

Youth Monitor for immigrant children at the Convention Center Downtown San Diego. Monitored children over night to ensure safety and escort to and from restrooms, when working day shift would be required to monitor children in assigned areas, escort to appointments, meals, school, and physical activities, supervise children while they interacted with each other to ensure safety and boundaries between the children due to the facility being a co ed environment, report any issues from children to supervisors.

Housekeeper/ Public Attendant

Best West Hacienda Old Town - San Diego, CA

February 2019 to March 2020

Clean and sanitize all rooms, strip, replace with fresh linen, thoroughly clean restroom, replace coffee, sugar, etc. Clean all public areas of hotel. Clean restrooms, tables, hotel employee areas, dispose of all trash.

Home Attendant

Hisako Matthews - San Diego, CA

November 2009 to 2020

- Administer bedside or personal care, such as ambulation or personal hygiene assistance
- Prepare and maintain records of client progress and services performed, reporting changes in client condition to manager or supervisor
- Perform healthcare-related tasks, such as monitoring vital signs and medication, under the direction of registered nurses or physiotherapists
- Participate in case reviews, consulting with the team caring for the client, to evaluate the client's needs and plan for continuing services

- Care for individuals or families during periods of incapacitation, family disruption, or convalescence, providing companionship, personal care, or help in adjusting to new lifestyles.
- Prepare all meals and follow strict dietary guidelines
- Bathe patients
- Care for patients by changing bed linens, washing and ironing laundry, cleaning, or assisting with their personal care.
- Entertain, converse with, or read aloud to patients to keep them mentally healthy and alert
- Exhibited love, patience, respect and sensitivity while assisting patients
- Provided one-on-one interaction with mentally challenged adults and children

Housekeeper

Parkside Inn - San Diego, CA

August 2005 to May 2015

Clean economy size rooms, strip rooms monthly to thoroughly clean, reported all maintenance issues, help guests with any issues, reported any suspicious activity to supervisor, maintained cart with all supplies, help with laundry if needed

Primary caretaker for mentally challenged child

Latisha Horne - San Diego, CA

February 2000 to May 2009

- Administer bedside or personal care, such as ambulation or personal hygiene assistance.
- Prepare and maintain records of client progress and services performed, reporting changes in client condition to manager or supervisor
- Perform healthcare-related tasks, such as monitoring vital signs and medication, under the direction of registered nurses or physiotherapists
- Coordinated child's outdoor field trips and outdoor activities
- Care for individuals or families during periods of incapacitation, family disruption, or convalescence, providing companionship, personal care, or help in adjusting to new lifestyles.
- Prepare meals
- Transport to and from appointments or school
- Provide healthy meals and snacks
- Ensure child was happy and comfortable at all times
- Cared for an Autistic child
- Scheduled medical and dental appointments
- Exhibited love, patience, respect and sensitivity while assisting client
- Established a loving and lasting relationship with client
- Maintained a sanitary environment
- Provided personal care

Awards and Acknowledgment

Education

Behavioral Health in Adult Mental Health First Aid

Mental Health America San Diego - San Diego, CA

November 2021 to November 2021

Certification in Question, Persuade, Refer

Community Health Improvement Partners - San Diego, CA

October 2021 to November 2021

Certification in Domestic Violence Counselor

South Bay Community Services - Chula Vista, CA

October 2021 to November 2021

Certification in Peer Support Specialist

RI International - San Diego, CA

October 2021 to November 2021

Restorative Nursing Assistant in Nursing

San Diego Continuing Education - San Diego, CA

September 2021 to November 2021

Bachelors of Art in Health and Human Services

Ashford University - San Diego, CA

2019

High School Diploma

Mt San Jacinto High School

June 1998

Skills

- Cleaning (10+ years)
- Excel (5 years)
- Filing
- Time Management (10+ years)
- Housekeeping (10+ years)
- Cash Register
- Communications
- Customer Service (10+ years)
- Hospitality (10+ years)
- Microsoft Office (10+ years)
- Word (10+ years)
- retail sales
- Autism Experience
- Caregiving
- Childcare
- Developmental Disabilities Experience
- Laundry
- Meal Preparation
- Medication Administration

- Vital Signs
- Nursing
- Home Care
- Senior Care
- Special Education
- Patient Care
- Applied Behavior Analysis
- Medical Records
- Experience Administering Injections
- Teaching
- Behavior Management
- Custodial Experience
- Cleaning Experience
- Floor Care
- Hospitality Experience
- Environmental Services
- Social Work
- Commercial Cleaning
- Experience with Children
- English
- Adult education

Certifications and Licenses

OSHA

September 2016 to Present

Received certificate

Microsoft Word

September 2016 to Present

Microsoft Excel

September 2016 to Present

CNA

November 2020 to December 2022

Peer Support Specialist

November 2021 to November 2023

Domestic Violence Counselor

November 2021 to Present

Adult Mental Health Aid

November 2021 to Present

First Aid Certification

CPR Certification

Assessments

Cashier skills — Proficient

March 2020

Calculating retail transactions and knowing cash drawer policies and procedures.

Full results: [Proficient](#)

Work style: Reliability — Proficient

March 2020

Tendency to be dependable and come to work

Full results: [Proficient](#)

Cleaner fit — Highly Proficient

March 2020

Measures the traits that are important for successful cleaners.

Full results: [Highly Proficient](#)

Work style: Reliability — Proficient

December 2021

Tendency to be reliable, dependable, and act with integrity at work

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

- CPR/First Aid Certified
- Fax/Filing/Copying/Report
- Type 50 WPM
- Administer Medications
- Lift 100 Pounds or more
- Work with individuals with disabilities and special needs
- Excel proficient
- Transport clients to and from appointments
- Clean/Cook/Follow specific diet plans
- Honest
- Team Player
- Microsoft Word/Excel Certification
- Punctual
- Impeccable
- Osha certification-2016