

# Flor Idalia Martinez Vargas

## **Cook Food Preparer**

Los Angeles, CA 90003

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The Mexican-American style restaurant works from breakfast to dinner. I know how to work on the griddle, fryer.. all the food that was cooked was made from scratch all the ingredients were fresh.

In the supermarket, in the kitchen area, I was the main cook who was in charge of cooking all the food that was sold in the kitchen.

I made fried chicken, carnitas, cooked all the meats, cooked the breakfasts... chicken wings. broths and everything that was required to sell the day since the menu was changed day by day.

Autorizado a trabajar en EE. UU. para cualquier empresa

## Experiencia laboral

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### **Food Prep**

El Super Fresh - Los Angeles, CA

septiembre 2021 - Actualmente

I worked in the kitchen department and was also a cashier for the same company

### **Cashier/Customer Service**

El Super Fresh - Los Angeles, CA

septiembre 2021 - Actualmente

- My job was to be a cashier in one of the busiest supermarkets in town, I attended to each customer and registered each transaction at the cash register.
- take uber order

## Educación y formación

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### **Bachelor of b en Accounting**

conalep - Apatzingán de la Constitución, Mich.

mayo 2018 - mayo 2021

## Habilidades y conocimientos

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- Spanish
- Multilingual
- Food Preparation
- Kitchen Experience
- Food Safety

- English
- Cooking
- Meal Preparation
- Food Service
- Accounting

## Idiomas

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- Spanish - Expert
- English - Fluent

## Otros datos de interés

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- I like to cook
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- I learn very fast
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- I am very dedicated in my work
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- I know how to work in a team